

MBS INTERNATIONAL SCHOOL

WORKSHOP FOR STUDENTS

SESSION 2022-23

TOPIC: Self Awareness

DATE: January 17, 202

ATTENDED BY: VII & VIII

VENUE: Auditorium

“When I discover who I am, I’ll be free.”

— Ralph Ellison

A workshop was conducted for class VII and VIII students on the topic of “self-awareness”, to make them understand themselves better, to know their strengths and weaknesses and to know their talents. They were shown motivational videos and involved in games.

It was an interactive session, where the students could participate and speak the answer. The students were told about how being self-aware makes them confident enough to lead happy life. It was a session to which the students looked forward and were happy to attend.





