



MBS INTERNATIONAL SCHOOL

WORKSHOP FOR STUDENTS

SESSION 2018-19

TOPIC: PARIKSHA PAR CHARCHA

DATE: SEPTEMBER 26' 2018

ATTENDED BY: GRADEIX TO XII

VENUE: SCHOOL AUDITORIUM

RESOURCE PERSON: MS.SHINY BENJAMIN

MBS International School organised a workshop ON "Pariksha par charcha" for grade **IX – XII**. The aim behind this workshop was to guide the students how to deal with the upcoming examination stress, to equip our young aspirants with the skills and strategies to manage exam stress and tips to prepare for examinations.



