

## **ITL PUBLIC SCHOOL celebrated World Dance Day on 29th April 2021**

Each year International Dance Day is celebrated on April 29 to commemorate dance and enjoy an art form that cuts across political, cultural and ethnic barriers. Dance is both an art form and amazing exercise, which not only helps to bring people together but to celebrate their happiness and express their emotions.

Importance of Dance Day was explained through a recital. Students showcased their dancing skills through a dance video, "A Day in the Life of a Dancer", in which they expressed how dance impacts their day to day life through an amalgamation of different folk dances of India.