Report on Visit to Ayurdham

Date : August 5th, 2016

Venue : Ayurdham, Najafgarh

Conducted & Organised By: Social Service Club

Attended By : Students from class IX to XII

"For it is in giving that we receive." — Francis of Assisi

Senior citizens are that essential part of our society, who are often overlooked en masse by the world. With an aim to express regard on the occasion of World Senior Citizen's Day, the Social Service Club organised a visit to the esteemed institute called 'Ayurdham'.

Ayurdham is an esteemed institute, whose backbone is the symbiotic relationship between the elderly residents and the youth that resides there. Even being featured on Aamir Khan's show 'Satyamev Jayate', the institute endeavours to spread their eco-friendly initiative towards having a better and happier society.

The visit was a teaching experience for the students, as they got an opportunity to interact with the elderly, who shared their snippets of knowledge to encourage them to spread the message of goodness in the society. The students showcased their talents for the residents in the form of poem recitation along with a medley and a dance performance. The residents reciprocated this by their melodious songs. The students also took a step forward and prepared a small brunch for the residents.

At the end of the visit, the students were enriched with the spirit of doing hard work, helping those who are not as fortunate as us and the promise of making the society a better place.