

SENIOR BOYS**Chakrasana**

Position	Name of the Participants	Class	Name of the House
1st	Yashmeet	XI D	Pratap House
2nd	Animesh Labh	XI E	Latif House
3rd	Kartik Bhasin	XI C	Subroto House

Paschimottanasan

Position	Name of the Participants	Class	Name of the House
1st	Yashmeet	XI D	Pratap House
2nd	Kartik Bhasin	XI C	Subroto House
3rd	Animesh Labh	XI E	Latif House

Pushups

Position	Name of the Participants	Class	Name of the House
1st	Aryaman Bisht	XI E	Katre House
2nd	Aryaman Malik	X C	Pratap House
3rd	Chandramouleshwar Vats	XI A	Latif House

Sit Ups

Position	Name of the Participants	Class	Name of the House
1st	Janmay Jai	XI A	Latif House
2nd	Akshath Arya	X A	Arjan House
3rd	Akash	X D	Subroto House

Static Squat

Position	Name of the Participants	Class	Name of the House
1st	Aryaman Malik	X C	Pratap House
2nd	Mohammad Faiz	XI E	Subroto House
3rd	Omar Ahmad	XI E	Latif House

SENIOR GIRLS**Chakrasana**

Position	Name of the Participants	Class	Name of the House
1st	Shreya Yadav	X D	Pratap House
2nd	Anandita Sharma	X C	Subroto House
3rd	Diya Singh	XI A	Latif House

Paschimottanasan

Position	Name of the Participants	Class	Name of the House
1st	Anandita Sharma	X C	Subroto House
2nd	Diya Singh	XI A	Latif House
3rd	Aprajitha	XI B	Arjan House

Plank

Position	Name of the Participants	Class	Name of the House
1st	Lavya Chakravarty	XI B	Latif House
2nd	Shreya Yadav	X D	Pratap House
3rd	Priyanshi	X B	Subroto House

Static Squat

Position	Name of the Participants	Class	Name of the House
1st	Nitya Singh	XI D	Pratap House

2nd	Srishti Dubey	X D	Latif House
3rd	Suhani Pangeijam	XI B	Subroto House
Rope Skipping			
Position	Name of the Participants	Class	Name of the House
1st	Nitya Singh	XI D	Pratap House
2nd	Suhani Bhardwaj	XI E	Latif House
3rd	Manya Khattar	XI B	Arjan House