

Do's for Teachers

Teachers SHOULD:

- ✓ **create a happy, caring, and Inclusive classroom** - make room for social and emotional learning;
- ✓ **promote physical, social and emotional competency and build resilience in the classroom;**
- ✓ **equip with latest researches, technology, and developments in the field of education;**
- ✓ **be yourself, be prepared to listen and ask questions;**
- ✓ **be non-judgmental, empathetic, patient, calm and accepting in your approach;**
- ✓ **reward good behaviour and negatively reinforce undesirable behaviour;**
- ✓ **focus on kindness and gratitude and exercise compassion – by involving them in different community outreach programmes;**
- ✓ **seek help from authorities and outside agencies if feeling out of depth;**
- ✓ **work with parents as partners (involve them in classroom activities);**
- ✓ **make time to take care of yourself – one can't pour from an empty vessel.**

Don'ts for Teachers

Teachers SHOULD NOT:

- ✗ **ignore non-verbal signs and symptoms of deviance in behaviour of students in class;**
- ✗ **punish any child physically, tease, humiliate or use harsh words or torture mentally;**
- ✗ **leave students unattended;**
- ✗ **be judgmental, impatient and prejudiced in your verbal and non-verbal communication;**
- ✗ **pressurize the students to stay busy, instead engage them in experiential learning;**
- ✗ **make personal comments to shatter the self esteem of the child;**
- ✗ **rush into decision making without assessing the situation holistically.**