



## MBS INTERNATIONAL SCHOOL WORKSHOP FOR PARENTS SESSION 2019-20

**TOPIC: KNNOW YOUR CHILD** 

DATE: SEPTEMBER 14, 2019

ATTENDED BY: PARENTS OF STUDENTS OF NUR-II

VENUE: AUDITORIUM, MBS INTERNATIONAL SCHOOL, DWARKA

**RESOURCE PERSON: KRITIKA SAXENA** 

"Children have real understanding only of that which they invent themselves." ~ Jean Piaget

The viewpoint of a child is very different from that of an adult. A child's view is full of wonder, amazement and excitement, innocent mischief and simplicity. The child slowly starts imbibing more and more of its environment and begins to express ideas that it has acquired from observation.

Being a parent is no less than a bliss; however, there can never be a more daunting task than to find a perfect way to parenting. Children learn more from what we are than what we teach. Therefore, it becomes imperative for us as adults to unlearn a few things and learn/acquire many new skills to model the personality we would like our child to be.

To consider such a vital concern, MBS International School organized a workshop on Know Your Child (KYC) on 14th September 2019 ,Saturday for the parents to understand the strong bond between a child and a parent by Kritika Saxena ,a Consultant Clinical Psychologist with the department of Mental Health and Behavioral Science at Fortis Healthcare. She designed the workshop to help the parents understand children better and thus improve the quality of family life dramatically. The workshop does a root cause analysis of children's behavioral patterns and equiped the parents with the knowledge to help children blossom to their full potential. An interactive session was taken by the Psychologist where the parents resolved their queries and issues related to knowing their children.

The workshop helped every parent to:

- Understand their child better
- Know why children behave the way they do
- Take the right steps in bringing up their child
- Spend quality time with children

She spoke about the importance of setting a routine for children and striking the right balance between discipling a child and giving into his or her emotional needs. A more participative, involved style of parenting will build trusting relationship between the parent, child and the school and will make more secure and mature adults in future. With many questions, doubts and dilemmas being clarified at the workshop, it turned out to be a highly interactive session. The parents shared an encouraging, positive feedback about the workshop and appreciated the school's effort.

