



## MBS INTERNATIONAL SCHOOL WORKSHOP FOR STUDENTS SESSION 2019-20

**TOPIC: A TO Z OF EMPATHY** 

**DATE: JULY 24,2019** 

ATTENDED BY: STUDENTS OF CLASS XI

VENUE: SMART CLASS 4, MBS INTERNATIONAL SCHOOL, DWARKA

**RESOURCE PERSON: MS. KESHAV** 

A workshop on "A to Z of Empathy" for the students of class XI was organized on July 24, 2019 by Ms. Keshav Sharma (the Psycho-oncologist at the Department of Mental Health and Behavioural Sciences with Fortis Healthcare). It was an extremely interesting and informative session in which children were taught the value of embracing empathy in life. The students were also explained the ways to enhance their capacity for empathy. Through a very thought provoking presentation, the speaker laid importance on becoming aware of one's own feelings so as to understand other's in a better way. The students connected with the session as the speaker proceeded with the examples of day to day experiences. During the inspiring session the children learnt how empathy is critical for success and for global community.





