



MBS INTERNATIONAL SCHOOL WORKSHOP FOR TEACHERS SESSION 2019-20

TOPIC : Early Interventions for Bullying

DATE : August 31,2019

ATTENDED BY : All teachers

VENUE : School Auditorium

RESOURCE PERSON: Ms.Neha, Ms.Anindita Anand and Ms.Rhea

Narula

Glimpse of the Workshop

"Strong people stand for themselves. But the strongest people stand up for others."

Bullying is an issue that regularly needs to be addressed in schools and it can be difficult to think of new ways to engage students' enthusiasm and focus. The solution to putting an end to bullying is not only to stop it at the source but also to find out what is causing the person to behave the way that they do. In order to sensitize the teachers about the different kinds of bullying which are prevalent in schools and share ways of how to mitigate them, a workshop was conducted in MBS International School on August 31,2019. The workshop was an interactive one wherein the participants were invited to engage in group discussions and debates about handling the incidents of bullying by creating harmony and healthy relationship among students in schools. Helmed by Ms.Neha, Ms.Anindita Anand and Ms.Rhea Narula, who are child and adolescent psychologists in the division of Pediatric & Psychiatric in Sir Ganga Ram Hospital, it helped in exploring the appropriate roles of different groups in preventing bullying. The workshop provided participants with a great opportunity to develop a better understanding of bullying behaviour, it's impact and how we can work together to tackle it. Role plays were performed by the speaker which portrayed stylized examples of the uses of bullying.

Highlighting the importance of recognising signs and symptoms of bullying at the earliest stage, the workshop empowered the teachers to effectively respond and support the child and report the concerns to the respective authorities. Various activities were also suggested to help children develop the social skills to prevent and stop bullying in their surroundings and a dire need to have an action plan for the same was proposed.

