

| HOMEWORK-1 | |
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| CLASS | VI |
| SUBJECT | SCIENCE |
| CHAPTER | COMPONENTS OF FOOD |
| DATE OF HW | 18 APRIL2024 |
| DATE OF SUBMISSION | 20 APRIL 2024 |

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| Q.1 | What are nutrients? |
| Q.2 | List all those components of food which provide nutrients. |
| Q.3 | What are Carbohydrates? Write its types. |
| Q.4 | Name all the nutrients present in <ul style="list-style-type: none"> i) Rice ii) Mango |
| Q.5 | You are given two unknown food samples 'X' and 'Y', then how will you check that which one of the given food samples contain carbohydrates. Write all the steps in detail. |
| Q.6 | Name two foods each rich in: <ul style="list-style-type: none"> a) Fats b) Starch c) Proteins |