

# SADHU VASWANI INTERNATIONAL SCHOOL FOR GIRLS

## LEISURE TIME ACTIVITIES CLASS-I (2020-21)

**As the holidays have begun.  
It's time for us to have some fun.  
It is time to see amazing kids' movies.  
And help our mama in making goodies.**



**We will make new friends and  
play lots of games.  
Spend time with them and  
know their names.  
We got a big break from school,  
to enjoy the vacation and stay  
cool.**

**We are free to do anything we like  
Playing, reading or riding our bike.  
We will sleep on time and rise with  
the bright sun.  
As the holidays have begun  
It's time for us to have some fun.**



Dear Parents,

In these challenging times, when everyone is advised to stay at home to combat the state of lockdown imposed by the government for our safety we as parents need to sensitize and remind our children about the precautions they need to follow to keep the deadly corona virus pandemic at bay. Some of these measures such as washing hands frequently using the proper technique, maintaining social distance, staying indoors and eating healthy food have already been discussed with the students in their online classes.

Furthermore, we have designed a set of interesting and creative activities to keep the students engaged and to help them utilize their time at home more productively and make the process of learning fun yet enlightening.

We do hope that our young learners will enjoy doing these tasks.

**We wish you a very enjoyable and happy vacation !**

With warm regards.

### Kindly follow the given points:

- Motivate your child to read simple moral based stories in English and Hindi, to enhance their language skills. Reading will also boost their interpretative skills and provide them valuable literary experience.
- Encourage them to watch good English movies / plays. It can be an enjoyable learning experience.
- To make them aware of their surroundings, tell them to watch various informative T.V. Channels like Discovery, National Geographic, History and Animal Planet.
- To enhance their creative talent, motivate them to draw / paint.
- Encourage your child to play board games e.g. Chess, Ludo, Carrom etc.
- Help your children to become independent by giving them responsibilities. Involve them in small household activities.
- Practice English and Hindi handwriting.
- Learn the prayer and school song from your previous year's school diary.
- Perform all the tasks given on A4 sheet.
- Make a decorative paper bag / folder to keep all your leisure time activity sheets.
- Perform weekend tasks given below and make a note of them in the prescribed notebook

S.No.	Weekend Dates	Weekend Cleanliness Tasks
1.	23rd-24th May'20	Clean your shoe rack
2.	30th- 31st May'20 6th- 7th June'20	Fold your napkins and personal clothes
3.	13th-14th June'20 20th-21st June'20	Set your books in your shelf and study table after sorting
4.	27th-28th June'20	Wash your own plates after meals

## Creative Tasks !

### 1. Proud to be an Indian

This summer vacation, take a creative break and paste/draw a map of India on an A3 sheet. Use that map as a canvas to design a collage of all the things that you love about your country such as the monuments, festivals, costumes etc.. Also write a slogan reflecting your love for the country.

### 2. Ek Bharat Shreshtha Bharat

- Majestic Himalayan peaks, snow fed streams and the lovely climate- the state of Sikkim has something in store for everyone. Explore and find out the name of any one tourist places in Sikkim that you would love to visit with your family if given a chance to do so. Cut a postcard of size(6 by 5 inches)from an A4 sheet of paper . On one side, use art and craft material available at home and draw and colour any one thing like for e.g. the costume, monument or cuisine and on the other side write the name of that place along with a sentence or two about the specialty of that place.



- छात्राओं में नैतिक मूल्यों के विकास की बढ़ोतरी हेतु निम्नलिखित गतिविधियाँ तैयार की गई हैं।  
भारत विविधताओं का देश है। अतः इसके सभी प्रांतों में अभिनन्दन करने का तरीका एक दूसरे से अलग है। इसकी चारों दिशाओं (पूर्व, पश्चिम, उत्तर, दक्षिण) में स्थित किसी भी एक प्रान्त के अभिनन्दन करने के तरीके को फ़्लैश कार्ड पर रचनात्मक तरीके से चित्र की सहायता से प्रस्तुत कीजिए। (आकार A4 शीट)

उदाहरण के लिए जैसे पंजाब के लोग सतश्री अकाल कहते हैं।



- भारत की एकता को प्रदर्शित करने वाले किसी एक गीत को याद करके कक्षा में सुनाइए।

### **3. ISA Task**

Do a quick Google search on the flags of China, Japan, Canada and India focusing on the things that make each of them unique. Now, paste the coloured print outs of these flags or draw them along with the names of the countries they belong to on A4 sheets.

### **4. Maths Grid**

In order to enhance the mathematical skills of students in the coming months, write the numbers from 1-100 on a A-4 sheet (size 10 by 10 inches) as shown in the figure given below and answer the following questions.

1	2	3	4	5	6	7	8	9	10
11	12	13	14	15	16	17	18	19	20
21	22	23	24	25	26	27	28	29	30
31	32	33	34	35	36	37	38	39	40
41	42	43	44	45	46	47	48	49	50
51	52	53	54	55	56	57	58	59	60
61	62	63	64	65	66	67	68	69	70
71	72	73	74	75	76	77	78	79	80
81	82	83	84	85	86	87	88	89	90
91	92	93	94	95	96	97	98	99	100

**Q1. Colour the box blue, having your age written in it. Now add 10 more, what number did you land on ? \_\_\_\_\_**

**Q2. Colour the box red having your birthday number. Now add 5 to it. What number did you land on? \_\_\_\_\_**

**Q3. Colour the box purple having number of people in your family. Now add 1 to it. What number did you land on ? \_\_\_\_\_**

**Q4. Colour the box yellow having your shoe size written in it. Add 4 to it. What number did you land on? \_\_\_\_\_**

**Q5. Colour the box green having number of letters in your name. Add 3 to it. What number did you land on ? \_\_\_\_\_**

## 5. Design your own T-shirt !

A very simple way to decorate t-shirts and make them your own is to use stamps and fabric paint to create designs on them. To begin with, get a plain t-shirt to experiment on. Make stamps yourself with items that are readily available at home such as bubble wrap, tin containers of various shapes, bottle caps, etc. Fruits and vegetables are also great for stamping. Lemons, lady finger, and hearts of cabbage can also be used innovatively as stamps to create fun designs. And if you do not get any stamp for yourself, then simply dip your hands in paint bucket and have fun! Click some pictures wearing your creative t-shirt and paste them on an A4 sheet.



## A week filled with activities.....

- Click pictures of your ward while they perform the following activities (with parent's assistance) and paste them in a table calendar format to make it more attractive.

### Make it Monday



- 1) Make a mask out of paper plate  
Or
- 2) Reuse the carton/ bottles

### Lend a helping hand Tuesday



Help your mother in doing dusting in any one room of your house

### Water day Wednesday



- 1) Help your parents in washing their car or bike.
- 2) Clean the water bottles and refill them with clean water
- 3) Water the plants in your garden.

## Thinking and thoughtful Thursday



1) Do a random act of kindness. For example: plant something or share your toy with your special friend or feed the birds or whatever makes everyone happy.

## Foodie Friday



- 1) Make ice popsicles  
Or
- 2) Make a Fruit chaat

## Super Saturday/Sunday



- 1) Read for pleasure
    - Akbar Birbal
    - Amar Chitra Katha or any other book
  - 2) Movies for fun (any 1)
    - The Good Dinasaour
    - The Toy story
    - Despicable me
- \* Make stick puppets about any two characters from the story.

### **Father's Day** (with parent's assistance)

Father's Day is on the third Sunday of June (21st June, 2020). So pamper your father/grandfather. Make him feel special in every small way.

Be a master chef for your dad. Put on your chef's cap and make something delicious to pamper your father on this father's day, like "Yummy, healthy roohafza shake." Click photographs/selfies while preparing the shake and paste on an A4 sheet. You can take help from the given link (<https://www.youtube.com/watch?v=HAGYA0klmqY>)



### What you'll need

1. roohafza
2. milk (1 glass)
3. crushed ice

### How to make:

1. take a glass of milk.
2. add two spoons of roohafza.
3. add crushed ice and stir it well.

Your yummy shake is ready to be served.

