St. Mary's School, Dwarka Holiday Homework Class –XI

Subject: Psychology (037)

Worksheet 1

Lesson 1: What is Psychology?

Activity 1

You have studied Chapter 1 "What is Psychology" this chapter tells you about several professionals in the field of psychology. Contact a psychologist who fits into one of the categories and interview the person (telephonic interview). Have a list of question beforehand. Possible questions could be:

- 1. What kind of education is necessary for your particular job?
- 2. Which college/university would you recommend for the study of this discipline?
- 3. Are there many jobs available today in your area of work?
- 4. What would a typical day at work be like for you- or there no such thing as "typical"?
- 5. What motivated you to enter this line for work?

Write a report of your interview and include your specific reactions.

Worksheet 2

Lesson 1: What is Psychology?

No. of Questions: 10	MM: 30
Q1. Define cognition.	(2)
Q2. What is school psychology?	(2)
Q3. What is introspective method?	(2)
Q4. What do you mean by "stimulus" and "response"?	(2)
Q5. Where and how community psychologist work?	(2)
Q6. Where and why organization psychologists are needed?	(2)
Q7. Differentiated between basic and applied psychology.	(3)
Q8. How is counsellor and a clinical psychologist different?	(3)
Q9. Discuss some of the theme/ issues which provide direction to research and app	<u>-</u>
psychology.	(6)
Q10 Define psychology and explain different fields or scope of psychology.	(6)

Worksheet 3

Practical Work

Experiment 1.

Problem to measure the extent of Muller Lyre illusion.

Introduction: illusions are misperception resulting from misinterpretation of information received by our sensory organs illusion are experienced by all normal human beings as well as birds and animals. Illusions are experienced through the stimulation of any of our senses. The principal theory to explain illusion are:

- **I.** Eye movement theory
- **II.** Perspective theory
- **III.** Empathy theory
- **IV.** Confusion theory

Experiment 2.

Title: Meaningfulness of studying material has an impact on learning.

Problem to study the effect meaningfulness of learning using list of meaningful words to nonsense syllables.

Worksheet 4

Practical Work

Experiment 1

Problem: To study the effect of motivation on perception.

Experiment 2

Aim: To determine the span of attention of digits in the subject.

- 1. What is span of attention?
- 2. Miller's theory of span of attention
- 3. The concept of chunking