



## ARWACHIN

## Content

Messages	02 - 07

Aura of Arwachin : 08 - 11

Dexterous Disciplinarians : 12 - 13

Our Achievers : 14 - 20

Galaxian Stars : 21

Accolades Attained by Arwachinites : 22 - 29

Facilitating the Facilitators : 30

In Cordiality with Community : 31 - 49

Cultural Closet : 50 - 64

Arwachin Times : 65 - 83

**Commemorating The Mahatma** 

**Gandhiji** : 84 - 85

Budding Picasso : 86 - 87

Real Heroes Don't Wear Capes

they are Trained : 88 - 98

No Wifi But a Better Connection : 99-103

Recreation Zone : 104-105

Gaiety Fest : 106-108

Clubbing through Clubs : 109-113

Bhopura Buzz : 114-122

Editorial Board : 123









Mr. Anurup Sharma
Director



## TETE-A-TETE WITH MR. ANURUP SHARMA (DIRECTOR)

- Q) How do you balance between career and professional life?
- Ans. Life is all about conflicts and dilemmas. The only road that leads you to success is strike a balance by setting your priorities and concentration on one thing at a time, tracking your time. I also schedule one thing I look forward to each day. Striking balance is most important of all, as it leads to a happy, joyful and contended life ensuring growth of an individual with mental peace and well being.
- Q) Who is behind the mission and vision of the school?
- Ans. The only torch bearer to our vision is Late Shri Shrinivas Sharma Ji, my reverend father. He was born on January 12, 1925 at village Hisalvada, Meerut. After having graduation he joined as a teacher in commercial School, Daryaganj Delhi. With his diligent approach and support from other members of Arwachin Shiksha Samiti he could plant a seed in the form of opening first of the Arwachin Schools at Balbir Nagar, Shahdara. With his unceasing efforts, he continued the journey and the foundation of our school was laid in 1973.
- Q) The journey from the school in tents to the only School of East Delhi with MIG 21, Sir please trace the journey of the school?
- Ans. With the humble beginning of 273 students in 1973, we commenced Arwachin School, Vivek Vihar in a rented building with tents around. With consistent effort of Bauji our Founder Secretary and Shri Ram Narayan Arora, the manager of the school we could achieve success in obtaining allotment of land on July 21, 1978 and then the Heritage was passed on to me in 1979. The school's present strength is over 4200 and continued progressing in academics, co-curricular activities, games and sports, the obvious credit goes to able leadership of Principal, Dr. (Mrs.) Urmila Sharma and the staff members. We sincerely hope to bring better and best in the years ahead.
- Q) How do you like to spend your leisure?
- Ans. I love to spend my leisure by exploring the world through the realns of Technology and Travel. I also believe in exploring some moments of meditation and contemplation, watch social-political debate on television.
- Q. In order to upgrade the school, which countries have you visited so far?
- Ans. It has been my constant endeavour that, with all my resources available, I may facilitate my teachers and students in the teaching learning process. With this motto, I keep traveling in various countries, so that, I may share knowledge with the established figures in the world. With this intention I have been to USA, England, Iceland, Finland, South Africa, and other European countries.
- Q) At what age did you involve yourself in school?
- Ans. My source of inspiration is none other than my father Late Shri Shriniwas Sharma ji. He wished that, I must help him in his noble task of spreading the roots of education and culture in the society and as per his sweet will I joined him in Arwachin just after my graduation. With an intention to widen my horizon, I continued for further education. Besides, I was a part of school at an age of twenty to gain first hand experience.





Dr. (Mrs.) Urmila Sharma Principal (Chief Patron)



## Goodness

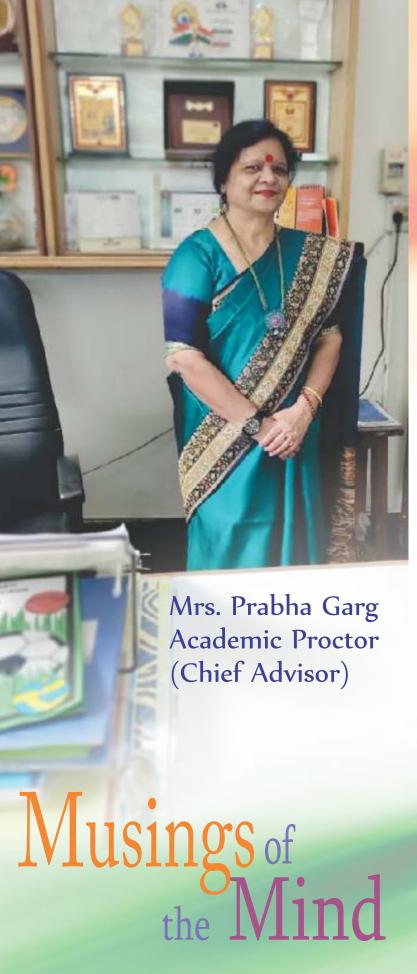
# Reflections Principal

Commemorating 150<sup>th</sup> Birth Anniversary of Gandhiji who as "Father of the Nation" led us against colonialism and freed our spirits from the fetters of slavery, she quotes from his famous book, "India of My Dreams" wherein she urges her student to work hard for Dream India where even the poorest will have "an effective voice", where there will be "no high class and low class", where "all communities shall live in perfect harmony" and "where women will get the same rights as men"

Dr. (Mrs.) Urmila Sharma, the most dynamic Principal is well respected for her superb oratory skills, invincible leadership qualities and her close companionship with the students. She believes that discipline and friendship go hand in hand. She urges children to be both good and smart and to prepare themselves for higher and more noble cause of life. She strives hard to kindle the minds and hearts of students with light of knowledge and wisdom, so that, they can walk tall and move ahead on the path of life, paving way for others to follow.

She wishes to prepare each and every child in Arwachin to lead and bind the world with a cord of universal brotherhood and global understanding broadening his/her horizon and opening new vistas for ideas and innovations to change the world and make it a paradise for mankind.

Under her leadership, the students have set new benchmarks and created new milestones in both scholastics and co-scholastics. The institution and its management has firm faith that under Dr. Urmila Sharma's guidance, the students will achieve zenith of glory and success in their chosen fields. She looks forward to yet another eventful year of achievements and accolades for her students with a conviction of achieving world peace and unity.



#### "Yielding Youth is not Born: It is Made"

The youth is the most active and creative force available around me. They are more trusted forces. People have to shrug of their doubts on the youth, therefore, they will find all the answers themselves. My job around the youth is to march with them, prevent them from succumbing to various temptations, handhold them whenever required.

The youth has an advantage, because their life is absolutely unconditioned, it is not conditioned by circumstances or society pressures, so youth by its nature is a symbol of hope.

The youth today has ushered in an era of digital democracy. They are more accepting of different cultures and varying viewpoints with widened horizons they are better equipped to deal with the challenges that society face today.

Arwachin leaves no stone unturned in channelizing youth to "Discipline and devotion", so that they can play a pivotal role in shaping a balanced and awared society as our former President Lt. Dr. Abdul Kalam has very aptly put that:

"Youngsters are not Useless
They are used Less"

Keeping this in mind, we at Arwachin keep motivating our monitors, syndicate leaders and members of student council towards optimistic vision which enables them to shoulder responsibility at various levels and prepares them for life beyond school. We wish that our students would contribute to a culture of co-operation among different arenas of life.



"Our Engine moves forward, oh with such a din Whistling loudly with every medal we win."

Another eventful session has come to an end and its really ecstatic to see it completely fruitful as holding our heads high we have moved in a positive direction, be it academics, co-curricular activities or development of school infrastructure. The students have put in their best and have dedicated themselves towards the march of excellence and achievement. Numerous prizes won by students in myriads of activities give a sense of pride. Besides, students are also basking in academic accolades.

Personally speaking, I have always considered Arwachin not just a school, but a temple of love wherein we nurture children wisely and it is nothing less than a worship. My mantra for success is nothing but dedication and love.

Through this edition of Samarika Lexpress my gratitude to the unflinching support extended by the parents and management. The trust they repose in us does the magic. Achieving great heights would have been impossible without their guidance, support and motivation. I also appreciate of our budding Shakespeares who have contributed to the magazine.

HAPPY READING.

## AURACHIN



























## DEXTEROUS DISCIPLINARIANS





Schrewens

## MERITORIOUS STUDENTS PRE SCHOOL (2018-19)

PS A-1	POSITION	(%)	^	PS A-4 POSITION	(%)
PARIDHI MITTAL	I	99.94		ARNAV KAPOOR I	100.00
REYANSH JAIN	II	99.88		MOHISHA RAWAL II	99.81
ADVIKAA NAIR	III	99.75		ARNAV BHARTI III	99.50
PS A-2				AARADHYA III	99.50
AARAV SINGH	I	100.00		PS A-5	
SARANSH SINGH	I	100.00		PAKHI VERMA I	99.88
AADHYA MISHRA	II	99.69		SRIJANI SEN GUPTA II	99.75
YASHRAJ SHARMA	III	99.44		SIDDH JAIN III	98.44
PS A-3				PS A-6	OA
AVIYUKT SINGH	I	100.00		SUDHISHA GUPTA I	99.75
AGRIM CHANDHOK	I	100.00		VIDHI AGGARWAL II	99.63
HARSHIL BUCCHA	II	99.63	9	HARSHITA MOHTA III	99.19
AAYUSH KIRAD	III	98.88		III III III III III III III III III II	55.15

## MERITORIOUS STUDENTS PRE PRIMARY (2018-19)



**DESHNA JAIN** (I) 99.38



**MOHIT** (II) 99.31



**AKANSHI** (III) 99.19



YASHODHARA TYAGI (I) 100.00



DARSH GUPTA (II) 99.88





ARNAV SINGH (III) 99.75





NIHARIKA ANAND RAVYA (l) 99.75 MADAAN





VIMOH (II) 99.50



MANVI SAXENA (III) 99.38



NISHTHA KHANNA (I) 99.88



SIDDIQUI (II) 99.63



SATVIK **AGGARWAL** (II) 99.63



ANAYA THAREJA (III) 99.50



PP A-5

VAIDIK GAUR (I) 100.00



KATYAYANI (II) 99.44



HARDIK BISHT (III) 99.31



(I) 99.75

**JIGYASA** (I) 100.00



AGMYA (II) 99.63



**NETRA GUPTA** (III) 99.50

## MERITORIOUS STUDENTS CLASS - 1 (2018-19)

CLASS - 1B

CLASS-IA



RAGHAV TYAGI (I) 99.25



PRABHLEEN KAUR (II) 98.94



ALAINA KHATANA (III) 98.69





VAISHNAVI GAUTAM (I) 99.13 SAMAYRA SRIVASTAVA (II) 97.94



RISHIT KHANDELWAL (III) 97.75



TANISHA KATOCH (I) 98.44



SIDDHI (II) 96.88





ARADHYA GUPTA (I) 98.78



ISHAAN SINGHAL (II) 98.34



ARADHYA GAUR (III) 98.22

CLASS-1E



ARADHITA NAUTIYAL (I) 99.00



GAURAV SHARMA (II) 98.94



VANI GUPTA (II) 98.94



ANNHAD TANEJA (III) 98.60

CLASS-IF



ANSH SINGH (I) 98.81



TEJAS GUIN (II) 97.50



PARIDHI BHALLA (III) 97.00

## MERITORIOUS STUDENTS CLASS - 1 (2018-19)

CLASS-IIA



PAKHI GUPTA (I) 98.75



SANVI PRADHAN (II) 98.31



SAURAV (III) 97.44



CLASS-IID

CLASS - IIF



APARNA (I) 98.81



SHEFALI ARORA (II) 98.62



SAACHI ARORA (III) 97.25



**SAAVI GUPTA (I) 98.63** 



RIDDHI GARG (II) 98.25



KAARNIK JAIN (III) 97.94



NISHTHA (I) 99.06



VARTIKA (II) 98.94



DIVYANSH VAIDIK (III) 98.38



TOSHANI (I) 97.62



PALAAKSHI (II) 96.75



AYANSH (III) 95.94



AVIKA BANERJEE (I) 98.56



AASTHA SINGH (II) 97.75



VANSH MISHRA (III) 97 06

## MERITORIOUS STUDENTS CLASS - III (2018-19)





ALABHYA SINGH RANA (II) 97.75



VANSH JAIN (III) 97.50







VEDICA GUPTA (I) 98.95 YASHVARDHAN TYAGI (II) 98.80 SHRISHTI THUKRAL (III) 98.30 SHUBH SHARMA (III) 98.30

CLASS-III C



NISHIT MANAKTALA (I) 97.00



AKSHAY PUNDIR (II) 95.50



SHAURYA CHAUHAN (III) 94.70



LAKSHYA JAJU (I) 98.50



IMMANUEL VILAKSHAN (II) 98.30



SWASTIK SHARMA (III) 97.80

CLASS-III E



ANSH SHARMA (I) 99.35



LAKSHAY SHARMA (II) 98.80



DRISHTI GUPTA (III) 98.05



CLASS - III F

HARSH RAMESH (I) 97.95



NAINA AGARWAL (II) 97.65



AADHYA PANDEY (III) 97.60

## MERITORIOUS STUDENTS CLASS - IV (2018-19)

CLASS- IV A



SHOURYAA JAIN (I) 99.10



DIYA MAJUMDAR (II) 97.40



AARAV SHARMA (III) 96.35



PLAKSHA JAIN (III) 96.35

CLASS - IV B





YASHIKA DHAMA (1) 99.05 TANVI SHARMA (11) 98.40



SHAMBHAVI ROHATGI (III) 98.25



CLASS - IV C

CLASS - IV E

DHAIRYA RAJAN (I) 96.05



RUDRA MITTAL (II) 96.00



ARMIN VATS (III) 95.05

CLASS- IV D



MRIGANKA SINGH (I) 97.85 NAISHA MEHTA (II) 95.20





MANI SHARMA (III) 95.15



SUHANI JAIN (I) 97.60



SURVA DESHWAL (II) 97 05



PAVNI (III) 96 10

CLASS- IV F



SHAMBHAVEE JAYASWAAL (I) 99.70



CHAKRIKA (II) 98.50



CHETNA KATYAL (III) 96.05

## MERITORIOUS STUDENTS CLASS - V (2018-19)

CLASS - V B





PRAKHAR KUSHWAHA (I) 98.50 PRITHVI SINGH (II) 97.88 NISHCHAYA GUPTA (III) 96.50







KAUSTUBH TIWARI (I) 96.54



AVIKA AGGARWAL (II) 96.17



KABIR KHURANA (III) 95.75

CLASS- V C

ANANYA (I) 98.83

CLASS- V D



VANSH MALIK (II) 94.46



SIDDHARTH (II) 94.46



KANISHKA (III) 94.29

CLASS - V F



JATIN KUMAR (I) 99.17 SOMYA RUSTAGI (II) 99.00



CHIRAG MANCHANDA (III) 98.79



JYOTI GAUMAT (I) 97.08



ARSH KAUSHIK (II) 96.17



ISHITA PANDEY (III) 96.00



BHUMIKA (I) 96.25



ROHAN KUMAR (II) 96.13



GOURI GOLCHHA (III) 95.79

## MERITORIOUS STUDENTS CLASS - VI (2018-19)

CLASS - VID

CLASS- VI A



**RIJUL RAWAT** (1) 95.83 CLASS- VI C

ARYAN MITTAL (11) 91.67



MANAS KUMAR VERMA (11) 91.67



M RUDRAKSHI (111) 90.67



HUNNY SABHARWAL (1) 94.67



PRASHAM ONDEWAR (11) 90.50



AKSHIT MAHAJAN (III) 89.83



SOUMYA JINDAL (I) 88.50



DEEPAK YADAV (II) 85.33



PAVITRA (III) 84.17



ABHIPSHA CHAUDHARY (I) 97.33





MAANYA RUSTAGI (I) 97.33 AKANSHA SEHGAL (II) 96.50



NAVYA SONI (III) 95.17

**CLASS-VIE** 



AYUSHI SINGH (I) 96.83 **CLASS-VIF** 



LAKSHAY JAIN (II) 96.00



PREM CHANDRA JHA (III) 90.33



VANSHIKA MAHESHWARI (I) 90.50



VANSHIKA SHARMA (II) 89.67





TANVIRAI (II) 89.67 YUKTA PANJWANI (III) 87.50



SHASHANK KUMAR (I) 91.00



PRASOON PRATAP (II) 86.50





JAYANT CHOUDHARY (III) 74.83

## MERITORIOUS STUDENTS CLASS - VII (2018-19)



VINCI KUSHWAHA(I) 98.33 CLASS-VILC



NUPUR IAIN (II) 97.50



MEGHAL AGARWAL (III) 93.83





PRINCE BADWAL (III) 92.33



RISHAB JAIN (I) 94.50



PARI BUDHIRAJA (II) 92.50

TEEKSHA AVASTHI (II) 93.50



SAMARTH DAGAR (III) 91.00



DISHA SHUKLA (I) 91.00

SOMNATH GUPTA (I) 92.00

CLASS - VILD

PAKHI SHARMA (I) 90.17



DAKSH BANSAL (II) 89.29

KRRISH SHARMA (II ) 88.83



PAWAN PASWAN (III) 85.00

PRIYANSHA (III) 87.00



VANSHIKA (I) 95.00









ARYAN UPADHYAY (II) 89.50



CHANDRA DEV MISHRA (III) 88.30



SANSKRITI MALIK (I) 95.10



ANUSHKA (II) 76.33



DEVANSHI MANTRI (III) 74.67

## MERITORIOUS STUDENTS CLASS - VIII (2018-19)

CLASS - VIII A

CLASS - VIII B



KARTIK KALRA (I) 92.17



RIDHI GOLCHHA (II) 90.17



SUDHANSHU MITTAL (II) 90.17



ABHAY JAIN (III ) 90.00 CLASS - VIII C



**DIYA MEHTA (I) 90.83** CLASS - VIII D



ARPIT GUPTA (II) 83.83





AYUSH KR JHA (III) 79.67



S. KENISHA (I) 98.50



MANTASHA SHAFIQUE (II) 93.50



SHELLY RAGHAV (III) 89.50



**SWECHA SANJAY** (1) 97.33 CLASS - VIII F



VRIDHI GUPTA (11) 92.60



NETRESH SINGH (III) 92.50



CLASS - VIII E

SHREYA PANDEY (1) 79.50



ADITI SHARMA (11) 75.33



AAYUSH KUMAR (II) 75.33



ANANYA DEVKIRAN (III) 72.50



**VALINI DEO (I) 92.50** CLASS - VIII G



SHIKHAR (I) 98.50



KUSHAGRA SONI (II) 90.00



RUDRA SAXENA (I) 98.50



AGRIM GUPTA (III) 88.17

RISHITA SINGH (II) 89.00



PRASHANT DUBEY (III) 87.83

## **OVERALL POSITION HOLDERS (2018-19)**

III E	ANSH SHARMA	99.35	VII A	VINCI KUSHWAHA	98.33	I	
IV F	SHAMBHAVEE JAYASWAAL	99.70	VII A	NUPUR JAIN	97.50	II	
V D	JATIN KUMAR	99.17	VII G	SANSKRITI MALIK	95.10	Ш	
VID	ABHIPSHA CHAUDHARY	97.33	VIII C	S. KENISHA	98.50	I	
VID	MAANYA RUSTAGI	97.33	VIII G	SHIKHAR	98.50	I	9
VIE	AYUSHI SINGH	96.83	VIII G	RUDRA SAXENA	98.50	I	
VID	AKANSHA SEHGAL	96.50 III	VIII D	SWECHA SANJAY	97.33	II	



IX E KUNWAR PAL 96.40 (I)



IX B KARTIKEYA VATS 94.40 (II)



IX A ANANYA GUPTA 94.40 (II)



IX C MANAS SRIVASTAVA 93.80 (III)

#### **SCIENCE STREAM (CLASS - XI)**



KOUSTUBH AGARWAL 94.40% (I)



BHARTI MITTAL 93.60% (II)



STUTI GARG

#### **HUMANITIES STREAM (CLASS - XI)**



DONIKA GADIYA 90.20% (I)



SALONI BANSAL 86% (II)



VANSHIKA GUPTA 84.60% (III)



SAURABH KUMAR BOTHRA 82.80% (I)



**COMMERCE STREAM (CLASS - XI)** 

KANCHAN AGGARWAL 78.60%



SHRUTI JAIN 77.20% (III)



## **GALAXIAN STARS**



#### Toppers in class XII (CBSE) 2018-19



VANDIT JAIN Science - 93.2%



SWAPNIL SHUKLA COMMERCE - 93.2%



SHATTIKA HALDAR Humanities - 93.2%

#### Toppers in class X (CBSE) 2018-19



KASHISH GUPTA Rank -I (97.2%)



JANVI SHARMA Rank - II (96.6%)



PRIYANSHI CHOUDHARY Rank - III (96.4%)

#### Above 90% Scores in Class XII (CBSE) 2018 - 19



SWAPNIL SHUKLA COMMERCE - 93.2%



VANDIT JAIN SCIENCE - 93.2%



SHATTIKA HALDAR HUMANITIES - 93.2%



OM GUPTA SCIENCE - 92.2%



AYUSH SINGH SCIENCE - 92.2%



GEETANJALI COMMERCE - 92.2%



SHIVANI HUMANITIES - 92%



MANAS AHUJA COMMERCE - 91.8%



JIVIKA SHARMA HUMANITIES - 91.4%



SHIVENDRA PANDEY SCIENCE - 91.2%



LALIT KUMAR JENA SCIENCE - 91%



MONIKA DEVI YADAV COMMERCE - 90.8%



UTSAV JAIN HUMANITIES - 90.6%



TANU AGGARWAL SCIENCE - 90.4%



SONAL SCIENCE - 90.2%



AYUSH SHIVAM SCIENCE - 90%

#### Subject Wise Toppers in Class X (CBSE) 2018-19



RANK-I ENGLISH - 98, MATHS - 100



PRIYANSHI CHOUDHARY SCIENCE - 97, MATHS - 100



JANVI SHARMA SOCIAL SCIENCE - 100



ANKITA DUTTA ENGLISH - 98



KARTIK TIWARI SCIENCE - 97



JIYA YADAV HINDI - 99



ADITI BAJPAI HINDI - 99



KHYATI BINDAL HINDI - 99



Accolades Stained by

Suvachimites

#### **ZONAL COMPETITIONS (2019-20)**

#### **ZONAL RESULT - LITERARY COMPETITIONS**

S.No.	COMPETITION	STUDENT'S NAME	CLASS SECTION	POSITION
1	HINDI (DEBATE) (SR)	ANANYA, ASTHA	X - A	I
2	EXTEMPORE (ENGLISH) (JR)	KRRISH SHARMA	VIII - D	I
3	DEBATE (HINDI) (JR)	VANSHIKA JAIN, DISHI GAUR	VIII - A	II
4	RECITATION (ENGLISH) (SR)	SHOBHIT MATTOO	X - A	II
5	POEM RECITATION (ENGLISH) (JR)	SHAMBHAVEE JAYASWAL	V - C	II
6	ESSAY WRITING (ENGLISH) (SR)	JANVI SHARMA	XI - C	II
7	RECITATION (SANSKRIT) (JR)	JYOTIRADITYA K. GURRAM	VIII- A	III
8	RECITATION (SANSKRIT) (JR)	RITIKA TOMAR	VIII - F	III



#### **ZONAL RESULT - ART COMPETITIONS**

S.No.	COMPETITION	STUDENT'S NAME	CLASS SECTION PC	SITION
1	ON THE SPOT PAINTING (SR.)	SHRUTI SIDDHARTH PANDEY	XI - B	Ţ III
2	COLLAGE MAKING (JR)	AYUSH SETH	VIII - D	III

#### **ZONAL RESULT - SPORTS ACTIVITIES**

S.NO.	EVENT	CATEGORY	POSITION
1	BADMINTON	JR. GIRLS	III
2	BADMINTON	SUB JR. GIRLS	I
3	BADMINTON	SR. BOYS	II
4	BADMINTON	JR. BOYS	III
5	BADMINTON	SUB JR. BOYS	I
6	TABLE TENNIS	SR. GIRLS	I
7	NET BALL	SUB JR. BOYS	III
8	HAND BALL	SUB JR. BOYS	II
9	BALL BADMINTON	SR. BOYS	II
10	BALL BADMINTON	SR. BOYS	III
11	VOLLEY BALL	SR. BOYS	III
12	MARCHING	GIRLS	II
13	BAND	BOYS	II

#### **ZONAL RESULT - ATHLETICS COMPETITIONS**

S.No.	NAME OF STUDENTS	CLASS/SEC	EVENT	POSITION
1	SHRADDHA	VI - A	600 MTR.	II
2	AKSHTRA	IX - F	400 MTR.	II
3	KASHISH	IX - E	1500 MTR.	III
4	PAYAL	XII - F	200 MTR.	I
5	PAYAL	XII - F	100 MTR.	II
6	HARSH TYAGI	XII - C	SHOT PUT	III

#### **ZONAL RESULT - MUSIC & CULTURAL ACTIVITIES**

S.NO.	COMPETITION	CATEGORY	POSITION
1.	Patriotic Song	Sr. Boys Group	I
2.	Patriotic Song	Primary Boys Group	II
3.	Qawwali	Sr. Boys Group	II
4.	Solo Light Vocal	Sr. Boys	I
5.	Solo Semi classical vocal	Sr. Boys	III
6.	Solo Classical Vocal	Jr. Boys	II
7.	Orchestra	Group	II
8.	Solo Instrument (Taal)	Sr. Boys	II
9.	Solo Instrument (Taal)	Jr. Boys	II
10.	Solo Instrument (Swar)	Jr. Boys	III
11.	Mono Act	Jr. Boys	III

#### **ZONAL RESULT - KALA UTSAV COMPETITION**

S.No.	COMPETITION	STUDENT'S NAME	CLASS SECTION	POSITION
1	SOLO DANCE (CLASSICAL)	VAIBHAV PRATAP SINGH (SR)	XI - A	II

## RESULT OF SCIENCE ACTIVITIES AND EXHIBITION (2019-20)

S. NO.	ACTIVITIES	NAME OF THE STUDENT	CLASS/SEC	RESULT
1	ZONAL LEVEL CHILDREN SCIENCE CONGRESS (SENIOR)	KUNWAR PAL HEM CHANDRA JHA	X - E X - F	FIRST POSITION
2	ZONAL LEVEL	GAURIKA RANA	XI - A	SELECTED FOR
	SCIENCE EXHIBITION	RIYA PAL	XI - A	CENTRE LEVEL
3	ZONAL LEVEL	HARSH VASISHT	XII - A	SELECTED FOR
	SCIENCE EXHIBITION	TUSHAR GUPTA	XII - A	CENTRE LEVEL
4	ZONAL LEVEL	RAJNANDINI	IX - C	SELECTED FOR
	SCIENCE EXHIBITION	MANTASHA SHAFIQUE	IX - C	CENTRE LEVEL
5	CBSE REGIONAL SCIENCE EXHIBITION	RAJNANDINI MANTASHA SHAFIQUE	IX - C IX - C	SELECTED FOR CBSE NATIONAL SCIENCE EXHIBITION

#### **DISTRICT LEVEL COMPETITIONS (2019-20)**

#### LITERARY COMPETITIONS

S.No.	COMPETITION	STUDENT'S NAME	CLASS SECTION	POSITION
1	ESSAY WRITING (ENGLISH) (SR)	JANVI SHARMA	XI - C	I
2	EXTEMPORE (ENGLISH) (JR)	KRRISH SHARMA	VIII - D	III

#### **MUSIC COMPETITIONS**

	S.No.	COMPETITION	STUDENT'S NAME	CLASS SECTION	POSITION
2	1	MUSIC PERCUSSION (SR)	JASMEHAR SINGH	X - A	I
	2	QAWWALI	GROUP (SR)		II
	3	PATRIOTIC SONG	GROUP (SR)		II
	4	MUSIC PERCUSSION (JR)	DEVANSH BHAT	VIII	III
	5	ORCHESTRA	GROUP		III
	6	SOLO SINGING	SENIOR BOYS		II

## PARTICIPATION AT NATIONAL LEVEL (2019-20)

S. NO.	NAME OF STUDENT	CLASS /SEC	DETAIL	CATEGORY	PARTICIPATION/ POSITION
1.	ABHISHEK KARGETI	XII - C	65th National School Games 2019 - 20 Karate	Under 19 Boys	II POSITION
2.	SARANSH GUPTA	V - D	CBSE Roller Skating Competition 2019	Under 10 Boys	Participated in 500 m & 1000 m quads
3.	VANSH JULKA	IX - D	National School Games 2019 - 20 Kurash	Under 17 Boys	Participation

#### **CBSE SPORTS COMPETITIONS**

S.No.	EVENT	CATEGORY	NAME & CLASS	POSITION
1	TAEKWONDO	UNDER 14 GIRLS	PARUL RAWAT - IX	I
2	SKATING	UNDER 10 BOYS	SARANSH GUPTA - V	II (500 M) III (1000 m)

#### PARTICIPATION OF STUDENTS IN OUTSIDE ACTIVITIES

ORGANISED BY	ACTIVITIES	DETAILS	CATEGORY	POSITION
DEEP JYOTI (INTER SCHOOL COMPETITION)	SCIENCE FICTION	ARNAV KAPOOR SUDHISHA GUPTA	PRE PRIMARY	II
DEEP MEMORIAL SCHOOL	WORDOLOGY	SANCHI (III B) KARNIKA JAIN (III C)	PRIMARY	I
7 <sup>th</sup> ASN YAMUNA	SWARANJALI (BHAJAN GAYAN)	GROUP	JUNIOR	I
WEALTH INTERSCHOOL CULTURAL & LITERARY FEST	STORY WRITING (WEAVE FOR A BETTER WORLD)	SHAMBHAVEE JAYASWAL (V C) PIYUSH CHAURASIA (V D)	PRIMARY	II
AWARD CEREMONY BY LIC	AWARD TO MERITORIUS STUDENTS	RUDRA SAXENA (VIII G ) 98.5% SHIKHAR (VIII G ) 98.5% KASHISH GUPTA (X) 97.2%	JUNIOR, JUNIOR & SENIOR	II
NATIONAL GROUP SONG COMPETITION BY BHARAT VIKAS PARISHAD	GROUP SONG	GROUP	JUNIOR	II

## PARTICIPATION OF STUDENTS IN ACTIVITIES ORGANISED BY DELHI SANSKRIT ACADEMY

COMPETITION NAME	DETAILS	PRIZE
SANSKRIT SHLOKA SANGEET GROUP 1 JUNIOR	DISHA VERMA, KANISHKA GOYAL, TVESHA, SHITIKA ATTRI, SONI, MOLI GOSWAMI	EACH STUDENT AWARDED WITH ₹ 50
SANSKRIT SHLOKA UCHHARAN GROUP 2 SENIOR	R. SURYA, ASHISH THAKUR, LALIT GOSWAMI, ADARSH K MISHRA, KAUSHAL K PATHAK	EACH STUDENT AWARDED WITH ₹ 50
SANSKRIT QAWWALI JUNIOR & SENIOR	ADISHA VERMA, KAVYA SINGH, SAUMYA PRACHI, VARNIKA, PRIYA	EACH STUDENT AWARDED WITH ₹ 400
SANSKRIT VAAD-VIVAD SENIOR	RUDRA SAXENA, SHIKHAR	EACH STUDENT AWARDED WITH ₹ 100
SANSKRIT BHASAN SENIOR	AAKRITI KASHYAP	AWARDED WITH ₹ 100
SANSKRIT EKAL GYAN SENIOR	SOHNI	AWARDED WITH ₹ 100

#### **ACTIVITIES CELEBRATED BY NCC CADETS '2019-20'**

MARCH 2019	WORLD WATER DAY	SPEECH BY NCC CADET IN ASSEMBLY
JUNE 2019	INTERNATIONAL DAY OF YOGA	APPROX 70 CADETS ALONG WITH 700 OUTSIDE PARTICIPATED IN YOGA DAY
JULY 2019	SWACHHTA RALLY	OUTSIDE SCHOOL WITH NCC CADETS
JANUARY 2020	WORLD CLASS SKILL DEVELOPMENT DAY	CADETS VISITED ITI VIVEK VIHAR APPROX 38 CADETS VISITED OUTSIDE
JANUARY 2020	PULSE POLIO RALLY	APPROX 40 NCC CADETS PARTICIPATED IN RALLY OUTSIDE THE SCHOOL
FEBRUARY 2020	ALL INDIA ANNUAL NCC FEST BY KIRORI MAL COLLEGE	CADET ISHITA KASHYAP OF IX B PARTICIPATED IN BEST CADET COMPETITION

### FACILITATING THE FACILITATORS

S.No.	Date	Name of the Event	Teacher Coordinator	
1.	09-04-2019	EARTHQUAKE DRILL	Ms. Diksha & Ms. Geeta	
2.	29-04-2019	PARENTS ORIENTATION DAY	Ms. Anuja Malhotra	
3.	16-07-2019	FIRE SAFETY DRILL	Ms. Diksha	
4.	13-08-2019	DISASTER MANAGEMENT	Mr. Vinod Kumar Sharma Ms. Supriya & Ms. Sapna	
5.	02-09-2019 16-09-2019	KNOWLEDGE SHARING SESSION	Conducted by the Teachers After Attending the Workshops	
6.	07-09-2019	POCSO WORKSHOP	Ms. Nikita & Ms. Priyanka	
7.	21-09-2019	VISIT TO ISCKON	All the School Teachers	
8.	24-09-2019 28-09-2019	SCHOOL BOOK FAIR	Mr. Vinod Kumar Sharma	
9.	04-11-2019 05-11-2019	KNOWLEDGE SHARING SESSION	Conducted by the Teachers After Attending the Workshops	
10.	18-12-2019 19-12-2019	KNOWLEDGE SHARING SESSION	Conducted by the Teachers After Attending the Workshops	
11.	19-12-2019	EARTHQUAKE DRILL	Ms. Diksha & Ms. Geeta	
12.	19-12-2019	DISASTER MANAGEMENT	Mr. Vinod Kumar Sharma Ms. Supriya & Ms. Sapna	
13.	28-12-2019	TRIP TO LOHAGARH (CLASS III-X)	Classes III-IX Teachers & the Sports Teachers	
ONLINE WORKSHOPS				
16.	May 2019	PREVENTION OF CHILD SEXUAL ABUSE	All the Teachers	
17.	May 2019	CLASS X ENGLISH TERM I PROSE	Class X English Teachers	
18.	July 2019	ENGLISH POETRY	Class X English Teachers	
19.	Sep 2019	ENGLISH TERM II	Class X English Teachers	
20.	Nov 2019	MATHS CIRCLE	Maths Teachers	

In, Condiality Lommunity

Ommunity













"Water, Water every where Not a single drop to drink"



# JAL SHAKTI ABHIYAAN

It is belived that there will be acute water shortage in the next few years and just by creating awareness about the right usage of tap, are we doing enough? Creating awareness amongst students right in the formative years might make the difference. With this ideology, Arwachin has conducted various programmes like Poster Making Competition, Assembly talks, Rally, Skits, clay modelling, pledge to save holy rivers. Our students were also a part of Yamuna Action Plan.

# FITINDIA PLOGGING RUN

"Every human being is the author of his own health or disease"





In keeping with the current push for environmentalism, the school had organized a plogging-run in Vivek Vihar covering a distance of 2.5 kms around school vicinity. On the occasion of  $150^{th}$  birth anniversary of Mahatma Gandhi, students, teachers, incharges and the Principal participated. The main aim of this plogging run is to promote the habit of fitness and cleanliness in all the citizens. Everyone picked up plastic littered around school premises creating awareness in young citizens and community against plastic menace by collecting tons of plastic and sending it for recycling.







# WORLD HERITAGE DAY

### "Celebrate your culture, preserve your cultural diversity"

A rich culture heritage depends on the ability of people to maintain their distinctiveness and unique identities. World Heritage Day aims to identify the beauty of monuments and preserves their identity from the roots.





# International









"Yoga is not a religion. It is a Science of well-being, science of youthfulness, science of integrity, mind, body and soul",

On the beckoning call of Our Honorable Prime minister Mr. Narendra Modi, our school has been following the custom for the last five years . This year too was no exception as a significant number of cadets performed yoga asanas in the school premises. It was assisted that study of aasans is not just about maintaining postures but using those postures to understand & transform yourself . Yoga is a process to create a body and mind that are stepping stones, not hurdles to exuberant and fulfilling life. The event was a success as the cadets developed a holistic approach to health and well-being.









# Skill Development



# World Class Skill Development Centre



RIS EMPOWERMENT "She wasn't looking for a knight, She was looking for a sword " Sowing seeds on time results in reaping the best दिल्ली के सभी स्कूलों में कहा 6 से 12 वी तक के विद्यार्थियों के साथ मुख्यमंत्री, अर्रविंद केजरीवाल का संवाद व शपय ग्रहण कार्यक्रम harvest. It's not just only about girls to be groomed but the boys too should be brought up with care and responsibility. In this process we have organized various activities which sensitize our students to build up a society which is free from the shackles of male chauvinism.



# CELEBRATION OF NATIONAL ROUGATION DAY



"Education imparted by heart can bring revolution in the society."













# **SWACHHATA CLUB**

Following the vision of Mahatma Gandhi and today's torchbearer, Mr. Narendra Modi; the young and enthusiastic students of Arwachin organized and actively participated in Clean India Drive under the head Swachh Bharat Mission. The students from all the wings – Primary, Middle, Secondary and Sr. Secondary under the able guidance of the Principal, Dr. Urmila Sharma, organized A Cleanliness Drive, Rally, Assembly Talks.

Classroom Cleanliness Drive, Handwash and Personal Hygiene Day, Essay Writing and Debate under Swachhata Awareness Campaign. Students, teachers and HOS cleaned nearby market. In the same league, Swachhta School Exhibition showcased painting, slogans and artefacts made by students using re-cycled raw materials.

The active participation of the socially responsible students once forces the head to bow in obedience for its goal to serve the country in every possible way. The school is working on the principle to turn every child the light of the world hence enlightening not only the motherland, but the entire universe.





# RUN FOR UNITY













# Cultural Coset







One of the most anxiously awaited occasion in our school is Cerebrum, the cultural extravaganza. Graduation ceremony of PP was celebrated which started with the lighting of the lamp by our Principal Ma'am and other dignitaries. Students were congratulated for their next step in class I. Students performed on different social issues like Save water, 'Beti Bachao, Beti Padhao', Child labour, etc. The dance performances related to three different countries were the main attraction of the day. Culture was well shown which encouraged the International brotherhood. The hard work of teachers and students came out very elegantly.





Every event in the school gave the opportunity to the students to show their talent. The tiny tots performed beautifully on the stage. The little artist of preschool showcased ramp walk on various cultures. The highlights were fusion dance on Swachta, Yoga performances and bollywood mashup dance which mesmerized the audience.





























To honor the mothers, our school celebrated 'Mother's Day' in which the students showed their love, care and respect for their mothers by performing dance. In the class, students made beautiful bookmarks and wrote messages for their mothers on them. Mothers hold special place in the hearts of children. Their relationship is sacred and so let us honour our mothers.







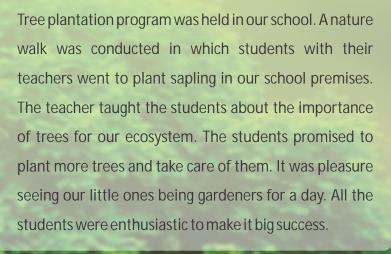




# van mandlav















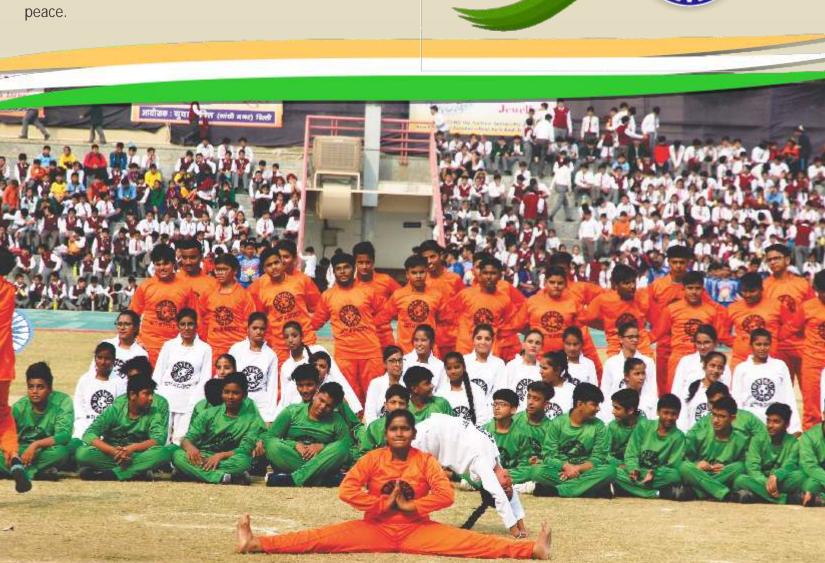






It is the proud moment for everyone as we approach the 73rd Independance Day on August 15, 2019. This annual observance has a great significance and this special day is celebrated for commemorating our brave leaders and fighters of history who won freedom that we are enjoying today. The entire school assembled at the ground. The national anthem echoed in the entire campus. A ballet on "Pulwama attack" was performed by students. Tiny tots carried a ramp walk on freedom fighters. Indeed, it was a day of joy and make our country a better place to live and experience the freedom and peace.







# **DUSSEHRA CELEBRATION**

The students learnt about Indian mythology and importance of festival. The festive events organized at the school campus included narration of mythological tales to the children, enactment and depiction of Ramayana by students was thrilling. They learnt the symbolic burning of effigy of Ravana showing the triumph of good over evil.





# Our School celebrated clean and green

# celebration

"Jab charo taraf andhiyara ho, asha ka door kinara ho, Tab tu hi beda paar kare, Jai Jai Shri Krishna hare."

To maintain this strong belief the festival of Janmashtmi was celebrated with great pomp and show. The students dressed up as Lord Krishna, Radha and Gopis to create a scene of Vrindavan. The premise was decorated beautifully and the spirit of festivity was enhanced with Rasleela.

Diwali with festive gusto. Teachers explained the story behind the spirituality of the festival. Students emphasized on the urge to act responsibly and show sensitivity towards their environment and safety of animals. A party was organized in which they shared sweets, food and gifts. The teachers shared the information in the classroom and urged them not to burn crackers. Certainly it was the unique way we had ever celebrated.



DIWALI CELEBRATION







# Shwachin

Times



# Disaster Management

"A stitch in time saves nine"

We at Arwachin, equip our staff and students to face any emergency or unforeseen event through Fire safety drill, Earthquake Mock drill, Evacuation drill etc. Parents too are sensitized through guidance and counselling sessions for awareness. A lecture was delivered by Mr. Gyanchand (SDM) for the awareness of students and staff on Earthquake and Fire safety. There is also a provision of feedback to reinforce the learning. Suggestions and complaints are easily registered. Safety guidelines are provided to all through various pledges.





# Explore! Apprenez! Ganger!

# Young Mozart at Arwachin

Niyati Chetransh, student of 3<sup>rd</sup> F is a trained planist by interest. She started playing the instrument as she turned 4. Her interest was so innate that she started pursuing her Graded exams in piano from Trinity College London in 5 years of age and by now has already cleared 2 levels. She has showcased her musical skills on national and international levels. On the national level she was selected to play at a function organized by Shri RK Sinha, Member of (Niyati Chetransh) - III F



Rajya Sabha for which she bagged lot of appreciation and an award. On state level she has played for events organized by Navratan Foundation (An NGO involved in empowering women). Otherwise also she is being invited to various events to showcase her piano skills.

Internationally she has been featured on MSN.com twice within a period of four months for showcasing her skills in playing piano blindfolded, lying down and backwards, for which she has achieved appreciation from across 40 countries.

She is searchable on Google.com through her name and also owns a Youtube channel in her name through which she keeps on showcasing her newly learnt skills on a regular basis. She in not just good in piano but equally pays attention towards her studies and has constantly been achieving above 90% marks in academics.

https://www.msn.com/en-us/video/lifestyle/seven-yearold-plays-plano-lying-down-and-backwards/vp-BBZpu https://www.msn.com/en-us/video/life-style/talented-girl-plays-piano-blindfolded/vp-AAJhw1x

In today's era, multillngualism has become more that just "important". Knowing a foreign language other than your native language has evolved to be extremely beneficial from both financial & social aspects. It will open up new avenues before you. The more languages you know, the better you can express yourself. Our school has been actively participating in promoting the interest of the students towards encouraging and developing the children.

Various activities conducted for the session:

- 1. Poster Making Activity: During the English-French week students were asked to prepare posters on importance of learning French.
- Fancy Dress Competition: The students were asked to dress up like some well "connu" (Known) 2. personalities of France and to describe about their achievements.
- 3. Speech by Students: Speech in French was given by students of different classes on various occasions like: Bastille day, Republic day, Independence day etc.
- 4. Classroom Activities: Students were given reading time to read various comics, story books in French, students made different games and rhymes on counting and verbs and presented in the class.
- 5. French Olympiad: Every year "Parytna Educational Society" organizes a great platform for students for enhancing their knowledge about the culture and civilization of France. This year out of 36 students 35 students have qualified for National Level with distinction.

# STATUE OF UNITY

The Statue of Unity is a colossal statue of Indian Statesman and Independence activist Sardar Vallabhbhai Patel (1875–1950), who was the first Home minister of Independent India and the chief adherent of Mahatma Gandhi during the non-violent Indian Independence movement. He was highly respected for his leadership in uniting the 562 princely states of India to form the single Union of India. The statue is located in the state of Gujarat, India. It is the world's tallest statue with a height of 182 metres. It is located on a river island facing the Sardar Sarovar Dam on river Narmada in Kevadiya colony, 100 kilometres (62 mi) southeast of the city of Vadodara [2] and 150 km from Surat.

The project was first announced in 2010 and the construction of the statue started in October 2013 by Larsen & Toubro, who received the contract for 2989 crier (US \$ 420 Million) From government of Gujrat. It was designed by Indian sculptor Ram V. Sutar, and was inaugurated by Indian Prime Minister Narendra Modi on 31 October 2018, the 143rd anniversary of Patel's birth.

Narendra Modi first announced the project to commemorate Vallabhbhai Patel on 7 October 2013 at a press conference to mark the beginning of his 10th year as The Chief Minister of Gujarat. At the time, the project was dubbed, "Gujarat's tribute to the nation".

A separate Society named Sardar Vallabhbhai Patel Rashtriya Ekta Trust (SVPRET) has been formed under the Chairmanship of Chief Minister, Government of Gujarat. To ensure seamless execution of the entire project, a marathon entitled *Run For Unity* was held on 15 December 2013 in Surat and in Vadodara in support of the project.



Sudhanshu Mittal

### "WILL I AGE WITH DIGNITY?"

I had once read a poem written by Dave Griffith, titled, "Cranky old Man". It unfolds the thought of an old man completely at the mercy of his nurse asking her what she thinks of him. He recalls the years gone by, when he had been a child, a teenager, a youth, a middle aged person ultimately reaching to his final stage of senility. He recollects the fervor and zeal he once had, which are now a thing of the past. In the end he beautifully concludes:

"not a cranky old man,

Look closer.....see me!'

This is we all generally fail to see, the real person residing in that dilapidated body, the eyes that once heralded with esteem are now clouded with tears of uncertainty.

This all leads me to contemplate and arrive at the question of how death is going to embrace us? Is it going to be respectable, merciful or anonymous? It is quite worrisome to know that this wretched state is a universal truth for millions of ageing souls and might tense us in our future, the fact that ill treatment of elders has become an ordinary headline of many newspapers, makes it more daunting.

It is very appalling for me to even think of how materialism has taken over empathy and compassion completely. Why is it that the hands that rocked the cradle are spread out for alms? why do the hands that made us venture to take our first step are abandoned in solitude?

Why do the young minds have to think and run so fast that they cannot even afford to burden themselves with these hands that shake with Parkinson's or the minds now plagued with Alzheimer's.

Is it true that blood is thicker than water? If it is, then why everyone of my grandparents or my parents' age, for that matter, all filled with the fear that their securities might go in vain one day, a fear they hesitate of even talking about.

Millions of people die everyday yet more people yearn to become immortal in some way, young people shouldn't forget that they too have to suffer the pangs of old age while mistreating their elders. They too are going to be in the same position that they let their parents, grandparents in.

Well we hardly have any control over people. Some may say they would always abstain from leaving their elders at the time of trouble, but at the same time may torment them with a breach of trust in the most petty things and it scares me enough that I might be one of them. I am incognizant about others but it will be a living nightmare for me if any doubts will arise in the minds of my loved ones or acquaintances, whether they will age with dignity?

Janvi Sharma XI-C

### VIKRAM SARABHAI: HONOURED BY GOOGLE DOODLE, - 12<sup>TH</sup> AUG, 2019

Google has paid its tribute to the founder of ISRO Vikram Sarabhai by a Google Doodle. Google is celebrating the 100<sup>th</sup> birth anniversary of award-wining Indian Physict, Industrialist, and Innovator Vikram Sarabhai. Dr. Vikram Sarabhai is also known as the father of Indian Space Research which was later renamed as ISRO. Sarabhai's Google Doodle has been illustrated by Mumbai-based guest artist Pavan Rajurkar.

### About Vikram Sarabhai

- Vikram Sarabhai was born on August 12, 1919, in Ahmedabad. His family was dedicated to the Indian Independence Movement.
- Vikram Sarabhai earned his Bachelor's degree from a Gujarat College before travelling to England to earn his Doctorate at Cambridge.
- He founded Physical Research Laboratory in Ahmedabad at the age of 28.
- He was much interested in Cosmic rays, Rockets, and Satellites. Dr. Sarabhai believed in using Science and Technology as levers of development.
- Father of Indian's nuclear science program, Dr. Homi Jehangir Bhabha, supported Dr. Sarabhai to establish the first rocket launching station in India.
- As a result, the Thumba Equatorial Rocket Launching Station was established in Southern India, which had its first successful launch on November 21<sup>st</sup>, 1963.
- Vikram Sarabhai's dream of an Indian Satellite was realized when Aryabhata went into orbit in 1975.

### **Awards and Achievements**

- Dr. Vikram Sarabhai received the Shanti Swarup Bhatnagar Medal in 1962.
- Dr Vikram Sarabhai was honoured with Padma Bhushan in 1966 and Padama Vibhushan (posthumously) in 1972.
- The Satellite Instructional television Experiment (SITE) was launched during July 1975 July 1976 as a result of Dr. Sarabhai's dialogue with NASA in 1966.
- Vikram Sarabhai always wanted to spread Science education in the country and founded a Community Science Centre at Ahmedabad in 1966. This centre is known as Vikram Sarabhai Community Science Centre today.

### Some institutions established by Dr. Sarabhai

- Physical Research Laboratory (PRL), Ahmedabad
- Vikram Sarabhai Space Centre, Thiruvananthapuram
- Electronics Corporation of India Limited (ECIL), Hyderabad
- Indian Institute of Management (IIM), Ahmedabad
- Uranium Corporation of India Limited (UCIL) Jaduguda, Bihar
- Community Science Centre, Ahmedabad
- Faster Breeder Test Reactor (FBTR), Kalpakkam
- Varaiable Energe Cyclotron Project, Calcutta

# **Computer Technology in Education**

Computer Technology can be used for Visual Illustrations:

Student can learn more when teachers teach them using visual illustrations. Now when we talk of computer technology, we cover technological tools like Pcs, Smart Whiteboards, iPads, Projectors, Internet and Mobile Phones.

Both students and teachers can use these tools in education.

For example, teachers can use smart whiteboards and



projectors in visual illustration, teachers can use Pcs to assign work to students in the classroom, students can use iPads to read from anywhere or share illustration images with their peers while in the classrooms. It is well known that humans learn better when images or videos are integrated with text. A teacher can derive live stream videos from the internet and use a projector and a white board to show a live example to her students while in the classroom.

Computer Technology can be used in real time education:

Unlike in the past, where examples on specific subjects would only be derived from text books, in most cases these examples are out-aged. They might have worked during those days but they can not work today. So with such

examples students find it very hard to relate with the situation. Computer technology has changed this. With the use of broadband internet, teachers and students can get real-time example on specific subjects. This makes learning easy because students can easily interact with those live examples, which simplifies the way they learn.



Varun Kumar Singh VIII F

### 21<sup>st</sup> CENTURY TECH POWER

The dawn of the 21<sup>st</sup> century is witnessing a computer revolution in which information processing and retrieval are being done reliably at tremendous speed. Burning Technologies CEO Matt Sigelman says the most surprising finding of the research is how coding has become a necessity in positions outside the tech industry that never used to require it, including finance, manufacturing, health care and art design.

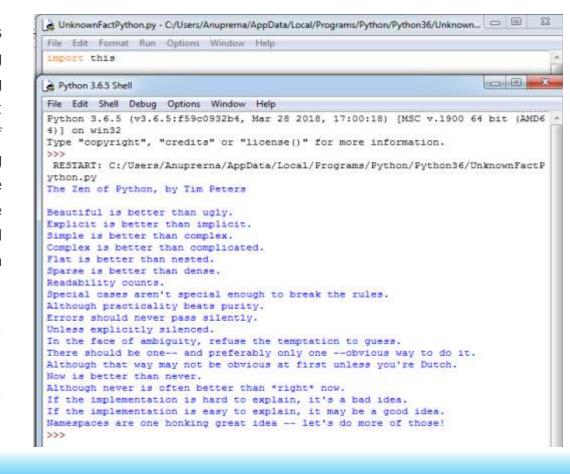


Krishna Varshney XII B

The Zen of Python is collection of "guiding principles" for writing computer programs that influence the design of Python programming language. Software engineer Tim Peters wrote this set of principles and posted it on the Python mailing list in 1999.



COMPUTER TEACHER



# **ARTICLE '370'**

Article 370 of the Indian Constitution gave special status to the region of Jammu and Kashmir allowing it to have separate constitution, a state flag and autonomy over the internal administration of the state.

The clause 7 of the Instrument of accession which was signed by Maharaja Hari Singh declared that the State could not be compelled to accept any future Constitution of India. The State was within its rights to draft its own Constitution. Article 370 was designed to protect those rights. According to the constitutional scholar A. G. Noorani, Article 370 records a 'solemn compact'.

This article along with Article 35 A, gave the following Powers to Jammu and Kashmir:

- 1. Special powers were exercised by Jammu and Kashmir,
- 2. There was a separate flag for the state,
- 3. There were no reservations for Hindus and Sikhs,
- 4. Indian citizens could not buy land or property in the state,
- 5. If a woman from J&K marries out of state, she would lose the citizenship of the state,
- 6. Children in the state were not given right to education (RTE) and K

7. The duration of Legislative Assembly was for 6 years.

On 5 August 2019, President Shri Ram Nath Kovind, issued a constitutional order revoking the 1954 order, and making all the

provisions of the Indian constitution applicable to Jammu and Kashmir. Following resolutions passed in both the houses of Parliament, he issued a further order on 6 August declaring all the clauses of Articles 370 to be inoperative.

to be inoperative

In addition, the Jammu and Kashmir Reorganization Bill was passed in both the houses of Parliament, which proposes to divide the state of Jammu and Kashmir into two union territories to be called Jammu and Kashmir and Ladakh.

Akskita Saxena

IX- A

LADAKH

# PARLIAMENT PASSES MUSLIM WOMEN (PROTECTION OF RIGHTS ON MARRIAGE) BILL, 2019....



Parliament passed the Muslim women (Protection of Rights on Marriage) Bill 2019 of Triple Talaq Bill after it was approved by Rajya Sabha. It replaces Ordinance promulgated on February 21, 2019. It aims to declare practice of instant triple talaq void and illegal by making it cognizable penal offence.

#### Salient Features of Bill

**Objective:** Protect rights of married Muslim women and ensure gender equality and gender justice to Muslim women by declaring practice of triple talaq as void and illegal i.e. not enforceable in law and prevent divorce by practice of 'talaq-e-biddat' by their husbands.

**Definition:** It defines talaq or any other similar form of talaq pronounced by Muslim man resulting in instant and irrevocable divorce. It defines Talaq-e-biddat as practice under Muslim personal laws, as pronouncement of word 'talaq' by Muslim husband thrice in one sitting to his wife, resulting in instant and irrevocable divorce.

Offence and Penalty: It makes this offence punishable with imprisonment up to 3 years and fine. It also makes all declaration of talaq, including in written or electronic form (email, text message etc) to be void and illegal.

- It proposes to make offence cognizable, if information relating to commission of an offence is given to police officer by married Muslim women upon whom talaq is pronounced. It further provides for hearing of married Muslim women upon whom talaq is pronounced, before accused is released on bail by magistrate.
- Allowance: It also provides for payment of subsistence allowance (to be determined by Magistrate) to married Muslim women against whom talaq has been declared and dependent children. The amount of allowance will be determined by Magistrate.

**Custody:** It entitles Muslim women against whom such talaq has been declared to seek custody of rather minor children. In this case, Magistrate is empowered to determine manner of custody.

Ansh Kumar X-A

#### WHEN I THINK ABOUT MY MOM ...

When I think about my mom, I can't stop my smile, The beauty of her kind heart, And the unique grace in her style.

She is lovingly engaged in me, These values make me strong, And never stop being with me, Since I was young.

When I think about my mom
I can't stop my smile,
She had been adorable from the beginning,
Gentle, Wise and Versatile.

She always seems to know,
That the things are going well,
Even when I try to pretend,
Just a peep and she can tell.

When I think about my mom, I can't stop my smile, Her own troubles she'd set apart, To go for me an extra mile.

She sometimes worry too much, I think about her that way That's way she is my Superstar.

> Yashita Sethi IX- D

#### THE POWER OF MIND

Among all the creations of almighty,
The mind seems to be the most mighty
For he gave us the power to think,
To imagine, create and changes to bring.

Open your mind and explore its vastness, Thoughts rattling in the emptiness. The bounds of the mind are limitlessly high, No wonder we can fly in the blink of an eye.

If we wish, mind can make,
If we wish, mind can break.
It all lies in our will,
That makes us choose between good and evil.

So let's put mind to better use. In this world, new energy let's infuse! If we use the greater power of this mind, Beauty and peace in this world we will find!





#### SOME FRIENDS JUST CANNOT BE TRUSTED

You think you're so good.
Think you're so perfect in everything.
You think you can control my mood
Please, you must be joking.

I gave all my heart.
I believed in everything you would say.
I trusted you from the start,
And everything went your way.

I guess I made my biggest mistake When I became loyal to you. You're one of those friends who is fake In everything you say and do.

I thought your kindness would last.

But now I feel so used.

Because when I think of the past,
I thought you'd never give my heart a bruise.

Why did I ever rely on a word you said? What did I ever do to deserve this pain? I trusted you, but you hurt me instead, And I don't know if I could believe you again.



Trisha Puri X - A

## WHY GOD MADE TEACHERS

When God created teachers,
He gave us special friends
To help us understand his world
And truly comprehend

The beauty and the wonder Of everything we see, And become a better person With each discovery.

When God created teachers,
He gave us special guides
To show us ways in which to grow
So we can all decide

How to live and how to do What's right instead of wrong, To lead us so that we can learn And learn how to be strong.

Why God created teachers, In His wisdom and His grace, Was to help us learn to make our world A better, wiser place.

School is a daily routine for us
In the morning, we're sure to make a fuss.
Even when the sun is still not up,
Here we are, awake at 6am sharp.

We feel that school is such a bore. We feel that school is such a chore. Parents say, "School's great! Now, go!" We say, "Well, what do you know?"

Late a minute and we have to run. Eyes half open, shoelaces undone. We reach school and we see our friends. Immediately, the torture ends.

We have a chat and go with the flow.

Then the bell rings; it is time to go

We may at times find school stressful.

To have some fun, we have to bend some rules.

Talk back to teachers, and detention we serve No doubt, it is sometimes what we deserve. Sometimes they are as cold as ice, And other times they're actually really nice.

They teach us and give us a helping hand.
They're forever ready to listen and be a friend.
They have built much confidence in us.
Just not when they are being really harsh.

Over the years of education,
Never have we had so much learning with action,
Such as camps, experiments, concerts, and activities.
We've learned so much and even saved the trees.

A wise teacher once said aloud – Success is failure turned inside out. So stick to the fight when you're hardest hit. Rest if you must, but don't you quit.

Some may see school as a torture chamber.

Some cannot wait for the holidays in December,
But it depends on how we look at school
Honestly positively, school is cool!



## regarding perception in music

An artificial intelligence tool can characterize a song's genre and provides increased understanding how we perceive and process music. Applications include how music content is marketed, consumed and tagged; neuropsychology and the mechanisms

of human thought and effective computing systems that impact human emotions.

Al tool provides insights



Shaurya Shandilya VIII – E

#### TREES VERSUS GIRLS

Trees are source of food and fruits
Girls are main generation roots
Trees are facing pollution giant
Sinful trend of female foeticide is making society blind
How easily kill female foetus before birth
Consider girls burden on earth
Position of trees and girls is alike
Both have to struggle for life
In big danger look both survivals
Worrisome question not trivial
Both have sense of feelings
Strictly avoid their killings
Why can't girls get boys like equality?
Society should remove such narrow minded cruelty

Isha Bansal X - D

Trees donate air and rain
Destroy greenery a big slain
Think a while on their pains
By your wrong-doings
Don't disturb nature-chain

#### **TERRORISM**

We can't but feel utter shock, And we're emotionally drained. Yet deep within our sadness Some unity gained

Wherever we may come from, And no matter our belief.. We stand tall as a nation. We are united in our grief.

They were parents with young children,
They were adults and just a teen.
They were an uncle, aunt, and cousin,
And all their in between.

So in regards to reason,
We can search and take a look...
No religion condones murder.
It's not in holy book!

Our loved ones may have fallen
Due to the extremity of sin.
But our strength will not be broken,
And TERROR will never win!.



Ridhi IX- A

## The happiest days of your life

School days should be a happy time in a young person's life. What can make people's lives a misery during this time. In my opinion, there is one word which answers this question-bullying.

Unfortunately, bullying is quite common in schools where I live. It can affect students of any age, and both boys and girls. A friend of mine had a very negative experience at school last year as an older boy continually called him names and sometimes used to post nasty messages about him on Facebook. Obviously, my friend felt very upset about this and it affected his self-confidence. Some days, he didn't want to come to school at all. What can people do to stop this problem? personally, I think teachers need to be aware that bullying may be

happening in their classes and be very strict when they have a case of bullying. Another thing teachers can do is that they talk about the problem with their pupils, which might make bullies realise how badly they hurt their victims. As for students, if they find out a classmate is being bullied, they should support them as much as possible and let a teacher know. Bullying can be a nightmare but there are things we can do to prevent it. Hopefully, one day all students will be able to go to school without fear of being bullied.

Vivek Kumar IX - H

# "Climate Change Moving Faster Than We Are"

"An abrupt climate change is one that takes place so rapidly and unexpectedly that human or natural systems have difficulty adapting to it"

India is already experiencing an ultimate climate change which is expected to have major health impacts in India.

Built up urban areas are rapidly becoming "Heat Islands", urban planners will need to adopt measures to counter act this effect.

A decline in monsoon rainfall has already been observed.

Droughts have major consequences and have affected more than half of India's crop area and led to huge fall in crop production.

Even without climate change world food prices are expected to increase due to growing population, as well as greater demand for bio fuels.

Many parts of India are already experiencing water stress.

Climate change is not only hitting close to home, it's knocking on our front door and demanding to come in. But we're not going to let that happen.

Anushka Nagar IX - A

The Ganga action plan was launched by Shri Rajeev Gandhi, the then Prime Minister of India on 14 JAN, 1986 with the main objective of pollution abatement, to improve the water quality by Interception, Diversion and treatment of domestic sewage and present toxic and industrial chemical wastes from identified grossly polluting units entering into the river. The other objectives of the Ganga Action Plan are as under.

- Control of non-point pollution from agricultural runoff, human defecation, cattle wallowing and throwing of unburnt and half burnt bodies into the river.
- Research and Development to conserve the biotic diversity of the river to augment its productivity.
- To act as trend setter for taking up similar action plans in other grossly polluted stretches in other rivers.
- The ultimate objective of the GAP is to have an approach of integrated river basin management considering the various dynamic interactions between abiotic and biotic eco system.

Under NRCP scheme the CPCB had conducted river basin studies and had identified 19 gross polluted stretches and 14 less polluted stretches along 19 rivers, which include 11 stretches situated along 7 rivers of M.P.

Charanpreet Kaur



# श्कृतम्...

# सुभाषितानि

माता गुरुतरा भूमेः खात् पितोच्चतरस्तथा। मनः शीघ्रतरं वातोश्चिन्ता बहुतरी तृणात्।।



Varun Kr. Singh VIII - E

धन्यानामुत्तमं दाक्ष्यं धनानामुत्तमं श्रुतम्। लाभानां श्रेय आरोग्यं सुखानां तुष्टिरुत्तमा।।

मानं हित्वा प्रियो भवति क्रोधं हित्वा न शेचति। कामं हित्वार्थवान् भवति लोभं हित्वा सुखी भवेत्।।

मृतो दरिद्रः पुरुशो मृतं राष्ट्रमराजकम्। मृतमश्रोत्रियं श्राद्धं मृतो यज्ञस्त्वदक्षिणः।।

क्रोधः सुदुर्जयः शत्रुः लोभो व्याधिरनन्तकः। सर्वभूतहितः साधुः असाधुः निर्दयः स्मृतः।।

# व्यायामः

शरीरायासजननं कर्म व्यायाम् संज्ञितुम्। तकृत्वा तु सुखं देहं विमृद्नीयान् समन्ततः।।

शरीर के हिलने डुलने के कार्य को व्यायाम कहते उसके कारक तो सुखपूर्वक शरीर की अच्छी तरह मालिश करनी चाहिए।

सर्वेष्वृतुष्वहरहः पुम्भिरात्महितैशिभिः। बलस्यार्धेन कर्त्तव्यो व्यायामों हन्त्यतोडन्यथा।।

अपना हित चाहने वाले लोगों को सही ऋतुओं में प्रतिदिन अपने बल से आधा वयायाम करना चाहिए नहीं तो कई हानियाँ होती है।

श्रमक्लमपिपासोष्ण शीतादीनां सहिष्णुता। आरोग्यं चापि परमं व्यायाममादु पजायते।।

व्यायाम करने से बीमारियाँ नहीं होती है और श्रम, थकान, प्यास, उष्णता और शीतलता सहन करने की शक्ति भी उतपन्न होती है।

ह्दिस्थानस्थितो वयुर्यदा वक्त्रं प्रपद्यते। व्यायाम कुर्वतों जन्तोस्तहबलार्धस्य लक्षणम्।।

जब व्यायाम करते समय लोगों की ह्दय स्थित वायु मुख से बाहर निकलती है तो वह आधे बल का लक्षण होता है।











## एहि एहि वीर रे

एहि एहि वीर रे वीरतां विधेहि रे पदं पदं निधेहि रे भारतस्य रक्षणाय जीवनं प्रदेहि रे।

त्वं हि मार्गदर्शकः त्वं हि देशरक्षकः त्वं हि शत्रुनाशकः कालनाग तक्षकः।।

साहसी सदा भवेः वीरतां सदा भजेः भारतीय – संकृतिं मनसे सदा धरेः।।

पदं पदं मिलच्चलेत् सोत्साहं मनो भवेत् भारतस्य गौरवाय सर्वदा जयो भवेत।।



Shreya Mishra IX- H





## जय वृक्ष! जय वृक्ष!

श्रूयताम् सर्वे वृक्षपुराणम्, क्रियताम् तथा वृक्षारोपणम्। वृक्षस्यास्ति सुन्दरम् याति मूलं बहुदूरम्।।

मूलेपी अन्नम्, तस्य काश्ठं कठिनम्, काष्ठं कठिनं भवति इन्धनार्थम्।। पर्णेशु भवति हरितद्रव्यम् अतो हि अस्ति रे पर्ण हरितम्।।

पुष्पम् सुन्दरम्, अतिव मोहकम् पुष्पम् तस्य भवति रे देवपूजार्थम्। फलम् रसमयं , तस्य फलं स्वादपूर्णम्, फलम् हि अस्ति रे खगस्य अन्नम्।।

जलवातप्रकाशैः निर्माति अन्नम्, तेन हि अन्नेन वर्धते नित्यम्। वृक्षस्य दृश्यताम् सर्वम् हि कार्यम्, जीवनं तस्यास्ति परोपकारार्थम्।।

वृक्षे हि कुर्वन्ति विहगाः नीडम्, केचित् तु कुर्वन्ति काष्ठे हि छिद्रम्। आतपे तिश्ठति वर्षानुवर्षम्, अन्येशां करोति छायाप्रदानम्।।

वृक्षो नैव अत्ति रे स्वकीयं फलम्, सर्वम् हि अंगम् तस्य लोकहितार्थम्। जनाः न स्मरन्ति तस्य उपकारम्, बहुधा कुर्वन्ति वृक्षच्छेदनम्।।

मास्तु रे मास्तु ईदृशं पापं, यथाशक्ति क्रियताम् वृक्षारोपणम्। नैव रे नैवास्तु वृक्षकर्तनम् , सर्वे हि कुर्वन्तु तद्संवर्धनम्।।

Valini Deo IX – H





## 'अपो देवता' सूक्त, (ऋग्वेद, 7.9) Prayer for Water God (Rigveda, 7.49)

समुद्रज्येश्ठाः सलिलस्य मध्यातुनाना यन्त्यनिविशमानाः। इन्द्रो या वजी वृशभो रराद ता आपो देवीरिह मामवन्तु ।।1।।

#### हिंदी भावार्थ

समुद्र जिनमें ज्येष्ठ है, वे जल प्रवाह सदा अन्तरिक्ष से आने वाले हैं। इन्द्रदेव ने जिनका मार्ग प्रशस्त किया है, वे जलदेव यहाँ हमारी रक्षा करें।

#### **English Translation**

Forth from the middle of the flood
the wasters-their chief the
Sea-flow cleansing, never sleeping.
Indra, the Bull, the Thunderer, dug their channels:
here let those Waters, Goddesses, protect me.

या आपो दिव्या उत वा स्रवन्ति खनित्रिमा उत वा याः स्वयंजाः समुद्रार्था याः शुचयः पावकास्ता आपो देवीरिह मामवन्तु।।2।।

#### हिंदी भावार्थ

जो दिव्य जल आकाश से (वृष्टि के द्वारा) प्राप्त होते हे।, जो नदियों में सदा गमनशील हैं, खोदकर जो कुएँ आदि से निकाले जाते हैं, और जो स्वयं स्रोतों के द्वारा प्रवाहित होकर पवित्रता बिखेरते हुए समुद्र की ओर जाते हैं, वे दिव्यतायुक्त पवित्र जल हमारी रक्षा करें।

#### **English Translation**

Waters which come from heaven, or those that wander dug from the earth, or flowing free by nature.

Bright, purifying, speeding to Ocean, here let those Waters. Goddesses protect me.

यासां राजा वरूणो याति मध्ये सत्यानृते अवपश्यञ्जनानाम्। मधुश्चुतः शुचयो याः पावकास्ता आपो देवीरिह मामवन्तु ।।३।।

हिंदी भावार्थ श्दीप्तिमती, शोधिका जल देवियाँ हमारी रक्षा करें।

#### **English Translation**

Those amid whom goes Varuna the Sovran, he who discriminates men's truth and falsehood. Distilling meath, the bright, the purifying, here let those Waters, Goddesses, protect me.

#### हिंदी भावार्थ

राजा वरूण और सोम लिस जल में निवास करते हैं। जिसमें विद्यमान सभी अन्न से आनन्दित होते हैं, विश्व व्यवस्थापक अग्निदेव जिसमें निवास करते हैं, वे दिव्य जलदेव रक्षा करें।

#### **English Translation**

They from whom Varuna the King, and Soma, and all the Deities drink strength and vigour.

They into whorm Vaisvanara Agni entered, herer let those Waters, Goddesses, protect me

यासु राजा वरूणो यासु सोमो विश्वे देवा यासूर्जं मदन्ति। वैश्वानरो यास्विग्नः प्रविष्टस्ता आपो देवीरिह पापवन्तु।।४।।



सन्दर्भग्रन्थ : हिंदी भावानुदः आचार्य श्रीराम शर्मा, ऋग्वेदसंहिता, भाग –3, शान्तिकुंज, हरिद्वार।

रेखा जोशी टी.जी.टी. संस्कृत

# संस्कृत भाषा पर विशेष

अर्वाचीन भारती भवन सीनियर सेकेंडरी स्कूल, विवेक विहार प्रतिवर्ष संस्कृत दिवस पर विशेष कार्यक्रमों का आयोजन करता रहा है। सत्र 2019—20 में भी इस अवसर पर संस्कृत विभाग की तरफ से संस्कृत सप्ताह का आयोजन किया गया जिसका मुख्य उद्देश्य था, छात्रों का संस्कृत के प्रति जागरूकता व रुचि को पैदा करना। पूरे सप्ताह में संस्कृत से सम्बन्धित विभिन्न तरह की क्रियात्मक गतिविधियाँ व सांस्कृतिक कार्यक्रम प्रस्तुत किये गये। जैसे—श्लोक — उच्चारण, स्तुति गायन, संस्कृतश्लोक लेखन, श्लोक गायन, संस्कृतकव्वाली, नाट्य मंचन, संस्कृत स्तृति लेखन, फेंसी ड्रेस। छात्रों ने इन प्रतियोगिताओं में बढ—चढ़ कर भाग लिया व अपना शत—प्रतिशत योगदान दिया। बच्चों द्वारा ज्ञानवर्धक नाटिका भी प्रस्तुत की गई जिसमें उन्होंने संस्कृत के महत्व को समझाया और लोगों को प्रेरित किया कि वे स्वयं को हिन्दीभाषी होने पर गौरवान्वित महसूस करे। यह सारा कार्यक्रम (डा.) उर्मिला शर्मा (प्राचार्य) के दिशा निर्देशन में क्रियान्वित हुआ। हमारे विद्यालय में संस्कृत कलब में भी अनेक संस्कृत की गतिविधियां होती हैं। सभी क्लब के छात्र संस्कृत के प्रतिरूप (मॉडल), संस्कृत गीत, संस्कृत के लघु नाटक समय—समय पर प्रस्तुत करते रहते हैं। संस्कृत के विभिन्न प्रतियोगिताओं में भी छात्र भाग लेते हैं। संस्कृत अकेडमी के छह दिवसीय प्रतियोगता में बच्चों ने भाग लिया संस्कृत कव्वाली में पूर्वी, जोन में दूसरा स्थान प्राप्त किया। संस्कृत भारती द्वारा आयोजित संस्कृत विश्व सम्मेलन में भी हमारे छात्रों ने भाग लिया, वहाँ पर संस्कृत विश्व का बहु—आयामी रुप देखा। हमारे विद्यालय के सभी कार्यक्रमों में संस्कृत भाषा को प्रमुख स्थान दिया जाता है इस का श्रेय हमारी प्रधानाचार्या को जाता है।

संस्कृत विभाग द्वारा एक प्रदर्शनी का भी आयोजन किया गया। जिसमें बच्चों द्वारा किये गए चार्ट, प्रोजेक्ट, डमी, मॉडल आदि का प्रदर्शन किया गया। (विद्यालयाध्यक्ष) श्री अनुरूप शर्मा, (प्राचार्या) (डा.) श्रीमती उर्मिला शर्मा ने भी प्रदर्शनी का (विद्यालय सहायक) श्री एस. पी. शर्मा ने भी प्रदर्शनी का भ्रमन किया व बच्चों के कार्य, कला—कौशल रचनात्मकता की भूरी—भूरी प्रशंसा की। विजयी प्रतियोगियों को विद्यालयाध्यक्ष व प्रचार्या महोदया के द्वारा पुरस्कृत भी किया गया। उन्होंने प्रतियोगियों का उत्साहवर्धन करते हुए कहा कि हर भाषा महत्वपूर्ण है किन्तु हम संस्कृत भाषा जानते हैं संस्कृत भाषा सभी भाषा में श्रेष्ठ एवं वैज्ञानिक भाषा है हमारे हमारे मन में उसके प्रति विशेष लगाव, श्रद्धा व समपर्ण का भाव होना चाहिए। एच. एम. व अकैडिमिक प्रॉक्टर ने भी प्रतियोगियों को बधाई दी और संस्कृत भाषा को गौरव के साथ प्रयोग करने के लिए प्रेरित किया। वदतु संस्कृतं, पठ्तु संस्कृतं।।

# आतङ्कवाद

आधुनिक विकासशीलविश्वस्य सर्वविकराला समस्या आतङ्वादो वर्तते। अनेन अभिशापेन संपूर्ण विश्वमेव स्वाङ्के स्थापितम्। संपूर्णे विश्वे प्रतिदिनमेव अस्य विनाशलीला श्रूयते एव। गतवर्षस्य नवम्बरमासे अस्माकं देशस्य अर्थिकराजधान्याम् मुम्बैइनगर्यामपि सागरमार्गेन प्रतिवेशिकदेशात् पाकिस्तानादागत्य आतङ्कवादिनः आक्राम्यन्त। तेन कारणनेन अनेकशः जनाः गतप्राणः अभवन्। बहुमूल्याः संपत्तयः क्षतिग्रस्ता अभवन्। अतीव सुन्दरम् इदं नगरं धूलिध्वस्तम् अभवत्।

अधुना तु इदं अभवत् यत् ये जनाः देशाश्च आतङ्कवादिनः पालितवन्तः तान् एव ग्रस्तुं आतङ्किनः सिज्जताः सिन्त । अधुना श्रीलङ्कायाः क्रिकेट क्रीडकानामुपरि अपि लाहौरनगरे ते आक्रमणं कृतवन्तः । तेन दुराचरणेन एक विश्वस्य द्रश्ट्यां पाकिस्तानः एकः असफ्लः राश्ट्रोअभवत् । आवश्यकता तु इदं यत् सम्पूर्णेन विश्वेन मिलित्वा एक आतङकवादस्य निर्मूलनाय प्रयत्नाः करणीयाः सम्पूर्णः संसारः आतङ्कवास्य अग्नौ भरमसाद् भविश्यति ।



Rudra Saxena IX - H

# 

## दिमाग की रीसाइक्लिंग

सदी के सबसे ज्यादा ज्ञानी समझे जाने वाले आइनस्टीन ने अपने दिमाग का महज पाँच परसेंट सी इस्तेमाल किया था। वहीं आज के नवयुवक इसका आधा भी खर्च करने से कतराते हैं, कब कौन सी सरकार दिमाग खर्च करने पर भी टैक्स लगा दे और वो पड़ जाए झमेले में! गणित के हिसाब से अगर देखा जाए तो पांच परसेंट दिमाग का उपयोग करने पर भी पचानबे परसेंट दिमाग बचा रहता है। ये आंकड़ा है एक व्यक्ति का, दुनिया में तो सात अरब से अधिक महानुभाव हैं। यानी कुल कितना दिमाग बचा है पता लगाने कि लिए वैज्ञानिक कैलकुलेटर की जरूरत पड़ सकती है। हमारे इतना पता लगा पाने तक कुछ नए 'फ्रेश' दिमाग और जुड़ जायेंगे। इसी के साथ कई 'डीएक्टिवेटिड' दिमाग 'एक्टिवेट' हो जायेंगे। कुल मिलाकर बात यह है कि यदि भगवान अपनी मानव अंग की 'फेक्ट्री' में दिमाग के 'प्रोडक्शन' के बजाए 'रीसाइक्लिंग' पर विचार करें तो उनके साथ —साथ धरती वासियों का भी तो फायदा हो सकता है।

अब दिमाग कोई मामूली चीज थोड़ी है? जैसे कंप्यूटर में 'सी. पी. यू.' होता है, दिमाग भी मानव शरीर का 'सी. पी. यू.' ही तो है। सबसे ज्यादा दाम इसी का हाई—फाई होता है। एक विशेष योजना बनाई जाए जिसके तहत धरती से बचे—खुचे इन्सानी दिमाग मगवान तक पहुँचा दिए जायेंगे। भगवान का फायदा होगा ... और हमारा ? इससे भगवान की मानव 'प्रोडक्शन' लागत भी तो कम हो जायेगी ? दिमाग के प्रकार और शेष आकार के हिसाब से उसका मूल्य तय होगा। सबका फायदा होगा। जितना कम दिमाग खर्च करो उतना अधिक लाभ पाओ। मैं जल्द से जल्द इस विचार को भारत सरकार तक पहुँचाना चाहता हुँ। इससे पहले की अमेरीका और चीन तकनीक में भी आगे निकल जाएँ, संसद में इस पर बिल पास होना चाहिए क्योंकि इसका सर्वाधिक लाभ यहाँ के लोगों को होगा।

हाँ एक बात जरूर है, भ्रष्टाचारी दिमाग और तेज से काम करेंगे। दिमाग की 'ब्लैक—मार्केटिंग' हो सकती है। अपने भविष्य के पुत्र—पुत्रियों हेतु मनपसंद व्यक्ति का दिमाग पाने के लिए कुछ से लेकर करोड़ खर्च करने पड़ सकते हैं। यही नहीं, व्यक्ति के गुजरने से पहले ही उसके दिमाग की 'एडवांस्ड बुकिंग' की सुविधा जैसे ऑफर बाजार में उपलब्ध होंगे। इस सुविधा का लाभ उठाने के लिए अपना दिमाग खर्च करना होगा सही समय और दिमाग की तलाश में। चलो इसी बहाने ही सही दिमाग का कुछ तो उपयोग हो सकेगा!

आप जरूर यही सोंच – सोंच कर फूले जा रहे होंगे कि मेरा दिमाग कितना मुनाफा देगा? मैंने तो इसका कभी इस्तेमाल ही नहीं किया। अभी तो इसकी 'पैकिंग' भी एकदम 'ओरिजिनल' है। कौन खरीदेगा इसे? विश्वास मानिए हर कोई आइनस्टीन बन सकता है। दिमाग खर्च करने पर कोई रोक थोड़ी ही है। दरअसल, दिमाग को नहीं विचारों को 'रिसाइकिल' करने की जरूरत है। सोच बदलेगी तो यह तंत्र और देश भी बदलेगा।

## शिक्षण में माता-पिता की भूमिका

हर शिशु के जीवन में उसकी पहली गुरु माता ही होती है हम अपने जीवन के सभी नैतिक मूल्य सबसे पहले अपने माता पिता से ही सीखते हैं माता पिता हमें विद्यालय भेजकर सबसे अच्छी से अच्छी शिक्षा ग्रहण कराते हैं हमारे जीवन में शिक्षा का मूल हमारी माता पिता ही है वह कोई कसर नहीं छोड़ते हमें एक अच्छा जीवन प्रदान करने के लिए हर संभव प्रयास करते हैं कि हमें अच्छी से अच्छी शिक्षा प्राप्त हो विद्यालय में हमें शिक्षक गृह कार्य देते हैं पढ़ाते हैं और हमारी पुस्तको मे दी हुइ सभी चीजों से अवगत करते हैं परंतु घर जाने पर उस शिक्षा का सही मायने में उपयोग करना उच्च शिक्षा का उपयोग अपनी दिनचर्या में करना हम अपने माता पिता से सीखते हैं। नियमितता समय का पालन करना नियमों का पालन करना देशप्रेमी होना अपने देश का अच्छा नागरिक बनना संस्कारी होना दूसरों की मदद करना यह गुण यह शिक्षा हमें केवल माता पिता ही देते हैं इसलिए माता पिता की भूमिका बच्चों के शिक्षण में अधिक और अहम होती है



भगवती टी.जी.टी (हिन्दी)

#### हिन्दी दिवस भारतीय सीनियर के सम्मान के दिन (हिंदी दिवस पर विशेष)

अर्वाचीन भारती भवन सीनियर सेकेंडरी स्कूल, विवेक विहार प्रतिवर्ष हिंदी दिवस पर विशेष कार्यक्रमों का आयोजन करता है। सत्र 2019—20 में भी इस अवसर पर हिंदी विभाग की तरफ से हिंदी सप्ताह का आयोजन किया गया जिसका मुख्य उद्देश्य था, छात्रों में हिंदी के प्रति जागरूकता व रूचि को पैदा करना। पूरे सप्ताह में हिंदी से सम्बन्धित विभिन्न तरह की कियात्मक गतिविधियाँ व सांस्कृतिक कार्यक्रम प्रस्तुत िकये गए। जैसे — वाद—विवाद, किवता पाठ, किवता लेखन, श्लोक गायन, कव्वाली, आशु भाषण, नाट्य मंचन, कहानी लेखन, फैंसी ड्रेस। छात्रों ने इन प्रतियोगिताओं में बढ़ चढ़ कर भाग लिया व अपना शत—प्रतिशत योगदान दिया। बच्चों द्वारा ज्ञानवर्धक नाटिका भी प्रस्तुत की गई जिसमें उन्होंने हिंदी के महत्व को समझाया और लोगों को प्रेरित किया िक वे स्वयं को हिन्दीभाषी होने पर गौरवान्वित महसूस करे। यह सारा कार्यक्रम (डा.) उर्मिला शर्मा (प्राचार्या) के दिशानिर्देश में कियान्वित हुआ। हिंदी विभाग द्वारा एक प्रदर्शनी का भी आयोजन किया गया। जिसमें बच्चों द्वारा किये गए चार्ट, प्रोजेक्ट, डमी, मॉडल आदि का प्रदर्शन किया गया। श्री अनुरूप शर्मा (विद्यालयाध्यक्ष), (डा.) श्रीमती उर्मिला शर्मा (प्राचार्या), व श्री सत्य प्रकाश शर्मा (विद्यालयाध्यक्ष) ने भी प्रदर्शनी का भ्रमन किया व बच्चों के कार्य, कला—कौशल रचनात्मकता की भूरी—भूरी प्रशंसा की। विजयी प्रतियोगियों को विद्यालयाध्यक्ष व प्रचार्य महोदया ने पुरस्कृत करते हुए कहा कि हर भाषा महत्वपूर्ण है किन्तु हम हिंदी भाषी हैं व हिंदी हमारी मातृभाषा है इसलिए हमारे मन में उसके प्रति विशेष लगाव, श्रद्धा व समपर्ण का भाव होना चाहिए। एच. एम. व अकैडिमिक प्रॉक्टर ने भी प्रतियोगियों को बधाई दी और हिंदी भाषा को गौरव के साथ प्रयोग करने के लिए प्रेरित किया।

# सुबह

गरम गरम लड्डू सा सूरज लिपटा बैठा लाली मे सुबह सुबह रख आया कौन इसे आसमान की थाली मे

मूंदी आँख खोली कलियों ने चिड़ियों ने गाया गाना गुन गुन करते भवरों ने खिलते फूलों को पहचाना

तभी आ गई फुदक फुदक कर एक तितलियों की टोली मधुमखियों ने मधु रस लेकर भर डाली अपनी झोली

उठो उठो हम लगे काम पर तब आगे बढ़ पाएँगे वे क्या पाएँगे जीवन में जो सोते रह जाएँगे



निखिल IX – F

## हर शख्स में इन्सान

मंदिर में दाना चुगकर चिड़ियां
मस्जिद में पानी मीती हैं
मैंने सुना है राधा की चुनरी
कोई सलमा बेगम सीती हैं
एक रफी था महफिल महफिल
रघुपति राघव गाता था
एक प्रेमचंद बच्चों को
'ईदगाह' सुनाता था
कभी कन्हैया की महिमा गाता
रसखान सुनाई देता है
औरों को दिखते होंगे हिन्दू ओ मुसलमां
मुझे तो हर शख्स के भीतर इन्सान
दिखाई देता है......



श्याम सुन्दर X-C

# फेस-बुक

फेसबुक है ऐसा यंत्र, जो बिगाड सकता है मानव तंत्र। फेसबुक है ऐसी घडी, पकड़े जाओ तो खाओ छड़ी। फेसबुक का इस्तेमाल लगता है हाश, मगर यह पल में कर सकता है नाश। फेसबुक लगता है ज़रूरी, मगर यह बढ़ा सकता है घरवालो के बीच की दूरी फेसबुक है ऐसी माया, जो देती है धूप और ना कोई छाया। फेसबुक है ऐसी मुकार, जो बना सकती है दिलो-दिमाग में दरार फसबुक है ऐसी दुपाई, जो देती है दु:ख और ना कोई दुहाई फेसबुक के है बहुत से नाम, मगर नहीं मिलते इसमें राम।



# (-F

## क्लास मॉनीटर

जो क्लास में बने मॉनीटर,
कोरी सान दिखाने हैं।

आता जाता कुछ भी नहीं,
पर हम पर रोब जमाते हैं।
जब क्लास में टीचर नहीं,
तो खुद टीचर बन जाते है।
कॉपी पेंसिल लेकर,
बस नाम लिखने लग जाते हैं।
खुद तो हमेशा बातें करे,
हमें चुप करवाते हैं।
अपनी बस गलती माफ,
हमें बिल चढ़ाते हैं।
क्लास संभाल पाते नहीं
बस चीखते चिल्लाते हैं।
भगवान बचाए इन मॉनीटर से



इन्हें हम नहीं चाहते है।

आयुषि सेमवाल IX – F

## अद्भुत ट्रेनिंग

''बाज'' ऐसा पक्षी है जिसे हम ईगल भी कहते है। जिस उम्र में बाकी परिंदों के बच्चे चिचियाना सीखते हैं उस उम्र में एक मादा बाज अपने चूजे को पंजे में दबोच कर सबसे ऊँचा उड़ जाती है। पक्षियों की दूनिया में ऐसी Tough and tight training किसी भी और की नहीं होती। मादा बाज अपने चूजे को लेकर लगभग 12Kmt. ऊपर ले जाती है। जितने ऊपर आधुतिक जहाज उड़ा करते हैं और वह दूरी तय करने में मादा बाज 7 से 9 मिनट का समय लेती है। यहां से शुरू होती है उस नन्हें चूजे की कठिन परीक्षा। उसे अब यहां बताया जाएगा कि तू किस लिए पैदा हुआ है। तेरी दुनिया क्या है ? तेरी ऊंचाई क्या है? तेरा धर्म बहुत ऊंचा है और फिर मादा बाज उसे अपने पंजों से छोड़ देती है। धरती की ओर ऊपर से नीचे आते वक्त लगभग 2 Kmt. डस चूजे को आभास ही नहीं तोता कि उसके साथ क्या हो रहा हैं 7 Kmt. के अंतराल के आने के बाद उस चूजे को पंख जो कंजाइन से जकड़े होते हैं, वह खुलने लगते हैं। लगभग 9 Kmt. आने के बाद उनके पंख पूरे खुल जाते हैं। यह जीवन का पहला दौर होता है जब बाज का बच्चा पंख फड़फड़ाता है। अब धरती से वह लगभग 3000 मीटर दूर है लेकिन अभी वह उड़ना नहीं सीख पाया है। अब धरती करीब आता है जहां से वह देख सकता हे उसके स्वामित्व को। अब उसकी दूरी धरती से महज 700 / 800 मीटर होती है लेकिन उसका पंख अभी इतना मजबूत नहीं हुआ है की वो उड़ सके। धरती से लगभग 400 / 500 मीटर दूरी पर उस अब लगता है कि उसके जीवन की शायद अंतिम यात्रा है। अचानक से एक पंजा उसे आकर अपनी गिरफ्त में लेता है और अपने पंखों के दरमियान समा लेता है। यह पंजा उसकी मां का होता है जो ठीक उसके ऊपर चिपक कर उड़ रही होती है। और उसकी यह ट्रेनिंग निरंतर चलती रहती है जब तक कि वह उड़ना नहीं सीख जाता। यह ट्रेनिंग एक कमांडो की तरह होती है। तब जाकर दुनिया को एक बाज़ मिलता है अपने से दस गुना अधिक वजनी प्राणी का भी शिकार करता है।

हिंदी में एक कहावत है ...... "बाज़ के बच्चे मुंडेर पर नहीं उड़ते।"

बेशक अपने बच्चों को अपने से चिपका कर रखिए पर उसे दुनियां की मुश्किलों से रूबरू कराइए, उन्हें लड़ना सिखाइए। बिना आवश्यकता के भी संघर्श करना सिखाइए। वर्तमान समय की अनन्त सुख सुविधाओं की आदत व अभिवावको के बेहिसाब लाड़ प्यार ने मिलकर, अपके बच्चों को ''ब्रायलर मूर्गे'' जैसा बना दिया है जिसके पास मजबूत टंगड़ी तो है पर चल नहीं सकता। वजनदार पंख तो है पर उड़ नहीं सकता क्योंकि ''गमले के पौधे और जंगल के पौधे में बहुत फर्क होता है।''



टी.जी.टी (साइंस)

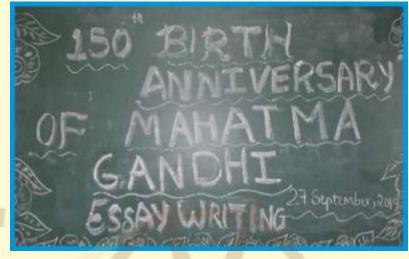
# 150th Birth Anniversary of

Gandhi Jayanti was observed on Oct 2, 2019 as beginning of 150<sup>th</sup> year of celebrating "The Mahatma" marking the culmination of the 'Swachhta Hi Sewa' event. Government of India decided to commemorate the 150<sup>th</sup> birth anniversary of Mahatma Gandhi, Father of the Nation, at National and International level to propagate his message.

On this occasion various programs, activities, events were held all over the state. At Arwachin Bharti Bhawan Sr. Sec. School, we lay due emphasis on different activities through active participation of students as well as teachers under these programs.

Throughout the year many activities were conducted under this event such as; Swachhta Shapath and Awareness day, Community Outreach, Green School Drive, Hand Wash and Personal Hygiene day and Letter Writing Day. There were other activities also like; Fancy Dress Competition, Cleanliness Drive, Debate Competition, Elocution, Essay and Slogan Writing, Skit on Gandhiji, Painting, Drawing and Quiz competitions etc.

Many teachers and students had shown their active participation in morning assembly also. For instance; Teachers' talk, Explaining the values and ideals of Gandhiji and students' talk, to share their personal views on Gandhigiri. "Working for a cause, not for applause," there was 'Shramdaan' activity by the students within the school premises at different places and outside the school premises in nearby area to display the logo of 'Swachhta Hi Sewa.







# Mahatma Gandhi

On Oct 1, 2019(Tuesday) celebration of Gandhi Jayanti was extended with certain events like; All Faith Prayer, Bhajan, Teacher's Talk, Exhibition, Three Monkey's Enactment and one theatre act during morning assembly. It was followed by 'Plogging Activity'-cleaning vicinity around was organized by school on Oct 2, 2019(Wednesday) on the occasion of Gandhi Jayanti and five year commemoration of Swachh Bharat. As "Prime Minister, Shri Narendra Modi urged people to participate in these events in which runners will be collecting litter"; so, all our revered dignitaries, teachers and students actively participated in Plogging activity. Awareness through 'Nukkad Natak' about fitness and cleanliness among the people of state was also created.

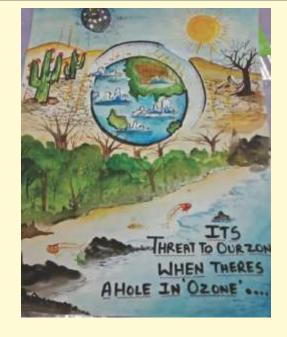
YEARS CELEBR THE MA To create Health and Physical Fitness; the many activities were undertaken during assembly: A speech was delivered by the teacher to promote intake of healthy nutritional food through the campaign against junk food, All Faith Prayer, Meditation and Peace Rally were also conducted. Folk Art Competition was organised in the school to aware students about the importance of organic products and how we can minimize the use of plastic. These activities were undertaken to enroll each and every citizen of India to take this country forward.











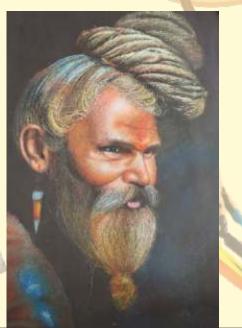
# **Budding PICASSO**

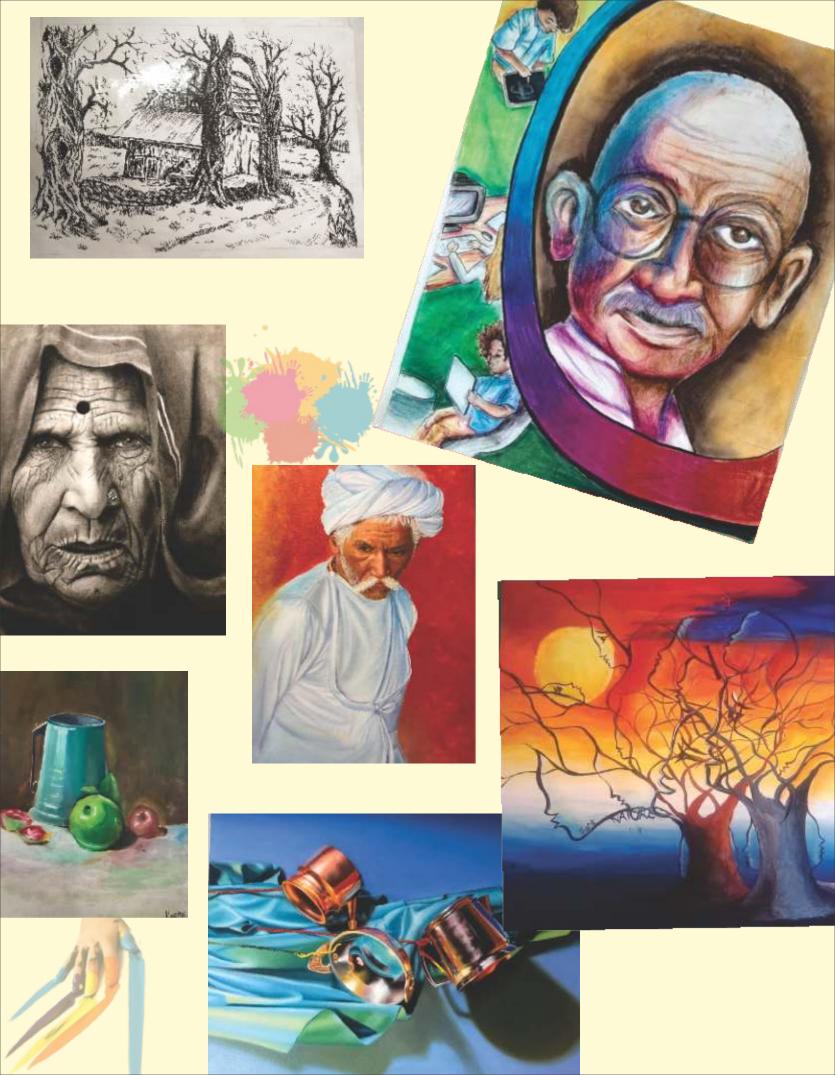












Real Henoes Don't Wear Capes They are Inained





It was a real blast in its utmost manner. A three day celebration of "English-French fiesta' at Arwachin Bharti Bhawan School. This year the English-French Fest was held from 5th Aug 2019 to 7th Aug 2019 with each day celebrating the imagination and efforts of the budding authors or poets!

Series of activities were held which evolved from the objectives of the program such as to provide opportunities for students to showcase their God's endowed talents and skills in communicating English language. The air of Arwachin was filled with so much enthusiasm as the school has commenced the fest.

Day - 1: The fest included a lot of activities for different classes- Handwriting for class Nur- II, calligraphy and Inter-House Spellathon for class III-V, Inter-House English Quiz Competition for class VI-VIII, Poster Making and Comic Strip for XI-XII French activities- Self Introduction for class V, Spellathon for class VI and Letter writing for class VII.





Day - 2:- This day included Poem Recitation for class IV-V, Listening Activity for classes III-VIII, Bookmark activity for classes VI-VIII, Book Cover and Comic Strip for classes IX-X, Inter-House Declamation for classes IX-X, Inter-House Debate for classes XI-XII.

French Activities- Poster making on 'Famous French Phrases' for class V, Poster making on 'Benefits of learning French' for VII class and V lines on famous French personalities.

Day - 3: This day included one role play of classes VI-VIII in which they played the role of different authors or poets, another role play by students of class XI-XII and a French song-Champs- Elysées by students of class VII. The highlight of the day was Exhibition in which students showcased their creativity by making posters, Bookmarks, Sketches of different authors and poets, Slogans and charts based on topics of grammar.

A Poetry Recitation Competition was organized on 7th August 2019 at Arwachin Bharti Bhawan School for the Junior Wing.



Beauty is the realm of poetry, children enjoy the beauty of expression, thoughts, feeling, rhyme, rhythm and music of words. Taking all these facts into consideration the children got an opportunity to exhibit their talent and confidence. The competition inspired the children to come forward and recite on stage.

During the culmination day, a plethora of presentations done by students on various topics on English filled everyone's cup of learning. For the higher grades, debate was organized where students dwelled upon so many interesting topics, on the last part of the program that kept everyone stay until its end.



The fest was concluded with motivational words by Principal ma'am Dr. Urmila Sharma, Director sir Shri Anurup Sharma, Academic Proctor Ms. Prabha Garg, Academic Advisor Mr. S.P. Sharma and Head Mistress Ms. Saumya Anurup Sharma. All the dignitaries expressed their joy towards the success of English-French Fest and the Academic Proctor Ms. Prabha Garg thanked Principal ma'am for providing an amazing platform to students to portray their creativity and imagination.



# Read to Lead

Beauty of expression, thoughts, feelings, rhyme, rhythm, words, aesthetics and language was inculcated among the students of Arwachin through various activities like Poem Recitation in both Hindi and English, Cartoon Making and Mask Making, Story telling Session, Book Cover Designing and Quotation Writing. In order to acquaint teachers and students with contemporary writers and their writing styles, Book Fair was organised in school premises wherein students and teachers quenched their thirst of knowledge.





































# SCIENCE FEST (18 JULY'19 – 20 JULY'19)

The science week was organized at Arwachin Bharti Bhawan School from 18 JULY'19 -20 JULY'19. Mr. Anurup Sharma (Director ABBS, Vivek Vihar), Mr Abhinav Sharma (Director APS Vasundhara), Mr SP Sharma (Academic Advisor), Mrs Prabha Garg (Academic Proctor) inaugurated it.

School Principal Dr. (Mrs) Urmila Sharma said, "This science week is a platform for students to present their new ideas and learn from each other and an opportunity to find out original thinkers."

With the key objective of bringing out the hidden talents of students and with a focus on creating more awareness of science, technology and engineering, the science week was organized under the guidance of teachers & the following events took place:

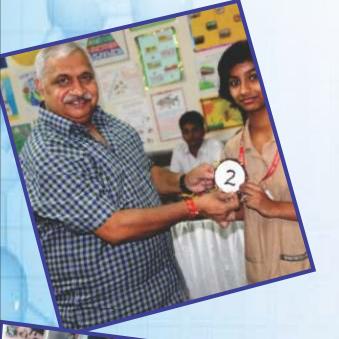
18 July' 19 : Science experiment based activity, Best out of waste Scientoon, Science debate

19 July' 19 : Science quiz, Little scientist, Science seminar

20 July' 19 : Scientific Rangoli, Chemical Magic, Science Exhibition, Mime act, Prize distribution to the winners of

various competitions.

In the science week, the participating students shared their creative ideas and solution to everyday challenges through their innovative working / non-working models, exhibits, projects and presentations supported by reports, display and research findings. It was heartening to notice that the students had been inspired to conceptualize and initiate their personal scientific journey through self-motivation and with a concern for sustainability and inclusivity.











# SOCIAL SCIENCE FEST



















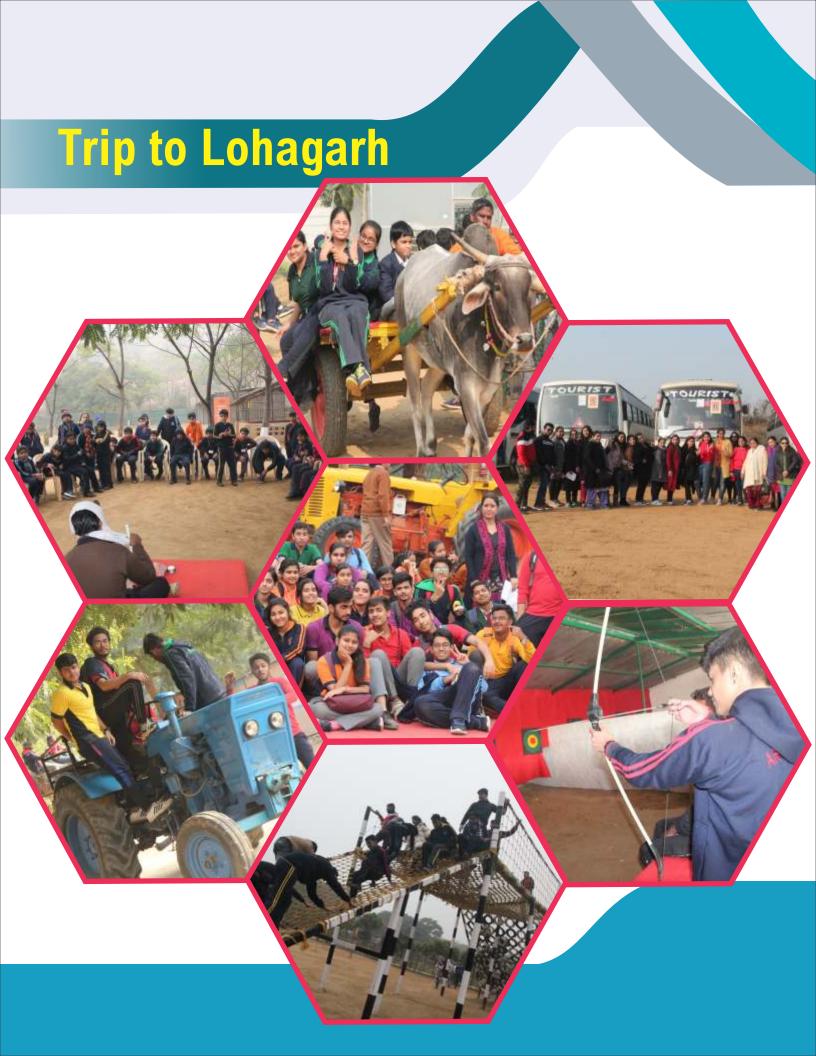
An Wifi
But
A Better
Connection

# **Trip to Lohagarh**



# Trip to Lohagarh







# Visit to Post Office



# RECREMTION ZONE























# Clubbing through Clubs





# **SWACHHTA CLUB**

We guide students to discover and create their own understanding through various clubs. Besides academics, coscholastic activities form an integral part of the school curriculum.

Literary club of all four languages i.e. English, Hindi, Sanskrit and French nurture the students to actively participate in creative skills at school. Through science club, the students take keen interest in scientific activities and take the initiative to plan, organise and evaluate various science related events.





IT club empowers the students to prepare Power point presentations, animations, cover page designing, programming etc. Budding chefs at Food Wreckers club learn the values of science and hygiene of food. Presentation and serving are the rationales of this club.

The club activities allow students to develop their skills and interests in that area. These activities also develop high self-esteem and they are productive breaks where children showcase their talent on different platforms.

# FOOD WRECKERS

















Covering all the four fields- STEM (Science, Technology, Engineering and Mathematics) through hands on learning, Arwachin stresses on Learning by Doing through its Robotic Laboratory. It gives the students a visual grasp of concepts of mathematics and science, builds their logical and analytical thinking, nurtures their creativity and innovation and enhances problem solving attitude.

# RODOTIC attitude.









## ARWACHIN WORLD SCHOOL

### REPORT ON ACTIVITIES

"There are two educations. One should teach us how to make a living and the other how to live."

- John Adams

That part of education which teaches us how to live is co-curricular activity. Education without co-curricular activities is like educating the mind without educating the soul. Co-curricular activities are the activities through which a learner explores his abilities, eradicates his weaknesses and creates a broader vision of life.

The importance of co-curricular activities in modern education can be fathomed by the fact that these activities have become an integral part of the curriculum policy and present day school life cannot be imagined without ongoing debates, recitations, interhouse chess and music competitions to name a few from the ever increasing list. These activities not only give an equal footage to every child but also boost their confidence and spirit of independence.

Students learn to contribute, manage and organize, individually as well as in a team. It also sparks their innate skill of leadership, responsibility, innovation and creativity. Arwachin World School promotes original thinking and skillful implementation. It also help them to inculcate and nurture the social and moral values.

We at Arwachin World School, Loni Road, Bhopura are not far behind. The map of cocurricular activities is dotted with achievements.

We are indeed very proud of Swaranjali Gupta of Class 4<sup>th</sup> who baged the First prize in International Informatics Olympiad and certified with Special Achievement Certificate. Harsh Chaudhary of Class-I, Anwesha Srisvasta of Class-II, Nabiha Azaz Khan of Class-III got Gold Medal in Silver Zone English Olympiad. Devanshi Rao Gautam of Class-IV, Arnav Dutt Sonker of Class-VI got Gold Medal in International English Olympiad. Akshita of Class-I, Anshi Upadhyay of Class-III, Arnav Dutt Sonker of Class-VI got Gold Medal of International Maths Olmpiad. Akarsh Sharma of Class-VI baged First prize in Inter- House Chess competition.

Our students had participated in Camlin colouring competition under three groups. Pranavi Jajoo of class-I baged a First position in Group-A. Devanshi Gautam of Class-IV baged First position in Group-B. Swastika Gautam of class-VI baged First position in Group-C.Anandita of Class-III, Lokant Sagar of class-III, Sanskriti Mishra of class-VI, Kartik Arora of Class-VI received First prize in "Flameless cooking."

An Inter-House Rangoli competition was conducted. From Gandhi House Devanshi Gautam of Class-IV, Priyanshi Sharma of Class-VII, Naitik Maheshwari of Class-VII, Anshika Singh of Class-VI baged First position. In Inter house Table Tennis competition Hitesh Raghav of class-V got first prize, Naitik Maheshwari of Class-VII got scored prize and Priyansh Pandey of Class-V got third prize.

Not only this Nurturing Nature by planting saplings, showcasing their calibre by 'Bal Pratibha Pradarshini', workshops on Self- Defence, Personal hygiene. Inculcating the benefits of good bacteria are the highlights of the activities. Cleanliness Drive and by projecting their skills through Nukkad Natak on 'Beti Bachao Beti Padhao' & on 'Ramjanam' on Ramleela during Navratras days. These help them to inculcate spiritual leaving also.

School excursions are an important and effective means of motivating students and engaging them in active learning experiences. The school organized excursions at Kidzania- a skill development theme park, Noida. The icing on the cake was tiny tots hand impression activity, creative writing activity. They also indulged in making-crafting birds, magoes, cards, rakhi making etc. Celebrating days like Hat day, Ice-Cream Day, Green Day, Grand Parent's day, Christmas day etc. enhances moral and ethical values among Arwachinities.

Arwachin World School Bhopura Ghaziabad

### HAPPINESS IS EVERYTHING

"Happiness is the consequences of personal effort, you fight for it, insist upon it, and sometimes even travel around the world looking for



it. You have to participate relentlessly in the manifestations of your own blessings. And you once have achieved a state of happiness, you must never become lax about maintaining it. You must make a mighty effort to keep swimming upward in to the forever, to stay afloat on top of it."

Akarsh Sharma VI A

# SAVING ENVIRONMENT

Environmental pollution is one of the key faced problems in our modern world. Through there have been technological advancement in these recent days. It has also invited negative effects to the



environment. By doing a simple thing like planting a tree .We should be making the world a better place and for sure we shall always to be proud of our achievement. Saving environment is not just a issue anymore. It is a survival truth. Individuals organizations and government need to come together and join hands to protect what is left of our planet so that the future is not wiped out before it's time for certain call. Experts says that proper handling of waste materials such as reusing or disposing of them properly ,should constantly and important part of our efforts to preserve Energy and protect environment Countries worldwide should use less coal and more resourcable power like hydro or solar power. So we should plant more trees to improve air quality. So everyone let's take a stand against deforestation and take a promise to not to pollute environment and do afforestation as much as we do.

Priyansh pandey Class VI

### My School

From east to west My school is the best I do salute my school As it is very cute My school is surrounded by green trees The trees are amazing which makes me feel free The teachers of my school are very kind They give us many puzzles to find My school is the "temple of knowledge" Before starting our day we take pledge Never to fight with our brother And always listen to our mother Teacher teached us many new things And too how a bee stings Maths, SST are my favourite subjects in school All they keep my mind fresh and cool It also has big playground a library facilities Hardwork and the discipline is the motto of my school I do respect it and follow all its rules.

> Priyanshi Sharma VII A

### My Teacher

My teacher is the best.

She never ever rest.

She works hard day and night

To make me very bright

I learn new things everyday.

And there is always time to play

She's like a Mother to me

That is why I am not afraid to be

One day when I am grown up

I would like to thank her for not giving up



### HEALTH IS WEALTH

Being healthy means taking good care of the body. We must not forget that a healthy mind resides only in a healthy body. Maintaining good health of both mind and body keeps one to be successful in life. All of must try to achieve wholesale health.

Avoiding unhealthy eating practice, doing regular exercises, having balanced diet, proper sleep are some of the important things that constitute a healthy lifestyle. Being fit allows us to perform our activities without being lethargic, restless or tired.



A healthy and a fit person is capable of living the life to the fullest. Being healthy is not only related to the physical well-doing of a person, it also involves the mental stability or the internal peace of a person.

Generally, a healthy diet consists of eating green and fresh vegetables, fruits, having milk, eggs, minerals, protein and vitamins essential for human body. Practicing yoga or regular aerobics exercise in your daily routine also help you in maintaining your desired fitness, blood pressure, sugar and immunity level. Doing household chores is also one of the ways of doing exercises.

Healthy habits improve your physical appearance, mental stability to perform activities in a better way, which help you to lead a stress-free lifestyle, maintaining happy moods, high energy levels etc. No single day should be skipped for making efforts of maintaining physical and mental fitness. Being happy is directly related to boosting your mental fitness.

Health is the important thing that a person should take care of. Leading a healthy lifestyle leads to happiness, success and achievements.

MARYAM ABSAR (VII)

# PEN "THE STRONGEST WEAPON"

All of us have a powerful weapon in our hands through which we can reach every corner of the world and light without injuring anyone. This weapon is none other than



the "PEN" There are many great leaders who fought by using the pen. A pen is used to fight for justice, equality and freedom. It is used to fight against discrimination, child labor, women's inequality and racial discrimination. All citizens can express their feelings and desires trough the pen. So let's lift or weapon and make our future bright. Someone had rightly said that "Pen is mightier than a sword." I would like to add "Pen connects you to the whole world."

Nabiha Khan

### Amazing Facts About Human Body

- Tooth Enamel is the hardest substance of our body.
- 2. Humans are the only animals with chins.
- 3. Blood makes up about 8 percent of our total body weight.



- 4. Human nose can detect about 1 trillion smells.
- 5. Skin is the body's largest organ.
- 6. Extraocular muscles in the eye are the body's fastest muscles.
- 7. The largest and heaviest muscles of our body is gluteus maximus responsible for hip and thigh movement.
- 8. Nerve cell is the longest cell of our body.
- 9. Our skull is made up of 29 bones.
- 10. The only muscle that never tires is heart.

Anveshika Mishra (Class 3<sup>rd</sup>)

### आज का दोर महिला सशक्तिकरण के लिए स्वर्णकाल है

"नारी जाति का जीवन उस वृक्ष की तरह है जिसकी छाया व फल का उपयोग सदैव दूसरे करते हैं।"

आज का युग महिला सशक्तिकरण का स्वर्ण काल है द्य वह काल जिसमें नारी अधिकारों व कर्तव्यों का पालन बिना किसी पाबन्दी के करने के लिए स्वतन्त्र है। क्या यह स्वतन्त्रता पहले महिलाओं का पास थी ? नहीं। सारी कुप्रथाएं व रुढ़ीवादी मानसिकता केवल और केवल महिलाओं के लिए इस जंजीर के समान थी। जिसे तोड़ना मर्यादा का पालन न करना था। क्यूँ सारी नीच प्रथाओं का शिकार केवल नारी हुई और आज भी हो रही है। सती प्रथा, बाल विवाह कन्या भ्रूण हत्या, दहेज प्रथा आदि के द्वारा शोषण केवल महिलाओं व उसके आत्मसम्मान का हुआ। जहाँ वेद व धार्मिक ग्रन्थों में नारी सम्मान योग्य, पवित्र व श्रद्धा रखने योग्य है। वही दूसरी तरफ व जयशंकर प्रसाद के शहरों में "नारी केवल तुम श्रद्धा हो"।

यह बात पूर्णतया सत्य है कि नारी श्रद्धा है। लेकिन दया का पात्र नहीं। पूर्वकाल से ही नारी ने <mark>शोषण को सहते हुए भी कभी</mark> किसी से दया की भीख नहीं मांगी क्योंकि वह अपने आत्मसमान, शिक्षा , अधिकारों की जागरूकता के लिए चिरकाल से ही प्रयासरत है और सफलता उसी के कदम चूमती है जो हर बार प्रयास बार–बार गिरकर उठने के लिए पूरे जोश की साथ करता है।

"जिम्मेदारी संग नारी

भर रही है उडान,

ना कोई शिकायत

ना कोई थकान,

आज की स्थिति के अनुसार सरकार व समाज की मान्यताओं अनुरूप महिला हर क्षेत्र में अपने पूर्ण योगदान व सहभागि<mark>ता</mark> के लिए प्रयासरत है क्योंकि आज नारी जाति के पास स्वयं को मजबूत बनाना के लिए साधन व उपलब्धियां है द्य जिनमें सर्वप्रमुख है शिक्षा।

"शिक्षा का है नहीं कोई मेल,

जीवन के भाँति ये भी है अनमोल"।

शिक्षा जहाँ एक और हमारा मानसिक, व्यावहारिक व सामाजिक विकास करती है। वहीं हमें अधिकारों व कर्तव्यों के पालन के योग्य भी बनाती है। वही दूसरी और वह भेदभाव , रुढ़ीवादि परम्परा , बीमार मानसिकता व दासता की जंजीरों से मुक्त करती है। शिक्षा हमें शिक्षित कर हमारी आर्थिक दशा को भी सुधारती है।

सरकार द्वारा लागू योजनाएँ

कन्या विद्या धन, नन्ही कली सुकन्या, बेटी बचाओ पढ़ाओ, उजज्वला आदि योजनाएँ सरकार द्वारा निर्मित है जो महिलाओं की जीवन प्रत्याशा के लिए एक फल है जिनका उद्देश्य महिलाओं का सर्वांगीण विकास करना है।

भारतीय संविधान के अनुसार भाग—4 में राज्य के नीति निदेशक तत्वों का उल्लेख है जिसमें उनके अनुसार , संसाधनों का सबके हित में उपयोग है अर्थात शिक्षा , नौकरी व मन्दिर — मस्जिद में जाने का अधिकार सभी को समान रूप से मिलना है।

अनुच्छेद 41 के अनुसार काम का आधार : स्त्री या प्रमुख किसी भी कार्य को अपनी क्षमता व पूरे समय पर बराबरी से करते है तो उस स्थिति में दोनों को समान वेतन दिया जाना चाहिए।

अनुच्छेद 41 के अनुसार काम का आधार : स्त्री या पुरुष किसी भी कार्य को अपनी क्षमता व पूरे समय पर बराबरी से करते है तो स्थिति में दोनों को समान वेतन दिया जाना चाहिए। अनुच्छेद 41 के अनुसार ही महिलाओं को गंभीर आ प्रसूति की दशा में अवकाश व आर्थिक सहायता का प्रावधान दिया गया है। सृष्टि रचियता की सर्वोत्तम कृति मानव है और मानव जाति में केवल स्त्री ही है जो कोमल, पवित्र , सहदयी, सहानुभूति ममता आदि गुणों से सम्पन्न है। केवल महिला ही ईशवर की वह कृति है जो अपने जैसे प्राणी को जन्म देने में सक्षम है। इसलिए महिलाओं की गम्भीर या प्रसूति की दशा में अवकाश आर्थिक सहायता का प्रावधान उसका पहला व प्रमुख अधिकार है।

'अबला जीवन हाय तुम्हारी यही कहानी आँचल में है दूध और आँखों में पानी।"

यह कथन निरर्थक हैं। क्योंकि आज की नारी हर क्षेत्र में अपना योगदान दे रही है। वह खाना बना सकते है तो वह तलवार भी उठा सकती है। वह परिवार की देखबाल कर सकती है। इसलिए आज की स्त्री जाति को अबला समझना संकीर्ण सोच वालों के लिए सबसे बड़ी भूल है क्योंकि वे इन बातों से अनभिज्ञ है कि नारी वीरांगना, राजनीतिज्ञ, शिक्षिका, वीर प्रसू आदि उपमाओं से सशोभित है और जिसमें इतने सारे गूण हैं वह अबला नहीं सबला है।

"अबला नहीं है बिलकुल नारी,

संघर्ष रहेंगे हमारे नारी।"

आज स्त्री की आँखों में पानी नहीं , बे<mark>बसी व ला</mark>चारी नहीं आज उसकी आँखों में <mark>उसके सा</mark>कार होते सप<mark>ने, अपना स्वर्णिम भविष्य व एक</mark> सहयोगी देशो द्वारक की आभा है जो कि हर मानव का पहला कर्तव्य होता है।

देशोद्वार तभी होगा जब आज की नारी शिक्षित होकर सशक्त बनेगी क्योंकि शिक्षा <mark>का गुण</mark> सभी भेदभाव की जं<mark>जीरों को तोड़ देता</mark> है तभी स<mark>शक्त ना</mark>री द्वारा एक सम्पन्न राष्ट्र का निर्माण होता है। बस अब उन्हीं शब्दों के मध्याम से मैं अपनी वाणी को विराम देना चाहूँगी।

जय हिन्द जय भारत

### मेरा भारत महान

इसकी धरती नम मेरे इसकी नदियाँ और झरने भाषा बोली सब मेरे। दस नदियों की टोली है, उप नदियाँ संग होली हैं। अठाईस हैं, राज्य बड़े, संघ—राज्य भी नौ खड़े। तेईस भाषाएँ इसकी ज्ञान बढ़ाते वेद विचार, सात अनोखे पर्वत हैं, अचल अनोखे और अपार। इसकी गाथा अदभुत है, सदियाँ कम पड जाती हैं। आओ मिलकर साथ चलें, कल का हम निर्माण करें। इसका गौरव और बढ़े जग में ऐसा नाम करें। जय हिन्द

> अंशी उपाध्याय कक्षा –3

वृक्षों की महिमा

पेड़ लगाओ पेड़ लगाओ सबसे मत गाओ ये गान उठो लगाओ पेड़ तुम खुद प्रकृति का करलो थोडा मान प्रदूषण रहित रहे जब पृथ्वी होगा तुम्हारा ही कल्याण कूड़ा मत फैलाओ कूड़ा मत फैलाओ सबसे गाओ ये गान

आराधना वार्षने कक्षा– तीन

कहीं नहीं अब आना-जाना ऑनलाइन हो गया जमाना । कागज कलम पुरानी बातें पुराने हुए अब चिट्ठी कर अपनों से बतिया ने को नहीं किसी को अब फूर्सत मन की बात करनी हो तो जरा स्काइप पर आ जाना कहीं नहीं अब आना जाना ऑनलाइन हो गया समाना । नहीं सुबह की चहल-पहल नहीं शाम हंगामा वाली चारों ओर विराना लगता गली मोहल्ले लगते खाली । यार दोस्त सब व्हाट्सएप पर फेसबुक पर दादा नाना कहीं नहीं अब आना जाना ऑनलाइन हो गया जमाना

में तेरी , कुर्बान जाऊँ। ऐ भारत , मैं तेरी भारती , तेरी ही गुण गाऊँ।।

ऐ वतन , मैं तेरी बेटी,

जन्म लिया तेरी मिट्टी में, कर्म भी तेरी मिट्टी में , और तुझ में ही मिल जाऊँ।।

प्यारा भारत

सबकी जाति भारत हो, सबका धर्म भारत हो, हर भारतवासी के लिए, सबसे पहले भारत हो ।।

> मैं से हम, हम से हमा<mark>रा,</mark> पूरा भारत हम बन जाएँ ।।

"चाहती हूँ कोई नेक काम हो जाएँ, मेरी हर एक सांस देश के नामे हो जाएँ।"

> आनंदिता पाठक तिसरी ' अ'

## प्रदूषण से हानि

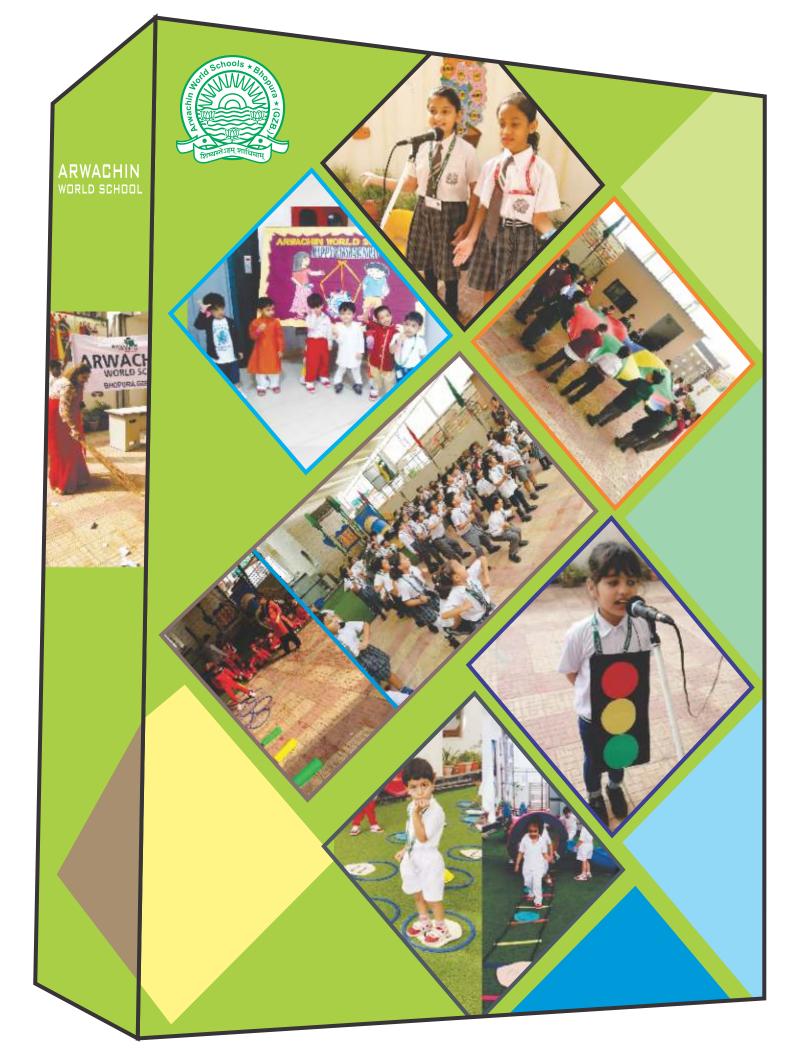
वातावरण में लगातार हो रहा परिवर्तन मनुष्य जीवन के लिए जानलेवा है। जैसे समुद्र का बढ़ता जल स्तर, पिघलते ग्लेशियर तथा तापमान में वृद्धि आदि। हमें प्रदूषण को कम करने के लिए आधी रास्ते अपनाने होंगे:—

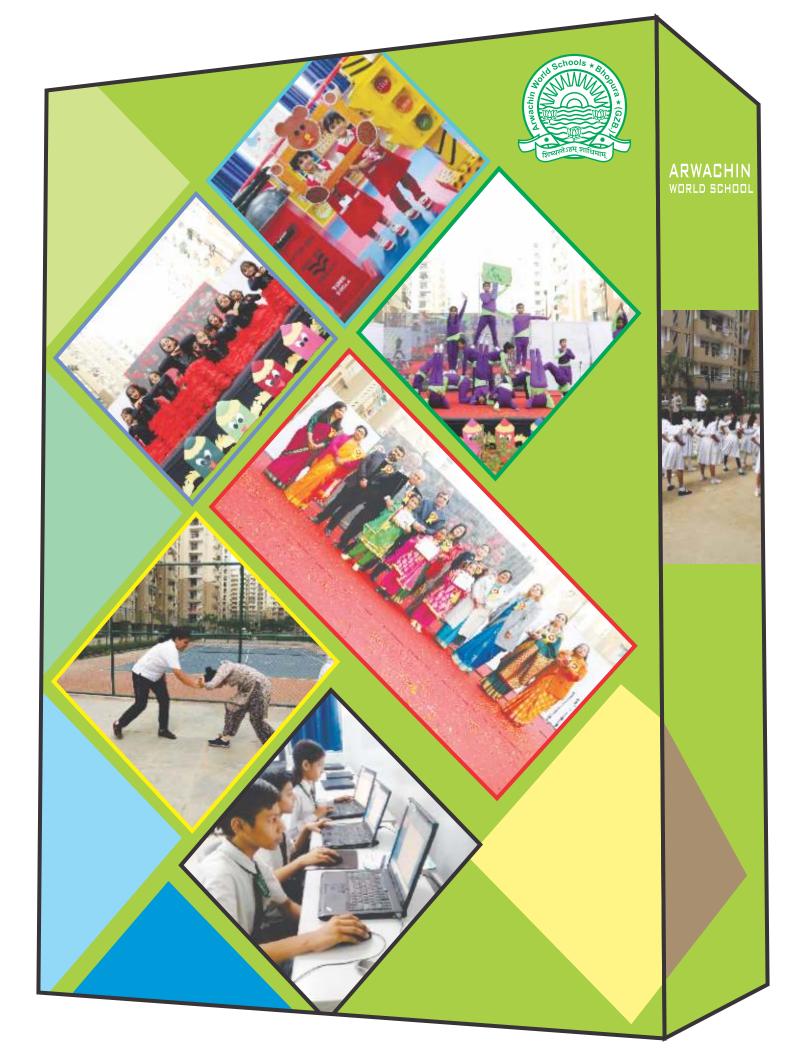
- 1) हमें पेड़ों को काटना नहीं लगाना होगा
- 2) हमें कूड़ा सही जगह फेंकना चाहिए
- अगर हम घूमने जाते हैं, वह पास होतो हमें पैदल जाना चाहिए
- 4) गाड़ियों का इस्तेमाल कम से कम करना चाहिए

वातावरण में परिवर्तन के कारण नाक बहने लगती है, मांसपेशियों में दर्द होता है, जो काम, गले में खराश और शरीर में दर्द जैसी परेशानियां होती हैं । इस कारण दमा पीड़ितों को बहुत पीड़ा होती है । अब वातावरण दूषित हो रहा है तो पानी भी दूषित होगा । अब दूषित पानी के कारण मलेरिया डेंगू जैसी जानलेवा बीमारियां बढ़ रही हैं ।

दूषित पानी के कारण मलेरिया की वजह से 6 प्रतिशत लोक की अकाल मृत्यु हो सकती है । इसलिए अपने शहर को स्वस्थ बनाएं ।

शशांक साजवान





# **EDITORIAL BOARD**

### **CHIEF PATRON**



DR.(MRS.) URMILA SHARMA (Principal)

### **CHIEF EDITOR**



MS. SAUMYA ANURUP SHARMA (Head Mistress)

### **CHIEF ADVISOR**



MRS. PRABHA GARG (Academic Proctor)

ASSOCIATE EDITORS

MS. KOMAL BHATIA

MS. SUPRIYA

MS. RAMNIKA TYAGI

MS. SWATI SHARMA

MS. TRIPTI MEHRA

LITERARY SUPPORT TEAM

MS. SEEMA SHARMA

MS. ACHALA CHAUHAN

MS. REKHA JOSHI

MS. SHRADDHA MISHRA

MS. BHAGWATI

MS. VATIKA SHARMA

MS. NAINY SOOD

MS. SAPNA SINGH

**PHOTOGRAPHS** 

MS. ANUJA MALHOTRA

TECHNICAL SUPPORT TEAM :

MR. SHIVAM SHARMA

MS. KOMAL SADANA

MS. ANJALI NARULA

MS. ANUPRERNA SHARMA

















Arwachin Bharti Bhawan Sr. Sec. School Vivek Vihar, Delhi - 110095