

TAFS MIRROR



"To develop our students into responsible, harmonious and integrated individuals through ever evolving curricular and co-curricular activities."

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From Principal's Desk

I am elated to see another issue of the school e- newsletter, TAFS MIRROR- True to its name, the newsletter reflects how passionately the staff and our dear students work and constantly strive for the best.

We at TAFS have always valued an all-round development of a child. Whether it is sports, music, or debate, students are encouraged to participate in all the cultural activities.

After a long and rejuvenating summer break, the school reopened with lots of activities lined up for the students.

Our achievers proved themselves second to none in all the inter- school and intra- school competitions. These three months became proud witness to our students bagging the coveted zonal trophies in various sports events and other subject related activities.

I congratulate them all and wish them and others all the luck for the upcoming opportunities.

With lots of love and blessings...

Amita Gupta



Shouldering Responsibilities

INVESTITURE CEREMONY



A grand Investiture Ceremony for The Air Force School, Primary Wing, Student Council 2019-20, was held on 30 July, 2019 at the Aravali Hall. The programme commenced with the auspicious lamp lighting ceremony accompanied by a rendition of shlokas by the children. This was followed by the melodious rendering of a beautiful inspirational song by the school choir. The Head Mistress, Ms. Deepa R. Krishnan, welcomed the Chief Guest and the proud parents of the newly appointed Student Council members. The students of class IV enthralled the audience with a Bihu dance.

The newly appointed Student Council was administered the oath of allegiance by the Chief Guest, Gp Capt Ravindra Bhatnagar, Executive Director, TAFS. It was a momentous occasion for all as the young leaders pledged to uphold the values of the school. In his inspiring address, Gp Capt Ravindra Bhatnagar congratulated the new members of the student council and their parents and commended the staff for guiding students towards excellence. He encouraged the students to be true to their ethos and perform their duties with utmost diligence and responsibility. Ms. Amita Gupta, the Principal, congratulated the new office bearers, interacted with them and blessed them to do their best, always. The Investiture Ceremony culminated with the Air Force Schools' song presented by the school choir.





Tiny Tots At Their Best...

PROFICIENCY AWARDS CEREMONY

TAFS Junior Wing held its annual event, the 'Proficiency Awards Ceremony', on 27 April 2019 to felicitate the achievements of students of classes I-V, for the academic session 2018-19. Group Captain Ravindra Bhatnagar, Executive Director, TAFS, graced the occasion as the Chief Guest and gave away these awards. He encouraged the students not to lose hope and treat all setbacks as stepping stones. Ms. Amita Gupta, the Principal also gave awards in some categories and encouraged the children to keep up their determination and focus.

In the presentation ceremony 90 students of classes I to V, received awards for being outstanding achievers in scholastic subjects and various co scholastic skills such as Drawing, Music, Dance, Recitation, Oration, Spell Bee, Mental ability and General knowledge.



JUNIOR SCHOOL EXHIBITION- SUMMER PROJECTS

An exhibition was organized in TAFS Junior Wing from 16 Aug to 19 Aug 2019 by classes III, IV and V which focused on showcasing the scientific temperament of young tafsians and ingraining creative attitude in our children to make them understand the interdependence of science, technology and society by hands on experience. Children had utilized their summer break in making these exhibits creatively. It provided a platform to them to display their knowledge and talent.



Learn with Fun...



CLASS I ENGLISH POEM RECITATION

To enhance the public speaking skills and boost the confidence of our students an English poem recitation competition was organized for class I on 6th Aug 2019. Children participated enthusiastically in the competition and chose a variety of topics for the recitation like pollution, nature, weather, mother's joy etc. They presented their poems with handy props and used different actions and appropriate expression.



HINDI RECITATION COMPETITION

The students of Class V participated in the Hindi Poem Recitation Competition held in the Junior Wing on 4 May 2019.

The students were given the choice of selecting a poem from an array of six topics which were, Vidhyarthi Jeevan, Desh Bhakti, Parivar, Bachpan, Prakriti and Mitrata. There was a good turnout of participants who recited their poems with eagerness and enthusiasm. Some children truly brought out the essence of the poems they recited. Their confidence and talent were commendable. The children's efforts were appreciated by the judges and the audience enjoyed the poems thoroughly. The competition provided the children with a platform to overcome stage fear and gave them the opportunity to showcase their skills.

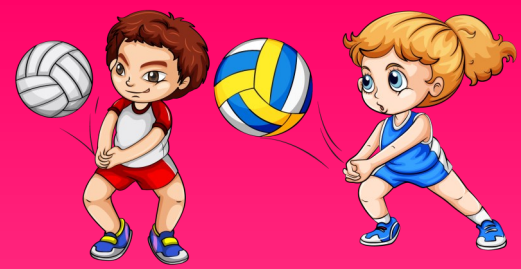
First Position	Second Position	Third Position	Consolation Prize
Vidhisha Yadav VA	Arunima Bhat VA	Shaurya Singh VA	Bhavya Kumar VA
Priyan Raj VC	Arushi Singh VC	Aarav Chauhan VA	Shaurya Sharma VD
Vitasta Pathak VD	Simrit Singh VD	Pari Mudgal VD	Yash Vardhan Trivedi VD
	Ananya Mishra VD	Anvita Tripathi VD	Ayushi Singh VD
		Utsav VE	Vidhi Singh VE
			Antra Kumari VE

COLLAGE MAKING ACTIVITY

The students of class II were introduced to the art of collage making. They cut the coloured origami sheets in different shapes and glued them together to create something new. The myriad colours when brought together gave a feeling of unity in diversity as observed in nature. The children found it interesting that every colour added it's own beauty to the whole and that there is no fixed way to creativity !



Learn with Fun...



CLASS III - MS PAINT COMPETITION

An MS Paint Competition was organized for students of Class III in two phases during the week 19 - 23 August 2019. Children used different features of MS Paint to make their drawing attractive. They used tools like shapes, brushes, colors, pencils, text, etc. to express their imagination, creativity, thoughts and talent which was highly appreciated.



RANGOLI COMPETITION



Rangoli is an intrinsic part of Indian culture whether it's an auspicious occasion or everyday life. To feel proud of this beautiful tradition and instil an aesthetic sense Class IV organised a Rangoli competition on 27 April 2019 at school. Children enthusiastically participated in it by putting together their imagination and artistic skills. Splashes of rangoli colours, colourful flowers and leaves made the patterns look beautiful and mesmerizing. This competition not only helped to enhance team work and creativity but also unleash the hidden talent in the students. They made beautiful designs using geometric shapes and floral patterns.

UKG RHYME RECITATION ACTIVITY



Beauty is the realm of poetry and children enjoy the beauty of expression, thoughts, rhyme and rhythm especially when they share the experience with their class mates. Taking all these facts into consideration a rhyme recitation activity was held for our youngest TAFSians. It gave them an opportunity to exhibit their talents with confidence. The presentation of poems with actions and props was a real treat to eyes!

Famous Speeches Competition

The students of Class V participated in a competition of famous speeches by great leaders. The children prepared themselves with earnest zeal and presented their oratory skill with confidence and conviction. This activity helped open the children's minds to various events and issues in which famous leaders like Martin Luther King Jr., Mahatma Gandhi, Nelson Mandela, Dr. A.P.J. Abdul Kalam, Swami Vivekananda, Subhash Chandra Bose and even our present Prime Minister, Narendra Modi spoke about.



CLASS II ENGLISH POEM RECITATION

An English poem recitation competition was organised for class II students, on 30 July 2019, to not only develop their recitation skills but also a love for poems. The theme for this event was 'Humour'. The students chose from the vast ocean of poetry available to find the one that appealed to their hearts and tickled their minds. The expressions and voice modulations left the audience in splits.



CLASS III ENGLISH POEM RECITATION

'Poetry is the rhythmical creation of beauty in words'

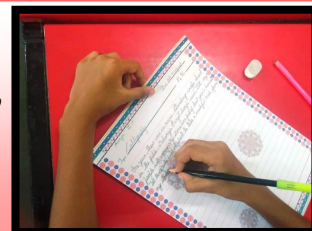
An English poem recitation competition was organised for Class III on 30.7.19 in the Junior Wing Hall. The students enthusiastically participated in the competition as they got an opportunity to exhibit their talent and confidence. These young Tafsians chose a variety of poems like 'Challenging Maths', 'Grandpa's glasses', 'Recess-o-recess', 'Be glad your nose is on your face', 'All my great excuses' etc.



ENGLISH CALLIGRAPHY COMPETITION

"HANDWRITING IS AN IMPRINT OF THE SELF ON THE PAGE"

To improve presentation skills and inculcate the habit of good handwriting a 'Calligraphy' competition was organized in TAFS Junior Wing for classes IV and V on 22nd August '19. The aim was to bring focus of the children on the importance of neat and beautiful handwriting.



MARINE TURTLE EXHIBITION

Class V students were taken to the World Wide Fund House at Lodi Road, New Delhi, to participate in the 'Marine Turtle Exhibition 2019', on 07 Aug 2019, during school hours. The exhibition organizers divided the children into groups and then conducted various interesting activities with them. The children were provided with a plethora of information about the life of the marine turtles. They were made aware of the dangers that the turtle population is facing due to the pollution of the oceans and how indifferent killing of this beautiful species by humans has led them to the



Celebration Time !!!

UKG ICE-CREAM PARTY

*Ice cream, ice cream, good to eat,
Ice cream, ice cream, what a treat!*

To get some relief from the heat of Delhi our kindergartners enjoyed an ice cream party on 10th May 2019 at school. After having their delightful cup of ice cream, they danced to some peppy music and merrily sang songs on summer. They also indulged themselves in colouring activity and had their colourful paper ice cream cones displayed in the class. The video on how ice cream is made added to their high spirits and they learnt about the various ingredients of ice cream.



UKG MANGO 'MAAZA' PARTY

It was a perfect day to celebrate the season of the 'King of Fruits- Mango' with a fun-filled learning opportunity in the form of a Mango-Maaza party. The day started with a general conversation about mango followed by singing of rhymes and a dancing session which kids enjoyed thoroughly. The little kindergartners relished the lip smacking mango juice. The Mango Party left the little ones with immense joy and pleasure in their hearts of having celebrated it with their classmates, teachers and ayah didis.



EARTH DAY CELEBRATIONS



TAFS Junior wing celebrated Earth day with a view to remind ourselves what our mother Earth has given us and also reiterate in what ways we can contribute to save our resources and be more environment friendly. The children of Primary Wing were motivated to come up with innovative ideas and use resources around them in the best possible way to celebrate Earth Day. For the year 2019, the Earth Day theme was 'Protect our Species'. The children were encouraged to contribute their bit in saving the millions of species on the planet with utmost regard to the one and only place they call home, PLANET EARTH. Children enthusiastically participated in activities that included song, skit, group discussions and art and craft activities. Children planted trees and each class adopted one tree taking a pledge to take care of 'their tree' throughout the year. The children were reminded that EVERYDAY IS AN EARTH DAY and the purpose of celebrating Earth Day is to help sustain our Earth for the future generations and keep our skies, land and water pollution free.

INDEPENDENCE DAY AT JUNIOR WING

The Junior Wing celebrated the 73rd Independence Day of our country on 13th August 2019 with great patriotic fervour and zeal. The beginning was marked by the recital of Pt. Jawaharlal Nehru's iconic speech at midnight followed the poem, "Where the mind is without fear..." by Rabindranath Tagore. This was followed by a mesmerizing dance performance 'KASUMBI RANG' depicting the orange colour of bravery and sacrifice. The cultural programme consisted of a skit showing glimpses of some of the remarkable events like the British gaining control over India, the mutiny of 1857, the revolt by Mangal Pandey, Jalianwala bagh massacre and Gandhiji's Swadeshi movement. The role of lesser known female freedom fighters like Jhalkari Bai, Begum Hazrat Mahal and Velu Nachiyar was also emphasized through the skit. The dance performance 'Vijayi Bhav' added to the patriotic essence of the atmosphere and won the hearts of the audience.

Group Captain Ravindra Bhatnagar, the ED, TAFS, and the Chief Guest for the day, addressed the children and guided them to be true to their work and respect their freedom. Ms. Amita Gupta, the Principal, also send her greetings to the students on this special occasion.

The children also took a pledge to keep the country's pride high by respecting the sacrifices made by all the freedom fighters and taking care of all the natural resources. They also vouched to be responsible citizens of the country. This was followed by the National anthem.



Teaching Lil Ones through Activities



INTENSIFIED DIARRHOEA CONTROL

An 'Intensified Diarrhoea Control Drive' was conducted in the junior school during the week 08-12 July 2019. The aim of this drive was to sensitize children about safe water, food, washing of hands, sanitation, personal hygiene as well as clean surroundings. All teachers & students of the Junior Wing were involved in this drive. Various hands-on activities as well as demonstrations were conducted as a part of this drive. All activities were planned under the paradigm project WASH (Water, Sanitation, Hygiene) of the Government of India.



AWARENESS CAMPAIGN ON ILL EFFECTS OF IDOL IMMERSION IN RIVERS

Idol immersion has become an intrinsic part of festivities and celebrations of some festivals in our country. This has resulted in pollution of rivers and other water bodies resulting in diseases and destruction of aquatic life. The 'Green Club' of TAFS Junior Wing undertook a campaign to spread the message of not polluting the river by performing idol immersion during 'Visarjan' time. The students very enthusiastically thought up creative ideas for skits and presented them focussing on three aspects- traditional celebrations during Ganesh Chaturthi and Durga Puja, problems caused due to the idol immersion and possible solutions of the problems at hand.



VASANT VALLEY DRAMA FESTIVAL

"Acting is about challenging how we think and encouraging us to fantasize about a world we aspire to" Twenty students of class V participated in the 28th Vasant Valley Drama Festival held from 07 Aug to 09 Aug 2019 at the Air Force Auditorium, Subroto Park. They presented a play titled, 'Reviving Time', based on the theme of the festival this year- 'Living in a loop'.

The children beautifully brought out the different aspects of modern day living which is proving detrimental and how reviving the yesteryears lifestyle can be a solution to many of our present day problems. During this 3-day festival these young artists not only performed and watched the plays presented by the students of other schools but also enjoyed an interactive session with other participants.



Teaching Li'l ones through Activities

Labour Day Assembly

Junior Wing, TAFS celebrated Labour Day on 2nd May to honour and acknowledge efforts of our support staff. The students celebrated Labour Day with a special assembly conducted by class IV E to express their gratitude towards all the helpers who work in school to make their life easier. They were presented with Thank You cards and chocolates by the students as a mark of respect. Students presented a Nukkad Natak to reflect the sincere service and efforts of our helpers.



Workshop on First Aid



In order to keep our students prepared to give assistance to a victim of injury or illness the TAFS Junior Wing organized a First Aid workshop on Thursday 9 May 2019 at the Activity Hall. It was conducted by a team of four doctors from Maulana Azad Medical College hospital. This workshop proved to be an eye opener for the over 200 students from Class IV. The session was very interactive and was peppered with several anecdotes from the experiences of the doctors. The students were given a run through of the basic first aid to be

administered in case of an emergency. Right from running cold water on a burn to first washing an animal bite, before going to the hospital, everything was explained to the students in a very engaging manner. With the help of student volunteers a demonstration was given on how to put a splint in case of a fracture and a live CPR was also conducted. The exhaustive PowerPoint presentation helped the students to understand the methods better.

The workshop which lasted for well over an hour is sure to make the students remember and be able to implement First Aid in case such an occasion arises.



STORY NARRATION

Since times immemorial story telling has been an integral part of our childhood. It's the stories that give wings to our imagination. Brightening the day of our students, a storytelling session was conducted for classes KG to II wherein the teachers and students enacted different stories like "The Cap seller and the monkeys", "Old lady and the pumpkin", "The careless tiger" and many more. The teachers made an entry with putting on masks and costumes which enthralled the kids. The appropriate use of voice modulation and body language enhanced their imagination and expressions. After the story session the students did activities based on their story.



Teaching Li'l ones through Activities

HEALTH AWARENESS PROGRAMME

A Health Awareness Programme was held in TAFS Junior Wing on 29th & 30th April '19 with the aim to inculcate healthy eating habits and good hygiene in children. Children of classes 1 & 2 were shown videos to create awareness on the same. They actively participated in class room discussions on the importance of maintaining good health and hygiene. Class 3 students did an activity on Oral Hygiene. They made a paper tooth brush and wrote how fresh and confident they felt after brushing their teeth.



24th P.N.PANICKER MEMORIAL NATIONAL READING MONTH

In order to inculcate reading habit among the students, the junior wing observed 24th P. N. Panicker Memorial National Reading Month celebrations from 10-17 July 2019. While UKG class enjoyed a fun filled story session with puppets, classes I and II conducted a digital story reading session. During the school assembly a reading pledge was taken by all students of classes III- V making a promise to themselves to read regularly to increase knowledge and improve mindfulness about varied topics.



THE WORDSMITHS' MEET

The 8th edition of our annual interschool literary event 'The Wordsmiths' Meet', was organized on Friday, 02 August 2019, during school hours. Celebrating 50 years of the historic landing on the moon, the theme for this event this year was 'One small step for man, a giant leap for mankind'.

Three non-competitive events were organized for students of classes III, IV & V.

1. 'Moonwalk' - A Poem recitation event for class III
2. 'Space Wars' - A debating event for class IV
3. 'Blast from the Past' - A play presentation for class V

13 prestigious schools of Delhi NCR region participated in this event. Children had great fun showcasing their talents in public speaking and critical thinking.



Getting familiar with each other...

ORIENTATION PROGRAMME FOR PARENTS

Every year, as the new academic session begins in the month of April, it brings with it not only joy and happiness to parents, but also some anxiety and queries regarding the new classes, system of assessment, transport, books, notebooks etc. Keeping this in mind, the school conducted Orientation Programme for the parents for class UKG (on 03 April 2019), class I (on 04 April 2019) and class III (on 05 April 2019). Through Power point Presentations, many important points were explained to the parents by Ms Ashu Agarwal, Academic Coordinator Jr. Wing. The details of scholastic and co-scholastic activities, the Periodic Tests, Mid-Term Exams, the daily updates on the websites, like HW, Follow-up activities, the school calendar, etc. were discussed with the parents. Ms Yukti Madan, the school counsellor, also enlightened the parents on the impact of Positive Parenting and the role of the parents and the school in nurturing socio-emotionally sound children. Ms Deepa Radhakrishnan, Headmistress Jr. Wing addressed all the queries of parents and provided a detailed insight about the academic session 2019-20, aiming for a fruitful session.



A TRIP AROUND THE SCHOOL CAMPUS - UKG

The kindergartners of our school went around the school campus on the sunny morning of 10 April 2019, to learn more about the environment of their new school. The super excited tiny tots, accompanied by their class teachers and ayah didis, were awed to see the flora, the play fields, different buildings and other areas spread in the 15 acre school campus! At the junior wing the aquarium and the various fishes in it was a major point of attraction for the children.

The newly painted walls at the UKG play area and the sandpit with the toys in it were their other favourite places. During their long walk, they stopped to check the tall trees, the different parts of the school building, and were fascinated by the hockey field, skating rink, the lawn tennis, basketball and the badminton courts. The vast open areas, the rocky terrain and the winding paths added to their imagination.





We are Second to None !!!

National Astronomy Challenge

STEM & Space, an Indian science education company, conducted the National Astronomy Challenge which is a nationwide Astronomy Olympiad competition, in the month of November. Swastik Sharma of class VI made us proud by acquiring a position in the top 10 students from all over India in the exam. The felicitation ceremony was held in Dubai on 25th March 2019. Mr. Al Hasan Hariri, CEO of Dubai Astronomical Society was the Chief guest. He shared his passion about Astronomy and encouraged all to explore and contribute to the field of astronomy. Other special guests at the event included Mr. Mikolaj Zielinski, Mars 20astronaut, who has been selected by Mars team to go to Mars in 2020, Mr. Thomas R. Addy, representing Boeing Corporation, Mr. Prabhakaran, Educator at Meliha Science Center, who shared his techniques about Astrophotography. Dr. Mila Mitra, co founder and Chief Scientific Officer at STEM & space, and ex NASA Space scientist presided over the event. The students had the privilege to meet Mr. Pankaj Bodhke, education Consulate at Indian Consulate, Dubai, who congratulated all of them on their achievement. The visit to Al Thuraya Observatory, was a great experience for the winners. They learnt about the working of various kinds of telescopes and observed different celestial objects using them. They got a chance to see observatory dome where they could see the live status of satellites around the world.



They also enjoyed the vibrant sightseeing like Burj Khalifa, Zabeel Park, Frame of Dubai, Jumeriah Beach, Palm Island and Old Dubai.

All together it was a remarkable experience for students in Dubai with the chance to interact with eminent science personalities and visiting the observatory.



The QUEST 2019

Don't judge each day by the harvest you reap but by the seeds that you plant.

"The Quest 2019" - a two-day festival of scientific inquiry, technology, mathematical ability, consumer awareness, expression of opinions and creative writing was organized by The Air Force School on April 29-30, 2019. True to its name, The Quest lets the participants display their talents and skills through uniquely designed events like Katha Rang, Actualise, Hocus Pocus and so on. Every year, it attracts as many as 40 schools, which makes it a nail-biting competition.

The festival began with our guests lighting the lamp, which removes darkness and is a metaphor for the transformation involved in the quest for enlightenment. As the choir sang of the dream of a better world and the dancers presented a vivacious choreography, spirits soared in anticipation of a festival with a difference. The central theme of the event was The Road Less Travelled.

Addressing the audience Group Captain Ravindra Bhatnagar, Executive Director, The Air Force School made a passionate appeal to the participants, "Young girls and boys it is your responsibility to dream." He urged them to remember that more than prizes, the gains would be the knowledge they would carry home.

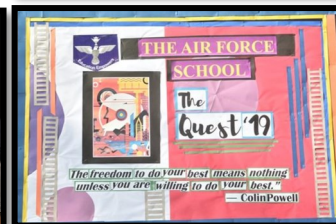
Highlights of the Event:

Events like Conceptualize and Trash Rehashed witnessed participants' creative sensibilities at their best. They showcased innovative ideas in a way, that left the judges and everyone else surprised. A Song and A Story was an event which taught us that right words at the right moment make all the difference! Mesmerizing and intriguing posters were made by the participants of the event Speaking Strokes. It was a tedious task for our judges to award prizes, as every entry spoke for itself beautifully.

The Travel Blog event comprised designing of a travel brochure and its presentation. With the holiday season in close proximity the event was informative and insight forming with visuals. The Mathematical Tambola proved to be an exciting event as students scouted about various application-based questions in the board game format.

Quiz- A- Bate- This amalgamation of the traditional quiz and debate was one of its own kind. It had wide ranging questions from places in close proximity of NCR, Science, Vocabulary with a lot of music-based questions that enlivened the audio-visual round. This was followed by rounds of debate, in which the participants did exceptionally well. The Moderator of the Debate - Mr. Arindam Bhattacharya provided debating tips to students while discussing key word analysis and the technique of using personal area of knowledge to illustrate arguments.

Each event was judged by a panel of judges from various areas of expertise science, math, technology, education, debating, quizzing, creative writing et al. With so many participants giving in their bests, the two days of the festival were packed with immense energy, zeal and creativity. Excelling in many events, Tagore International



Senior School Glimpses



Annual Prize Distribution - VI-VIII

The first round of Annual Prize Distribution ceremony was held on 4th May 2019 in the Aravali Hall. A total of 87 students were awarded merit prizes. Wg Cdr Pushpa Thakur, Executive Director AFBBS was the chief guest at the function and gave away the prizes.

Principal Mrs Amita Gupta gave the welcome address. She congratulated the prize winners and emphasized the need to develop right attitude and habits to achieve success urged them to accept their success with humility and grace.

The programme started with lighting of the lamp and recitation of shlokas. A motivating group song sung by the school choir set the tone for the day. It was followed by a musical rendition of 'Swagatam' a classical Kathak dance performed beautifully by students of class VII & VIII. A painting of Buddha was presented as a token of gratitude, to the honourable chief guest Wg Cdr Pushpa Thakur, ED AFBBS.

Wg Cdr Pushpa Thakur then addressed the august gathering. Motivating the students in the audience she said, "We all must understand that there is infinite intelligence in all of us blessed by the divine. We all are born with purpose, search for that goal and enjoy every moment of the life doing so".

The Middle School Coordinator, Mrs Debolina Mukherjee proposed the vote of thanks. The entire gathering stood with pride to sing the National Anthem.



Senior School Glimpses



Investiture Ceremony

The Air Force School celebrated its Investiture Ceremony for the academic session 2019-2020, on 23 July 2019, an occasion, where the newly selected members of the Students' Council are officially vested with their powers and positions.

The event started with welcoming the Chief Guest, Group Captain Ravindra Bhatnagar, Executive Director, The Air Force School and the Guest of Honour, Mrs Nidhi Bhatnagar. A memento was presented to the guests followed by the lighting of the ceremonial lamp along with the song 'Anandaloke Manglaloke' written by Gurudev Rabindranath Tagore.

Other highlights were the school choir which presented the group song Chal Udte Hai. A group dance reflecting a fusion of the traditional dance form Kathak mesmerized the guest. The rhythmic beats and synchronized movements of the dance form lent an air of gaiety to the otherwise solemn occasion.

In her welcome address Ms. Amita Gupta, Principal, The Air Force School, said that the conferring of authority on children is the initiation of a new journey. Ma'am emphasized that the road for these appointees will be steep and the track will bring out the best in them and that a good leader should choose the hard right against the easy wrong.

Chief Guest, Group Captain Ravindra Bhatnagar, graced the Oath Taking ceremony and formally invested the school appointees. The Head Boy and the Head Girl in turn invested the house appointees. Speaking on the occasion, the Chief Guest congratulated the new leaders, reminding them that their actions should take them to the ultimate goal of making significant contribution to the betterment of the school.

The Vote of Thanks was proposed by Ms Lomina Rajiv, Vice Principal, The Air Force School. Thanking everyone for their contribution in making the event successful, Ma'am expressed the hope that the new appointees would live up to the expectations of the institution.

The ceremony came to an end with everyone rising to the tune of the Air Force Schools' song.



Senior School Glimpses



INAUGURATION OF THE ART BLOCK



The Air Force School today (26 August 2019) proudly added yet another feather in its cap as the students and teachers gathered to celebrate the opening of the newly constructed art block, named 'Tejas' in the school. It is from the avenues of this block that talent in the various forms of art- instrumental, dance, sculptor and painting has been nurtured over the years. It is from the portals of this avenue that children give wings to their dreams in the forms of various art skills.



The chief guest for the occasion was Air Marshal Pradeep Padmakar Bapat VSM, Air Officer-in-Charge Administration and Mrs Smita Bapat. Other guests of honor were Group Captain JB Rane VSM, Chairman Managing Committee, Air Force Schools and Mrs Anjana J Rane.



The occasion was marked by the welcoming of the esteemed guests followed by a colourful and uplifting recital by the orchestra. The school choir came together with the soulful melodious rendition of Saraswati Vandana invoking the blessings of the goddess of knowledge, music, art, wisdom and learning.



This was followed by the group dance, Shubh Swagatam. The synchronised steps and the fluid movements captured every heart.

Welcoming the Chief Guest, Mrs. Amita Gupta, Principal, said that every champion was once a contender who refused to give up. Hence it is the duty of the school to give each student with all they need to excel at their craft. Ma'am further said that the new art block has been named 'Tejas' which means brilliance, with the hope that every student shines with brilliance in all they do.



Addressing the gathering, the chief guest, quoting Pablo Picasso said, "Every child is an artist. The problem is how to remain an artist." Appreciating the efforts of the school, Sir further said that the school has always excelled in and struck a harmonious balance between classroom teaching and extra-curricular activities.

The event came to an end with the Vote of Thanks.



Time Management Workshop

An interactive workshop on the topic- Time Management was organized by the Biology department on 1st may for the students of classes XI B and XII B. The resource person for the workshop was Mr Rahul who is pursuing MBBS from AIIMS. He shared some important tips regarding time management, planning & execution as well as the benefits of multiple revisions.



SRCC Alumni Commerce Workshop

The Commerce students of XI & XII were engaged in an interactive workshop with Alumni's of SRCC startup "Wings of Fire". The Speakers being Mr.Sahibdeep Singh, Ms.Manisha, Mr.Harsh Agarwal, and Kuhikaa Arora, who was also a TAFS student, now in SRCC. The students were informed of the various commerce subject orientations, role plays for a management course, case studies, careers & institute eligibility, along with CV building for Commerce Jobs ahead. It was a two hour session that comprehensively covered commerce as a stream, and apprised students about the how to manage their time /subjects while creating a subject hierarchy. It was an extremely engaging workshop, that students enjoyed, fully interacting with the speakers. We at the Air Force School, would continue our programmes towards career guidance in the future.



JINA WORKSHOP

The Commerce and Humanities students of Class XII became an audience to an engaging Career session on "Education, Actuarial Science and Knowledge Building in Students". The guest Speaker Mr.Kunal from Jina organisation, is a recognised Actuary himself with a vast experience as an educationist. The workshop involved brainstorming on How one studies, uses memory techniques, applies mathematical concept, Economics and Verbal reasoning in careers like management or Investments.



Girl's Hygiene and Puberty health workshop



A series of "Girl's Hygiene and Puberty health" session was taken by the School Counselor Ms.Ashima Verma, Home science Teacher Neeharika Bhatnagar and English Teacher, Ms. Meera Menon. The classes Covered ranged from VI-X, where female Changes, body, hormones, period health, hygiene and diet were discussed. Body image, how to act, and manage a difficult body related situation was discussed in school and social settings both. It was an engaging and Interactive session with many situations understood well.

TIME MANAGEMENT SESSION

The students of class X were audience to a Time management session on 5th April 2019 with Career launcher and Guest Speaker Ms Neha Wahi, who is a senior consultant and career guidance counselor.

The students were given an activity sheet with their 24 hour plan of actions that they could color and judge, what is urgent, important or not important as a task,



NDA –SSB WORKSHOP

On 24th July 2019, the students of Class XII were audience to an interactive session on NDA and SSB training, by speakers from The Georgian academy of vocations. Being the Air force school, the students are keen on a career in defence forces and wanted to know great details of the various levels. The speakers discussed the various exams from AF CAT, NCC to NDA, ARMY and Merchant navy, that the students were curious to know.

The interview format, structure, deadlines of examinations were also discussed in great details with weightage, eligibility, team building, character testing, medical history and value system with students to apply for this career. It was an informative session that was thoroughly appreciated by students across streams.



PHOTOGRAPHY WORKSHOP

On 24th July 2019, Students of Class XII participated in a photography workshop that saw Mr Raman Rana as the guest speaker, who is a faculty member at Lovely professional institute and work as part of the Freelancing team as a short film photographer.

The workshop was to aware the students about the unconventional career of photography, photo journalism, media and how to use photography from food, fashion, editorials, to cinematic photography in a career.

The children seemed keen and happy to understand photography as an upcoming exciting career, than as a mere hobby, which can be pursued to great heights.

Swavlamban

'Swavlamban', an all girls meet and panel discussion was organized by Centre for Career Development in association with Sadhu Vaswani International School on Thursday, 29 August 2019. Sixteen class XII students from TAFS participated in this informative session.

This event focused on making students aware of the unconventional careers they can choose and achieve success in. Mr. Jitin Chawla (Career Counsellor), Ms. Rekha Gupta (Councillor North Delhi) and Ms. Sakshi Khattar (Online Nutritionist) were some of the influential speakers in the panel. Various prestigious Universities as well as Institutions like Pearl academy, UPSC and Institute of Hospitality, were a part of this meet to provide one-to-one information to students who are a stage of commencing their career.

This enriching discussion surely broadened the career options for students and triggered their minds towards many promising unconventional career options too.

Workshop on CHANDRAYAN - 2

The Air force school organised a space themed workshop on Chandrayan-2 by astronomy members, and National Geographic institute on 29th August 2019. The Students of VII & VIII were audience to it, with Mr Ajay Talwar as a guest speaker, who is an astronomer and space researcher. The interactive session saw various video clips and presentations on Space missions, Planets and why Chandrayan 2 was a milestone for Indian History. The students enthusiastically watched the various space missions of India and the world, thereby understanding how spacecraft, aeroplanes and atmosphere interact. For young minds with a scientific insight, they were Curious and intrigued by the space related ideas, with many students, raising queries to the speaker. The workshop was a good venture into science and space, making it an interactive engaging day.



CELEBRATIONS GALLORE

Support Staff Day

Support Staff Day was celebrated on 01 May 2019 to honor the contribution of the Support Staff towards the smooth functioning of the school and the seamless manner in which all tasks big and small are carried out. It was a tribute by students to the tireless workers, who are admired by all. Hand crafted cards prepared by students of class VI were lovingly presented to each member of the support staff. A heartwarming performance by the student choir was followed by a delightful street play. The play highlighted daily tasks of each member of the support staff. An engaging presentation of special moments from the work routine of the support staff captured on camera by students was shown on the occasion. It brought out the deep respect the student community has for them.

Addressing the huge audience of support staff, students and teachers, Executive Director Gp Capt R. Bhatnagar expressed his heartfelt appreciation for the honest work done by the workforce.

The Vice Principal Mrs Lomina Rajiv delivered the vote of thanks, and expressing her appreciation.



International Yoga Day



We celebrated International Yoga Day on 21 Jun 2019. On this occasion, a Yoga session of one and a half hours was conducted in collaboration with Isha Foundation, whose volunteers Ms Pratibha, Ms Usha Bhayana and her team guided the participants. A video was shown, which had Sadhguru talking about the origin and importance of Yoga. The Asanas were performed by the students & staff members as per the instructions shown in the visuals.

At the end of this programme, Ms Pratibha shared her experiences regarding the contribution of yoga in helping her to recover from osteoporosis and keeping a good health. The programme was concluded with a vote of thanks by Dr Madhavi Pillai Pathak, Physical Education Teacher. All participants enjoyed the refreshment of Nimbu pani after this wonderful session.

Earth Day Celebration

Don't be mean, go green

Don't be so hollow or civilization will be swallowed,

We're the green team, not the mean team,

Take part in earth day, and in the future it will pay.

The Air Force School celebrated Earth Day on April 22, 2019, by conducting a special assembly in which, students of EVS club performed various cultural activities. The celebrations started with self composed poem focusing how fast spreading urbanisation is putting intense burden on our limited resources. The students of the club also presented melodious song, an engaging speech and a beautiful dance on nature and environment. Speaking on the occasion Principal ma'am encouraged the students to plant more trees and take care of them.

The programme culminated with all the students & staff taking an oath to do their bit to save the mother EARTH.



CELEBRATIONS GALLORE

73rd INDEPENDENCE DAY

We bow our heads in reverence of our martyrs and late national leaders who laid their lives so that we could breathe the air of a free country. It was to celebrate this day and to remember this spirit of sacrifice that the students and staff of The Air Force School came together on 13 August 2019, commemorating 73 glorious years of freedom. As the air reverberated with the spirit of sacrifice, the enthusiastic participants eagerly awaited the arrival of the Chief Guest Air Commodore Rajeev Sharma, Air Commodore Education at Directorate of Education, Air Headquarters (RK Puram). The Guests of Honour were Mrs Anjana Rane, Group Captain Ravindra Bhatnagar, Executive Director, The Air Force School and Lt Col RK Jha.

The day unfolded with the unfurling of the Tricolor and everybody rising to the tune of Jana Gana Mana...

The Principal, Ms Amita Gupta, welcoming the esteemed guests said that this day is celebrated remembering the sacrifices of the great freedom fighters. After the welcome address, the school came together to present a cultural extravaganza called Mukti Parv-Desi Ka Garv. The programme consisted of school choir, play and dance bringing alive the spirit of sacrifice, love and dedication for the nation. After the wonderful presentation, came the moment of declaring the result. The five houses vied for first position even as the gate decoration by each house again brought alive the spirit of freedom struggle and the great stalwarts who laid their life down for the nation. Subroto House stood first followed by Arjun, Katre, Pratap and Latif House.

The momentous day came to an end with the inspiring words of the chief guest. The school also released the school magazine 'The Aravalian' for the academic session 2018-2019, on this occasion. The theme is 'Winds of Change' It was a moment of pride for the entire team of 'The Aravalian', comprising of budding writers, editors and artists.

The event ended with the vote of thanks presented by the Vice Principal, Ms Lomina Rajiv followed by the pledge.



Van Mahotsava

EVS Club (TAFS) celebrated Van Mahotsava week from 5th to 9th August 2019. A special assembly was organized by the students of EVS Club to mark the occasion. It began with a powerful speech by Head boy of the school stressing on the need to change our attitude towards environment. A skit, performed by the students of class X was next in show, which related the importance of trees in our lives, and how they should always be our first priority. The choir mesmerized the audience with their harmonious tunes, and expression of our Mother Nature's feelings.

The commendable efforts of the students and teachers in organizing the assembly were highly appreciated by the Vice Principal Ma'am. She also stressed on the need to be protective of nature as it responds to us the way we treat her. Her insight on this give-and-take relationship between Man and Nature was truly enlightening. The audience enjoyed the show thoroughly and expressed their appreciation with a loud round of applause.

This week also went by the slogan go green in which students of class VI planted saplings which is the part of legacy of The Air Force School



ACTIVITIES GALLORE



IHA (General Quiz Final Round)

Inter-House Quiz was conducted by students of Class-XII. Class IX-C & X-D were a very enthusiastic audience. The quiz was held in seven rounds. Each house was represented by a set of 4 students from classes (VIII, IX & X). It was a very delightful experience which was appreciated by all present. The results of the 'General quiz'

Name of the House	Position
Arjan	1
Katre	2
Latif	3
Pratap	4
Subroto	5



Newton Circus

Newton must have invested long hours of study when he gave the pathbreaking Laws of Physics. But at **Newton Circus**, our students made it look like they were a child's play, as they depicted those laws through intriguing and beautiful posters. The activity, which was aimed at bringing science into our daily lives, was conducted for the students of class VII on April 25, 2019. Judges Ms. Ashma Sriram and Ms. Divya Tyagi appreciated the efforts of the students and advised them to find science in their daily lives and explained how learning science can be fun.

Name	Class & Sec.	Position
Parth Saarthi Chhikara	VII A	FIRST
Pooja Kushwah	VII A	FIRST
Riddhiman Singh	VII D	SECOND
Prateek Soudatti	VII D	SECOND
Navya Batra	VII D	THIRD
Aarav Gupta	VII D	THIRD



SOCIAL SCIENCE DEPARTMENTAL ACTIVITY

Social Science Department of TAFS conducted a group activity on the topic- 'Resource Conservation and Sustainable Development' for the students of class VIII on 29 April 19.

All the students in a team presented their amazing ideas and thoughts innovatively with beautiful collages. It helped students in identifying the daily activities through which they can conserve the resources and save their future.

The efforts of the students were appreciated and the top three collages from every class were selected. The results are as follows-

VIII A I- Aditya

II- Pranav

III- Shreyanshi

VIII B I- Ashima and Aditi Yadav

II- Garima and Maham

III- Aditi Pareek

VIII C I- Rudransh and Yuvraj

II- Abhinav Vaid and Arya

III- Khushi and Zainab

VIII D I- Rudransh Tanw

II- Sneha Malik and Prakriti

III- Garv Jain and Karan

VIII E I- Ishita, Saumya

II- Akshita and Samaira

III- Seepa and Anushka

ACTIVITIES GALLORE



Crossword Puzzle Activity

Maths department organized a fun filled Crossword Puzzle activity for Class-VII. The students solved the puzzle with great zeal and showcased their mathematical skills. It provided them an opportunity to understand real life situations and to relate them with Mathematics.

They were motivated to work harder and develop rational thinking. List of the students who performed extremely well in this activity are-

Anit singh and Aniket Gupta	Swastik and Ansh
Aditya Rishi and Jaiveer Rattu	Snehal Kumari & Ridhi Dadwal
Harsh Kashyap and Harsh Kumar	Neev Sharma and Aditya
Ishaan and Sarthak	Avantika Dogra and Harshita Rathi
Jivisha and Devan	Prateek and Dishant
Samiq Raza and Manglam	Sukeerat Singh and Raghav Singh
Karan and Aditya Mishra	Darshaal and Sai
Chinmai Vinay and S. Samanvitha	Sammer and Aryam
Saksham and Yashpal	Shruti Shukla & Pragya Kumari
Ramesh and Prateek S	



Manuscript Making Activity

A "Manuscript Making" activity was conducted for the students of class VI on 7th May 2019 by the Social Science Department.

Dry leaves formed the canvas on which the students wrote moral values.

This activity was aimed at inculcating values in the students and encouraging them to know more about our past.

The top three manuscripts were awarded:

VI - A		VI - B		VI - C	
1 st	Kavya	1 st	Pragati	1 st	Sarthak
2 nd	Aditya Srivastava	2 nd	Deepshikha	2 nd	Dibyam and Tanishq
3 rd	Naman	3 rd	Shourya Pratap singh	3 rd	Vasundhara and Mahira
VI - D		VI - E			
1 st	Karthik Jakhhar	1 st	K.S Priya		
2 nd	Ayannya Ghosh	2 nd	KS Pranav		
3 rd	Vatsal kumar	3 rd	Joyce		

Poster Making Competition

The Department of Chemistry organized a poster making competition for the students of class 8th. The theme of the competition was 'CHEMISTRY: BLACK or WHITE'. The intension was to expose the young buds to both the miracles of chemistry which are redefining their lives and to the disliked face of the same. Each poster was a treat to the eyes.

Following are the winners of the competition-

1st- SAUMYA (VIII E)

2nd- VIDHI (VIII A) and SAMAIRA MALIK (VIII E)

3rd- ZAINAB (VIII C) and AAYUSHI GUPTA (VIII C)



ACTIVITIES GALLORE



INTER-HOUSE FOLK DANCE COMPETITION

One Thursday morning saw TAFS dancing on the melodious and joyous folk tunes. The sweet scent of the Indian Culture could be felt when each house presented a folk performance in the Inter-House Folk Dance Competition. The participants dressed up in colorful costumes swayed to the beats of folk music, and overwhelmed the audience.

The results are as follows:

Dance	House	Position
Dandiya & Garba	Pratap	I
Bhangra	Latif	II
Kalbeliya	Subroto	III
Lavni	Katre	IV
Goa	Arjan	V



Shloka Vaachan Pratiyogita

सातवीं कक्षा के लिए 6 मई 2019 को श्लोक वाचन प्रतियोगिता का आयोजन किया गया। सातवीं कक्षा के प्रत्येक वर्ग से दो-दो प्रतिभागियों ने भाग लिया। सातवीं 'ड' के छात्रगण दर्शक के रूप में उपस्थित थे। निर्णायक की भूमिका का निर्वहन श्रीमती पूनम साहा ने किया। प्रतियोगिता के उपरान्त परिणाम घोषित किए गए।

परिणाम इस प्रकार रहा—

प्रथम स्थान	तनीषा कर्नाटक	Vii-A
द्वितीय स्थान	आदित्य शर्मा	Vii-E
तृतीय स्थान	रक्षंदा करोलिया	Vii-B



Run for Fun Week

*"The miracle isn't that I finished.
The miracle is that I had the courage to start."*

Run for fun week (02-09 April 2019) was held in the school for classes VI-X. A Physical Education Department initiative, the running event aimed at drawing all students into this joyful means of exercising. It was a non-competitive event, encouraging students to incorporate physical activity into their daily routine.



Poem Writing Activity

To steer the young minds to creative writing, Diamante- a shape-based poem writing activity was conducted for class VI on 27 April 2019. With detailed guidance and interesting examples, the students came up with beautiful poems, and enjoyed this sessions thoroughly.



ACTIVITIES GALLORE



TPL 2019-2020

The much awaited Tafs Premier League including all five houses in three different categories was organized in the respective PE periods w.e.f. 15 April 2019. Like always, TPL witnessed enthusiastic participation of the students, which reflected their love for the game.

Class X	Subroto Vs Pratap Winner – Subroto House Man of the Match – Kartik Sanjeev Bhasin (X E)
Classes VIII & IX	Subroto Vs Katre Winner – Subroto House Man of the Match – Shivansh (IX E)
Classes VI & VII	Arjan Vs Subroto Winner – Subroto House Man of the Match – Kartik Malhotra

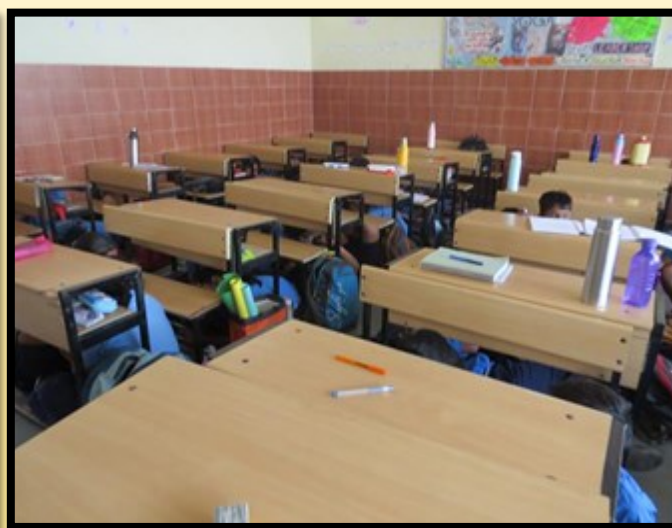


Lock Down Drill

An Emergency Disaster Drill- Lock Down Drill was conducted for classes 6 to 12 in the school premises of The Air Force School, Subroto Park. The Principal addressed the students and staff about the lock down drill. She explained the important procedures involved in the drill.

- ⇒ **LOCK** all exterior doors. If there is no lock on the door – move heaviest object in front if possible.
- ⇒ **CLOSE** windows.
- ⇒ **STAY AWAY** from all doors and windows, move students towards walls away from doors.
- ⇒ **SHUT OFF LIGHTS.**
- ⇒ **DO NOT OPEN** exterior doors for any reason until an “all clear” is received.
- ⇒ **DO NOT USE** the telephone system to request information (follow pre-determined protocol).
- ⇒ **FOLLOW** building protocol to communicate room status
- ⇒ **BE QUIET!** Wait for further instructions.
- ⇒ **CARE FOR THE STUDENTS IN YOUR SUPERVISION.**
- ⇒ Calm and reassure upset students.
- ⇒ Use supplies in emergency kit as needed or necessary.

The students performed the first Drill in the III period followed by a SWOT analysis. The second drill was conducted in the VI period under 10 seconds. The students and staff, through this activity, felt empowered and became aware of the steps to take under any emergency situation that may occur in and around them in school.



ACTIVITIES GALLORE



THE 24TH P.N.PANICKER MEMORIAL NATIONAL READING MONTH CELEBRATIONS

To commemorate the Reading Month, from 19 June to 18 July 2019 and to inculcate the habit of reading among students, the English Dept of The Air Force School, Subroto Park, conducted various activities for all classes. While students of class VI enjoyed a fun-filled story telling activity whereby they enacted as different characters, students of class VII and VIII actively participated in group discussion sessions about various topics like sports, current updates, new gadgets et al. Students of Class IX-X shared their views about the values imbibed from reading something that gave them food for thought. A pledge was taken by all students of classes VI-X, making a promise to themselves to read regularly, to increase knowledge and improve mindfulness about varied topics. The students pledged to read something interesting on a daily basis and further promote this habit as a part of their lifestyle. Students of Classes XI and XII shared information from the books they are currently reading. Students of XII tapped the library resources to research on topics for inter school debates. Students opted for inter school book discussion competitions and read prescribed books.



IHA - Group Song competition

The Air Force School celebrated Kargil Vijay Diwas on 26th July 2019. An inter house Patriotic group song competition "Desh Raag" was held in the Aravali Hall. Students of classes VI-X participated and songs were sung in great patriotic fervour. The young audience of classes VIII-IX was very touched and excited. It filled them with the feeling of national unity and integrity. Mr Bidur Thami and Mr Parminder Singh were the esteemed judges.

The results are as follows :

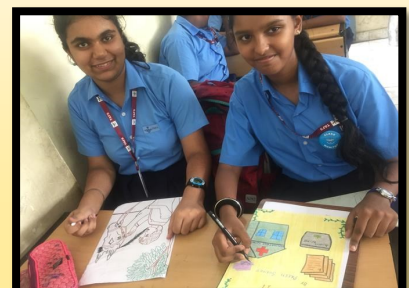
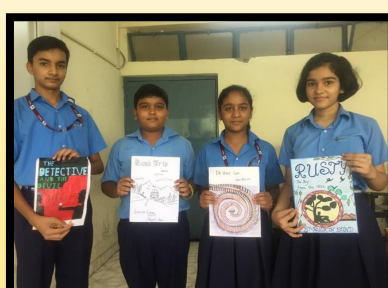
1 st Position	Arjan House
2 nd Position	Subroto House
3 rd Position	Latif House
4 th Position	Katre House
5 th Position	Pratap House

Book Cover Design Activity

The book cover design activity is a great tool of assessment, helping one to evaluate student's comprehension and skill in communicating through a visual medium. Students communicate clearly and express themselves creatively for a variety of purposes using the platforms, tools, styles, formats and digital media appropriate to their goals.

To further their love for language an intra-class activity of designing a book cover was conducted for the students of class VIII by the English Department on July 31, 2019. . The activity was conducted during the regular English period in the classroom.

The objective of this activity was to encourage the children to critically think about the major themes, motifs, and symbols in a work of literature and synthesize them in cover art. The students participated in large numbers with great zeal and enthusiasm.



ACTIVITIES GALLORE



Disaster Drill

The school organized a mock disaster drill today i.e. 01 Aug 2019 during the 4th period. Following steps were taken for the smooth conduction of drill:

Students were addressed in the assembly and all the instructions regarding the safe evacuation were given to the students. They were asked to stay calm & composed during the evacuation drill.

Class Teachers explained the exit route in their respective classes along with the PE teachers and urged the students to follow the exit map given in their school almanac.

More than 1600 students including the teachers and admin staffs were able to evacuated the school building within a short span of time recorded to be 4 mins 50 seconds.

The drill saw sincerity and coordination among students and staff, thereby, making this as another successive drill conducted in the school.



Fit India Movement Launch

On the occasion of national sports day, Hon'ble prime minister launched the "Fit India Movement" along with fitness pledge at the Indira Gandhi Stadium Complex in New Delhi on 29th August 2019. The event was broadcasted live by Doordarshan. Around 150 students from our school witnessed the same. They were very enthusiastic and happy to hear the speech of Hon'ble prime minister Sh. Narendra Modi.

Stressing on the need to be fit, PM Modi said that a healthy India is his goal and called for strict control on people's lifestyles. He also emphasised on the importance of fitness, especially in the times we live in and added that people must change their mindsets when it comes to physical fitness. Finally the programme was concluded with fitness pledge and the national anthem.



Intra-MUN

MUN Society of TAFS organized an Intra MUN for IX – XI classes on 28 & 30 August 2019. The committee which was set up was All India Peoples Party Meet (AIPPM) and the topic simulated was 'Morality and Legality of Article 370'.

On the first day the executive board members oriented the students about rules and procedure of MUN which was followed by a training session.

The next day the committee started its procedure to formulate ideas and policies towards the topic. It ended up smoothly and was a great learning experience for all the students.



ACTIVITIES GALLORE



Collage Making Theme - Junk v/s healthy

An activity 'collage Making' was organized by the Biology Department for the students of class VI on 29 August 2019. Collage Making enables the students to think creatively and express their thoughts in an organised manner. This would also help them to be more creative and enhance their drawing and artistic skills.

The activity was done individually and they enjoyed decorating their entries with vibrant colours. It was a good opportunity for students to show their creative skills.



MATHEMATICAL TAMBOLA

The Mathematics Department of our school conducted Mathematical Tambola in Class IX on 2nd September 2019. A game which stirs your mind, which creates the interest of students was excessively enjoyed by class IX. The rules for the game were simple and were followed by them efficiently.

The winners of the game are as follows:

FULL HOUSE -	Arnav Juneja	IX E
1st ROW -	Vaishnavi	IX A
2nd ROW -	Harshit Singh	IX E
3rd ROW -	Dadhichi	IX A



INTER HOUSE SCIENCE MODEL MAKING COMPETITION

An inter house model making competition was held on 29th August 2019, Thursday on the topic TAFS GREEN BRIGADE.

Students from class IX-XI participated in the competition very enthusiastically. It was a great learning experience for the students as they incorporated lots of innovative ideas related to how they can conserve our natural resources and help in saving the environment.

Each house presented one model supporting the banner.

The house positions are as follows:

Katre :	First
Latif :	Second
Subroto :	Third



LEARNING THROUGH FUN...

VISIT TO AFCME

"In the field of observation chance favours only the prepared mind". A visit to AFCME (Air Force Medical Central Establishment, Subroto Park) was organized for the students of class XI B. Dr Sheeva Goswamy discussed about various diagnostic tests and researches undertaken by AFMCE.

The students observed the various diagnostic tests like ABO blood grouping, ELISA, TMT, ECG and ECHO. It was truly an enriching experience for the young minds inclined towards medicine.

Visit to Mother Dairy

Educational tour provides students with an opportunity to learn practically through interaction, working methods and employment practices. An industrial visit to Mother Dairy, Patparganj, Delhi was organized on May 9th, 2019 for students of class XI B and XI C.

This plant deals in production of about 10 lakh litres of token milk and other dairy products distributed in Delhi & NCR on daily basis.

A brief introduction of White Revolution Movement led by our former Prime Minister Shri. Lal Bahadur Shastri was given, which was followed by a demonstration of the milk processing stages, 23 quality control tests and adulterant tests and transportation of milk,



VISIT TO BUTTERFLIES NGO



Students of class XI-E visited the Butterflies NGO, an initiative to help Street Connected Children, on 7th May 2019.

Butterflies has employed various policies and schemes for upliftment of these children. These policies include 'Khadana', which is a financial management programme for children.

The students then gave gifts (such as stationary items, few books, clothes, bags) that they had brought for the children there as a sign of care and compassion. The children in the NGO were very excited and happy on receiving gifts.

VISIT TO Arya Mahila Aashram

Students of class XI 'D' visited the Arya Mahila Aashram on 6th May 2019. A gathering was organized in the Satsang Hall, where Gayatri mantra was recited, then some songs like "Hum Honge Kamayab" and "Saare Jahan Se Accha" were also sung. The Head of Helpage India, Mrs. Sehgal informed the students about the history and working of the Aashram. The ladies were very eager to share their life experiences with the students. They invited the children into their rooms and took pictures with them. They also gave the students some snacks while recounting their struggles and family life.





पर्यावरण संरक्षण



तभी आएगी सुंदर हरियाली
जब होगी पेड़ पौधों की रखवाली।

धरती और मानव

भूमि, धरती, भू, धरा,
तेरे हैं ये कितने नाम,
तू थी रंग-बिरंगी,
फल फूलों से भरी-भरी,
तूने हम पर उपकार किया,
हमने बदले में क्या दिया?
तुझसे तेरा रूप है छीना,
तुझसे तेरे रंग हैं छीने,
पर अब मानव है जाग गया,
हमने तुझसे ये वादा किया,
अब ना जंगल काटेंगे,
नदियों को साफ रखेंगे,
लौटा देंगे तेरा रंग रूप,
चाहे हो कितनी बारिश और धूप।



मिट्टी का गहरा अंधकार,
डूबा है उस में एक बीज
वह खो न गया, मिट्टी न बना
कोदों, सरसों से शुद्ध चीज!

उस छोटे उर में छुपे हुए
हैं डाल-पात और स्कन्ध-मूल
गहरी हरीतिमा की संसृति
बहु रूप-रंग, फल और फूल!

वह है मुट्ठी में बंद किये
वट के पादप का महाकार
संसार एक! आश्चर्य एक!
वह एक बूंद, सागर अपार!



बंदी उसमें जीवन-अंकुर
जो तोड़ निखिल जग के बंधन
पाने को है निज सत्त्व, मुक्ति!
जड़ निद्रा से जग, बन चेतन

आः भेद न सका सृजन रहस्य
कोई भी! वह जो शुद्ध पोत
उसमे अनंत का है निवास
वह जग जीवन से ओत प्रोत!

मिट्टी का गहरा अंधकार
सोया है उसमें एक बीज
उसका प्रकाश उसके भीतर
वह अमर पुत्र! वह तुच्छ चीज?



पेड़ लगाओ पेड़ लगाओ

पेड़ लगाओ, पेड़ लगाओ!
सारे मिलके पेड़ लगाओ!!
पेड़ों से हमें मिले ऑक्सीजन!
जिससे जिंदा रहते हैं!!
पेड़ों से हमें मिलती छाया!
जिससे ठण्डी हवा मिलती है!!
पेड़ों से हमें मिलते कपड़े!
जिससे तन को ढकते हैं!!
पेड़ों से हमें मिलती औषधियाँ!
जिससे बीमारी भगाते हैं!!
पेड़ों से हमें मिलती पुस्तक!
जिसे पढ़कर ज्ञान बढ़ाते हैं!!
पेड़ों से हमें मिलती वर्षा!
जिससे फसल उगाते हैं!!
अब हर दिल की यही पुकार!
पेड़ लगाओ पेड़ लगाओ!!



Story time !!!



The sky is darkening and the air is misty as Mrs. Singh gathers up all of her things and stuffs them in a bag. She stomps downstairs and shouts at her lousy, no-good servant. " I'm going away for a few hours. It'll probably be late. Make sure Rohan is in bed and don't let anything happen to him or I'll gut you!" she says, accusingly pointing her finger at him.

She trusted him but not enough. Why would she when she had such enormous wealth in her hands and no one to protect it. The servant doesn't react, just curtsies to her. "Yes, madam. Of course. I'll not disappoint. Safe travels." He bows again and walks away. Mrs Singh eyes him from behind. She reluctantly turns and goes out the front door. The servant goes about during his work and as he's the only one who works besides the shy housemaid and the arrogant gardener, the only thing to entertain him was the steady *drip drip* of rainfall on the window sills. He looked at his wristwatch - a ratty old thing- 8:30pm. Half an hour until Rohan had to be put in bed. After giving Rohan his supper and tucking him in, he retreats into his own quarters. His quarter is a small room with a bed and a drawer at one end. He quickly locks his door and falls into a restless sleep. He is awoken by the sound of something crashing. He jerks up, shoves his feet into his shoes and runs out the door. He is greeted by the horrific sight of a very expensive vase lying shattered across the floor. He gasps and cautiously moves forward up the stairs to Rohan's room and finds him fast asleep. He looks around but doesn't see anything. He does a quick sweep of the room again and deems it safe. Shutting the door behind him, he turns and groans as a hand wraps around his throat, constricting his breath. He kicks his legs wildly and manages to catch him on his knee. The man loosens his grip, his half masked face contorting in pain. The servant shoves him back and lands a punch on the jaw, knocking him to the ground.

The servant kicks him and grabs his hands, dragging him out the back door and looks at his hands. They're stained with blood. He touches his forehead and feels hot blood running down. He races inside and stops in his tracks. Mrs Singh stands in the middle of the room, eyes wide with horror and hands shaking where she holds them to her heart.

"You! You did this, didn't you? You killed him. You killed my child!" The servant doesn't speak, just shakes his head.

" You always wanted to kill him, didn't you? You ungrateful creature! I gave you my home. I gave you the food off my table. I gave you a roof over your head and you did this. You ruined everything!" She says, her voice rising to a scream.

The servant shakes his head," No ..no..I didn't do anything. I didn't do anything." He says, his voice breaking.

"I've already called the police. You're not going anywhere." She says, tears streaming down her face.

Just then the police sirens wailing at the top of their come nearer and nearer. A moment later, two officers burst in and grab the servant, handcuffing him. The servant does not have any words. He just lets them lead him away. Before ducking his head to sit in the car, he turns around to look back at the house, the haughty, arrogant woman standing at the front, her face stained with mascara streaked tears. And just a few hours later, the stubborn and tenacious woman realises her mistake. Her child is sleeping in his bed and after a quick check , the body of a man lying outside unconscious. Not dead, but barely. She would always live her bitter life unhappily, always have a kernel of guilt in her heart. She had lost a loyal servant and she would always have to live with it.

Arya
VIII-D

Expressions !!!

Health System In India

In the words of Josh Billings, "Health is just like money, we never get the idea of its true value until we have lost it!"
People all are aware and will agree with Mr. Josh Billings.

India is a pluralistic, multi-lingual and a multi-ethnic nation which accounts for about one-sixth of the world's population. Delivering healthcare facilities to India's billion plus population, presents enormous challenges and opportunities to the medical community. In these few years we, have observed that the use of medicine is becoming increasingly complex and time consuming.

According to World Health Organisation, i.e. WHO, about 41% of India's population suffers from arthritis and about 10% people suffer from hypertension. Also according to the International Diabetes Federation, about 5% people in India suffer from diabetes. The problem is that the aging population needs more healthcare treatments but at low paying and earning capacity. Also, with time, the cost of health treatments increases and with low income opportunities at hand, one is forced to quit the treatment, which worsens the condition. This could put the young nations of today into deep economic and developmental crisis in the next twenty years.

It's already late for this generation but a robust healthcare model needs to be built for the coming generation. As truly said by Mahatma Gandhi, "It is health which is the real wealth, not just the pieces of gold and silver."

Tanya Mudel

X D





पढ़ो समझो
और करो

चतुर किसान

एक बार एक किसान एक बकरी, घास का एक गड्ढर और एक शेर को लिए नदी के किनारे खड़ा था। उसे नाव से नदी पार करनी थी लेकिन नाव बहुत छोटी थी कि वह सारे सामान समेत एक बार में पार नहीं जा सकता था। वह अगर शेर को पहले ले जाकर नदी पार छोड़ आता है तो इधर बकरी घास खा जाएगी और अगर घास को पहले नदी पार ले जाता है तो शेर बकरी को खा जाएगा।

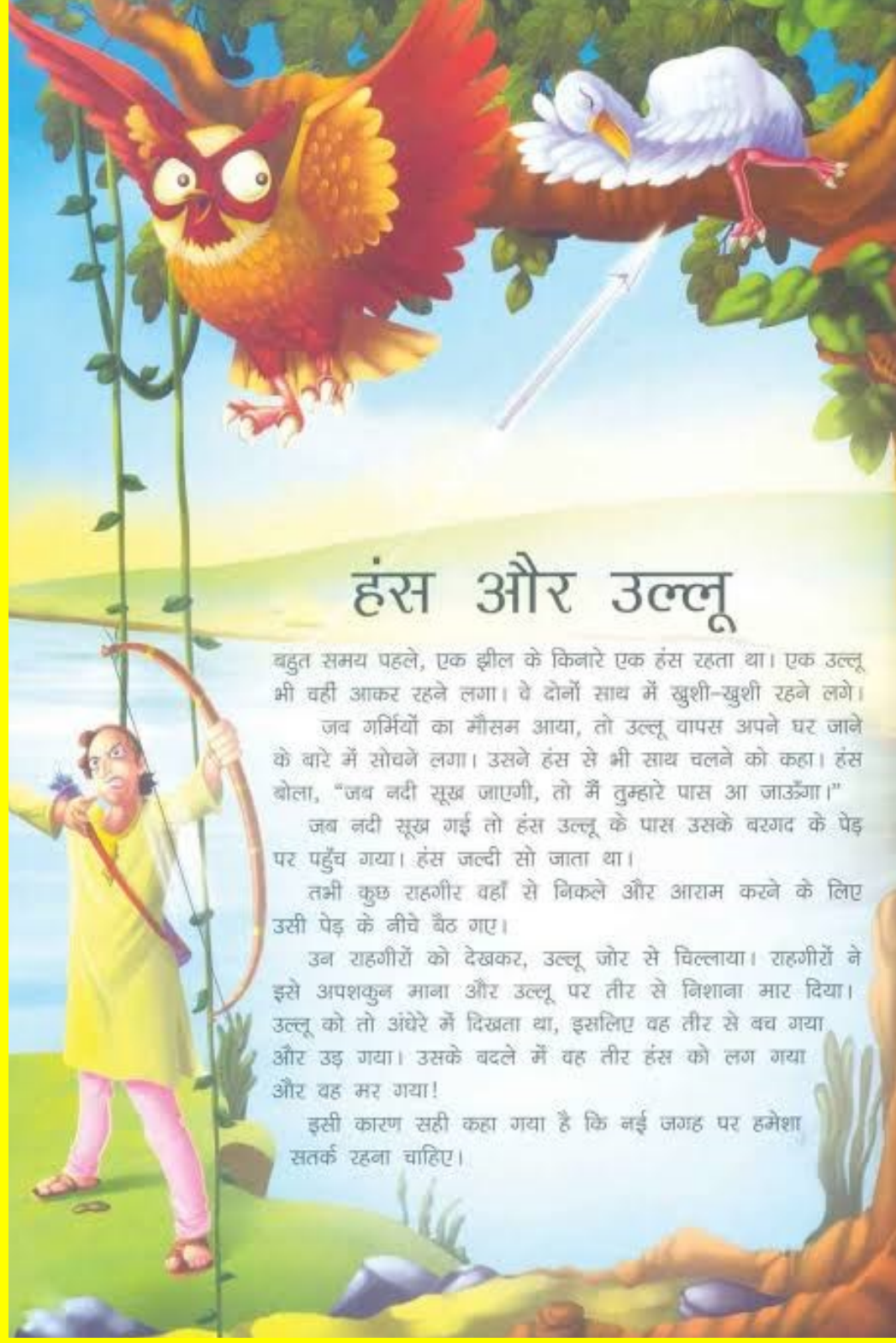
अंत में उसे एक समाधान सूझ गया। उसने पहले बकरी को साथ में लिया और नाव में बैठकर नदी के पार छोड़ आया। इसके बाद दूसरे चक्कर में उसने शेर को नदी पार छोड़ दिया लेकिन लौटते समय बकरी को फिर से साथ ले आया।

इस बार वह बकरी को इसी तरफ छोड़कर घास के गड्ढर को दूसरी ओर शेर के पास छोड़ आया। इसके बाद वह फिर से नाव लेकर आया और बकरी को भी ले गया।

इस प्रकार, उसने नदी पार कर ली और उसे कोई हानि भी नहीं हुई।



पढ़ो समझो और करो



हंस और उल्लू

बहुत समय पहले, एक झील के किनारे एक हंस रहता था। एक उल्लू भी वही आकर रहने लगा। वे दोनों साथ में खुशी-खुशी रहने लगे।

जब गर्मियों का मौसम आया, तो उल्लू वापस अपने घर जाने के बारे में सोचने लगा। उसने हंस से भी साथ चलने को कहा। हंस बोला, "जब नदी सूख जाएगी, तो मैं तुम्हारे पास आ जाऊँगा।"

जब नदी सूख गई तो हंस उल्लू के पास उसके बरगद के पेड़ पर पहुँच गया। हंस जल्दी सो जाता था।

तभी कुछ राहगीर वहाँ से निकले और आराम करने के लिए उसी पेड़ के नीचे बैठ गए।

उन राहगीरों को देखकर, उल्लू जोर से चिल्लाया। राहगीरों ने इसे अपशकुन माना और उल्लू पर तीर से निशाना मार दिया। उल्लू को तो अंधेरे में दिखाता था, इसलिए वह तीर से बच गया और उड़ गया। उसके बदले में वह तीर हंस को लग गया और वह मर गया!

इसी कारण सही कहा गया है कि नई जगह पर हमेशा सतर्क रहना चाहिए।

मन की शांति

एक बार एक किसान की घड़ी कहीं खो गई। चारों तरफ ढूँढ़ने और तमाम कोशिशों के बाद भी घड़ी नहीं मिली। उसने निश्चय किया कि वह इस काम में परिवार के बच्चों की मदद लेगा। उसने सब बच्चों को बुलाया और उनसे कहा कि तुमसे से जो कोई भी मेरी खोई घड़ी खोज देगा उसे मैं उसे सौ रुपए इनाम दूँगा। बच्चों के द्वारा कई घंटों तक ढूँढ़ने पर भी घड़ी नहीं मिली। सभी निराश हो थे। तभी एक बच्चा उसके पास आया और बोला, 'काका मुझे एक मौका और दीजिए पर इस बार मैं ये काम अकेले ही करना चाहूँगा।' बच्चा एक-एक करके घर के कमरों में जाने लगा। जब वह किसान के शयन कक्ष से निकला तो घड़ी उसके हाथ में थी। किसान घड़ी देखकर प्रसन्न हो गया और अचरज से पूछा, बेटा कहां थी यह घड़ी? बच्चा बोला, 'मैंने कुछ नहीं किया बस मैं कमरे में गया और चुपचाप बैठ गया और घड़ी की आवाज पर ध्यान केन्द्रित करने लगा। कमरे में शांति होने के कारण मुझे घड़ी की टिक-टिक सुनाई दे गई और घड़ी खोज निकाली। जिस तरह कमरे की शांति घड़ी ढूँढ़ने में मददगार साबित हुई, उसी प्रकार मन की शांति हमें जरूरी चीजें समझने में मददगार होती है।

मंत्र: हर दिन हमें अपने लिए थोड़ा समय निकालना चाहिए।