



REPORT ON: MOBILE CLASSROOM VAN FOR HEALTH AND WELLNESS EDUCATION VISIT

DATE : 17 NOVEMBER 2016

ORGANISED BY : EXPRESSIONS INDIA

CONDUCTED BY : DR. RUCHIKA SHARMA DAS, MS. APARAJITA DIXIT

ATTENDED BY : 35 STUDENTS OF CLASSES IX, X.

ITL Public School believes in promoting effective learning and underpins the continuous improvement of personal, social, moral and emotional well being. Keeping the same in mind, the school, invited **Expressions India Team** with their newly launched “**Mobile Classroom Van for Health & Wellness Education (MCHWE)**”

Mobile Classroom Van has been an innovative addition to the outreach initiative for **Health Life Skills and Wellbeing Programs**. 30 students of classes **IX and X** along with 5 Peer Educators who were enrolled in the **Mindsmart 2016 ,Adolescent Peer Educator Leadership Course in Life Skills & Wellbeing**, attended the sessions conducted by **Dr.Ruchika Sharma Das ,Senior Resource Person** and **Ms. Aparajita Dixit ,Life skill trainer** in this unique and prestigious Education Van.

The students were shown videos regarding **health education, handling adolescent issues ,substance abuse, peer pressure, gender sensitization** .This was followed by an interactive session with the resource persons .The students actively participated in **Role Plays, Group Discussions** and were greatly enriched by the programme.

The participating teachers **Ms. Pratishtha Gupta** and **Ms. Nidhika Malhotra** were also oriented to the common behavioral and learning problems in the classrooms to enhance their awareness and improve the knowledge base, skills and basic intervention strategies.

All participating students were awarded with certificates and badges by the **Expressions India Team**.

