



## **MBS INTERNATIONAL SCHOOL**

### **WORKSHOP FOR STUDENTS**

#### **SESSION 2021-22**

**TOPIC: ANTI TOBACCO**

**DATE: May 13, 2021**

**ATTENDED BY: IX TO XII**

**VENUE: ZOOM**

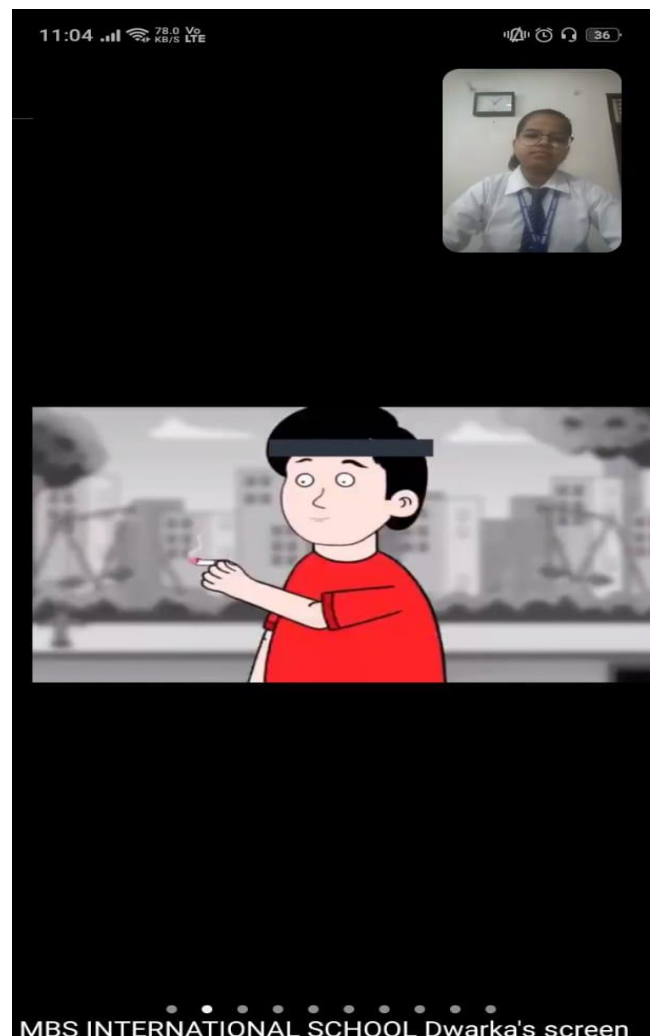
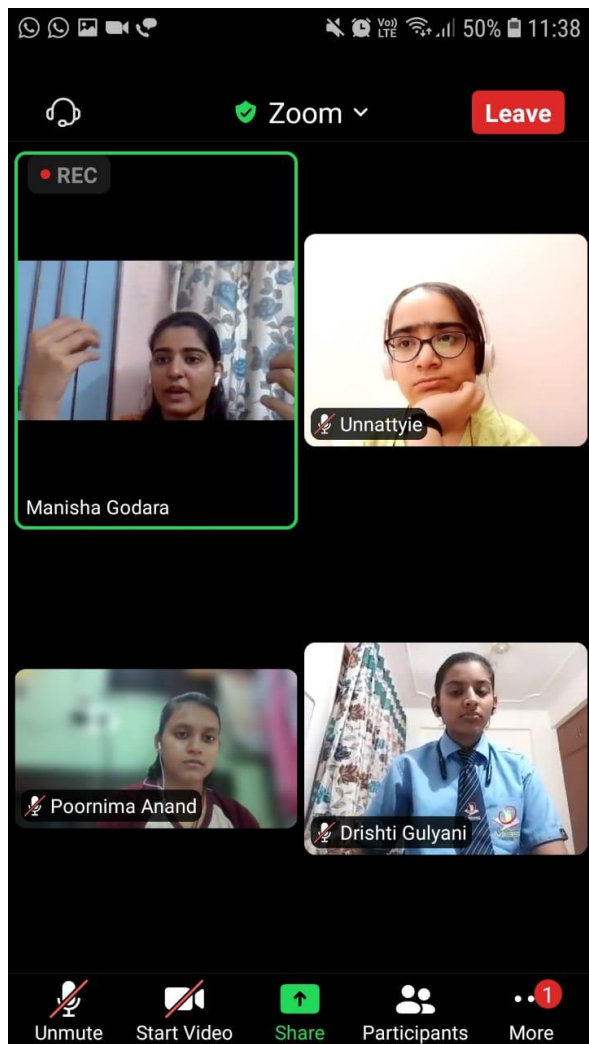
**RESOURCE PERSON: MS MANISHA GODARA**

**“Consciousness is only possible through change; change is only possible through movement.”**

At MBS International school, we do not create 'mere' responsible citizens but 'empowered' citizens. Serving the purpose, measures are taken to extend opportunities to our students to become conscious, enlightened individuals.

The school, under the CBSE directive, has been observing No Tobacco Campaign every year to create awareness in students about the health hazards of tobacco. This year too, the students had an opportunity to attend an educative webinar on 'Anti tobacco' led by the resource person Ms. Manisha Godara, Clinical Psychologist & Counselor, South-West District Legal Service Authority on May 13, 2021. She spoke at length about the pivotal role of the students as mindful, responsible individuals to take up initiatives in awareness drives against substance abuse.

The students were also provided significant opportunity to interact and engage in an informative and interactive discussion.



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Recording

Poorima Ana... Manisha Godara Sakshi Yadav MBS INTERN... Unnattyle

## WHY WORLD NO TOBACCO DAY IS IMPORTANT

- It shows us how the tobacco industry contributes to poverty

Around 80% of deaths due to tobacco happen in low and middle income countries. In other words, the poorest people are the ones most negatively affected. Due to addiction, money that could be used on education, food, or health care, goes to tobacco. Over the years, this decreases productivity and drives up the cost of health care. That's not a pretty picture for any income, and it's a sure-fire way to keep the less fortunate impoverished.

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Recording

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