



MBS INTERNATIONAL SCHOOL



THEME: -The goal of meditation is not to control your thoughts; it is to stop letting them control you"

DATE:- December 7, 2021

VI A

TEACHER INCHARGE: Ms Juliet Antony

S. NO.	EVENTS	PARTICIPANTS
1.	Event Compering	Divyansh Yadav and Saumya Bisht
2.	Ganpati Shlok	Rehan Gautam
3.	School Pledge	Gurnoor Kaur
4.	Thought of the day	Vasudha Rana
5.	News Headlines	Samuel Balyan , Daksh Bansal and Devesh Singh
6.	Poem	Tejas Prabhat
7.	Speech	Maria Alam
8.	Dance	Avanitka , Harsh , Bhoomi , Khushi , Ekansh and Diksha
9.	National Anthem	Rehan Gautam
10.	Assembly Address	Ms. Deepika Bhutani
11.	Power Point Presentation	Made by the Class Teacher (Ms. Juliet Antony)

Assembly In charge:

Ms. Juliet Antony

Principal Sir:

Mr. Atul Wadhawan

ASSEMBLY REPORT

THEME: -“The goal of meditation is not to control your thoughts; it is to stop letting them control you”

Morning assembly undoubtedly holds the numerous positions out of all the routine activities in a school. It aids community participation as well as hones the skills of children on account of healthy competitive spirit between different groups. Probably it's the first platform which is provided to young minds, boosting their confidence towards public speaking and imbibing a feeling of team spirit in their nascent minds.

Keeping up with the same the students of class VI A conducted their class assembly on 7 December 2021. The topic of the assembly was -**“The goal of meditation is not to control your thoughts; it is to stop letting them control you”**.

The assembly commenced with the Ganapati Shlok which is believed to provide peace and serenity to our mind, body and soul followed by Pledge, thought of the day and news headlines.

The assembly had performances like poem recitation, mesmerizing dance performance and speech given by the students. It was absolutely delightful to watch all of them.

The Middle Wing Headmistress, addressed the gathering and motivated the students. The assembly culminated with the rendition of the National Anthem.



