

HOLIDAY HOMEWORK
CLASS – XII
SUBJECT - PSYCHOLOGY

Instructions:

- Do the holiday homework in your Home Work Notebook .
 - All questions are compulsory .
 - Marks for each question are indicated against it
 - Part A has learning checks carrying one mark each .You are required to answer them as directed .
 - Part B are very short answer type carrying 2 marks each .Answer to each question should not exceed 30 words.
 - Part C are short answer type I questions carrying 3 marks each .Answer to each question should not exceed 60 words.
 - Part D are short answer type II questions carrying 4 marks each. Answer to each question should not exceed 100 words .
 - Part E are Long answer type carrying 6 marks each .Answer to these questions should not exceed 200 words
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PART A (1 MARK)

- Q.1. The I.Q. range of borderline intelligence is _____.
- Q.2. _____ developed Indian version of TAT .
- Q.3. _____are enduring beliefs about an ideal mode of behavior.
- Q.4. _____ is the father of modern stress research .
- Q.5. The Pituitary gland secretes _____ which provides energy .
- Q.6. Jensen proposed the hierarchical model of Intelligence . True /False
- Q.7. _____ children prefer solitary academic activities for long periods .
- Q.8 A student thinks that he/she can complete the task effectively and reach one's goal. This is an example of _____.
- Q.9. Ritu is hardworking ,committed and patiently work towards her goal . She is said to be high on _____ competence .
- Q.10. Dipa Karmakar is the first Indian gymnast to qualify for the Rio Olympics 2016. According to psychologists, Dipa would be high on _____intelligence.
- Q.11. Mamta is suffering from a rare disease but her mother is refusing to accept the reality. She insists on taking Mamta from one doctor to another hoping to hear that nothing is wrong with her daughter. This is an example of _____.

- Q.12. Aisha is in the final year of schooling and is highly motivated to excel in the competitive examinations. However she feels she is short of time and always burdened with work. She finds it difficult to slow down and relax. Identify her personality type.
- Q.13. Dr. Kumar, a famous heart surgeon, would be high on _____ intelligence
- Q.14. When Aryan was a small child, his parents adopted a little girl. Aryan promptly “Forgot” that he was toilet trained and began wetting the bed. As an adult, Aryan cannot remember that he did this, despite what his parents tell him. This is an example of _____.
- Q.15. You just found a wallet in a movie hall. Which aspect of your personality, according to psychoanalytic theory, would urge you to return it to the owner?

PART B (2 MARK)

- Q.8. Explain Mental Age.
- Q.9. With help of an example explain Internal Pressures .
- Q.10. Explain 2 factor theory of Intelligence.
- Q.11. Define Assessment.
- Q.12. What is meant by Individual Differences .

PART C (3 MARK)

- Q.13. Give Techniques of Self Control .
- Q.14. With examples explain any THREE Ego Defence Mechanism
- Q.15. Discuss Uni Factor Theory of Intelligence
- Q.16. State different types of Intelligences as given by Gardner.

PART D (4 MARK)

- Q.17. “Intelligence is not a single entity”. Comment
- Q.18. Explain Giftedness
- Q.19. Differentiate between simultaneous and successive processing. Give suitable examples.
- Q.20. Describe the status of intelligence testing in India?
- Q.21. What are the uses of aptitude tests?
- Q.22. Anita regularly abstains from food for religious reasons. Which aspect of the self is she displaying? Suggest the psychological techniques that will help her abstain from food.

PART E (6 MARK)

- Q.23. Explain Post Freudian approach to Personality

- Q.24. What are Self report measures to assess Personality? Describe some of these.
- Q.25. Distinguish between Psychometric and Information Processing Approaches to Intelligence Q.26. Elaborate upon any ONE theory representing Information Processing Approach.
- Q.27. Discuss psychodynamic approach of personality.
- Q.28. How projective techniques are different from self report measures? Explain TAT.
- Q.29. Discuss the Freudian approach to personality
- Q.30. Critically evaluate Freud's theory of personality.
- Q.31. Is concept of intelligence similar across cultures?
- Q.32. Differentiate between psychometric and information processing approach