

ITL PUBLIC SCHOOL OBSERVES WORLD DIABETES DAY

Name of the Event: **World Diabetes Day**

Date : **November 14, 2022**

Participants : **Classes VI-XII**

“Diabetes has the power to kill us slow every day, but we have the power to stop it with the right actions.”

World Diabetes Day provides an opportunity to raise awareness of diabetes as a global public health issue and what needs to be done, collectively and individually, for better prevention, diagnosis, and management of the condition. This year's theme, '**access to diabetes education**', underpins the larger multi-year theme of 'access to care'. It focuses to increase access to diabetes education to help improve the lives of more than half a billion people living with diabetes worldwide.

Students at ITL Public School prepared digital posters and spread awareness regarding food choices through discussions and WhatsApp messages in official groups. Diabetes is a slow killer and can be controlled by balanced diet and adopting better lifestyle practices.

#diabetes #diabetesawareness #diabetestype #diabetesawarenessmonth

#diabetesmanagement #diabetesglobalpublichealth

