



## **Mind Smart 2015**

### **The Annual Adolescent peer educator's leadership course**

#### **Workshop number 4**

On 13<sup>th</sup> august 2015, a team of five students, was taken to science centre for the workshop organised by CBSE at Pragati maidan, for the peer educators. This was the fourth workshop and themes for the same were 'Family bonding and communication – emerging paradigms' and 'media literacy – learning life skills from visual mediums'. Students from different schools were divided into four groups, out of which, two were expected to present skits on the themes already mentioned. Two other groups were expected to present a canvas on the same themes. The students were given 1 hour to prepare. The event was aimed at making students realise the importance of team work.

The time duration was each skit was 10 minutes followed by discussion among the students and Dr. Nagpal, a peer education trainer and also the organiser of the workshop. Students of ITL Public school along with other students presented a skit on media literacy and enthusiastically participated in the discussion with Dr. Nagpal. The students learnt the positive and negative ways in which the media can influence young minds and gained awareness of society as a system. Student's efforts were appreciated and they learnt how to work with media and use their own media to develop and publicise messages that are healthy, constructive and often ignored by larger society.