



WORKSHOP -MINDSMART 2016

The Adolescent Peer Educators-Leadership Course in Life Skills & Wellbeing

Date : 27 July 2016

Venue : National Science Center, Pragati Maidan, New Delhi

Resource Person : Mr. Jetender Nagpal

Attended By : Ms. Vandna Vasudeva & five students of class IX

Organised By : Expressions India

An interactive workshop with significant student participation on Life Skills was conducted under the aegis of EXPRESSIONS INDIA, an empanelled agency of CBSE, which witnessed a huge participation of 32 schools from all over Delhi. Students were divided into eight groups, each of which was given a topic related to challenges faced by adolescents. They had to present it to the audience in the form a Role Play / Medley / Group Discussion. Enthusiastic students enacted a role play depicting the conflicts between adolescents and their parents, giving manifestations to their life-skills in a subtle and innovative way, much to the surprise of their mentors and facilitators. The resource person, Mr. Nagpal's ability to build up an immediate rapport with the students by resonating to their mental wavelength weaved its magic and made it an enriching experience for the students.

