



REPORT OF INTERNATIONAL DAY OF SPORTS DEVELOPMENT AND PEACE

DATE : 6th April, 2022

NAME OF COMPETITION : International Day of Sports Development and Peace

CONDUCTED BY : Sports Department

NAME OF TEACHERS IN-CHARGE : Mr. Rajput

ITL Public School celebrated International Day of Sports Development and Peace on 6th April, 2022. This day presents an opportunity to recognize the positive role that sports and physical activities play in communities and in people's lives across the globe. Sports has the power to change the world; it is fundamental right and a powerful tool to strengthen social ties and promote sustainable development and peace, as well as solidarity and respect for all. To celebrate this day sports department organized various races for the students. Students participated in race with full vigour and enthusiasm and enjoyed participating in races. Sports department also organized a Yoga session for the students. Students learnt the technique of Sukshama Vyayama, asanas and Pranayama. Yoga session was very refreshing for the students. Students felt relaxed after attending Yoga session.

