

DADA J. P VASWANI'S BIRTHDAY CELEBRATION – 2020

HEAR THE HURT AND HEAL THE HEART

On the auspicious occasion of our spiritual head, Revered Dada J.P. Vaswani's 102nd Birth Anniversary, the students and teachers of Sadhu Vaswani International School for Girls embarked on a mission- 'to hear the hurt and to heal the heart'. We were undeterred by the upheaval in the world as in our hearts we bore Dada's love and unmistakably felt the protective power of Dada's blessings.

An Online Yoga Session was organized for the students to help them direct their thoughts towards the manifestation of a more confident self.

Online Forgiveness Pledge Forms were announced and filled by students, teachers, parents and support staff. 2,78,051 people have pledged to 'hear the hurt and heal the heart' this year.

The teachers and students who are strong enough to forgive and forget the wrongs done against them attempted to discover true freedom by crossing the Bridge of Forgiveness.

The school organized an online awareness program, 'Proactive Health and Hygiene Measures' for the students of Sankalp to mount an effective public response in light of the public health emergency.

A virtual meet was organized by the teachers and students of SVISG to encourage other schools to participate in the 'Moment of Calm' and absorb the wonderful elixir of life called, 'forgiveness'.

An online clay modelling workshop, 'A Gift for the Forgiven Heart' was coordinated for the students of Sankalp to promote creativity and versatility.

Our Beloved Dada J.P Vaswani inspired everyone to 'Forgive and Forget'. Embracing this thought, students of SVISG presented a movie on 'Forgiveness', which was an earnest effort to spread this beautiful message.

The exuberant young hands of the Primary School designed creative and attractive birthday cards and shared them via digital platform.

Inspired by Beloved Dadaji's principle of peace and harmony, our girls, too, set out on the path of discovering the magic of forgiveness. To share this sublime experience with others, the students presented their thoughts on the topic, "Forgiveness: Hearing the Hurt, Healing the Heart".

To help our young learners inculcate some positive traits such as self-control, attentiveness in class, empathy and respect for others, they were engaged in a Guided Meditation Session.

Recognizing the eternal worth of books and love, our girls animatedly participated in #MyMomentofCalm Bookmark Challenge and promised to traverse the road that leads to the home within, while designing impressive bookmarks with inspirational messages.

With the help of an online session, the School Counsellor helped the girls of Sankalp discover the light of forgiveness that helps heal wounded hearts. The participants eagerly absorbed the secrets to a happier life and pledged to illuminate the world with love and compassion.

Dadaji edified the importance of forgetting, without which forgiveness is rendered futile. Our young ones promised to remember this message for life as they made beautiful forgiveness bands.

The Inter House Digital Magazine Cover Designing Competition for the School Magazine 'KARUNA' evoked a spirited response in the students as creative ingenuity and unalloyed love decorated the lovely designs dedicated to Dadaji.

Bird Feeding formed one of the important activities in the birthday celebrations of our Beloved Dadaji, accompanied by an aim to inculcate in children, empathy towards all forms of life.

To proliferate the message of universal love towards the animal world and as an attempt to allow the learners to explore the wonderful world of vegetarian food, vegetarian sandwich making activity, "Healing Foods are Food for the Soul" was organized.

In the Inter-House Poster Designing Competition, the students of classes IX-XII imprinted the heart with colours of love and kindness while they painted posters expressing the healing of a hurt heart and attesting their commitment to global harmony and peace.

A skill sharing craft session was organized for the students of classes IX-XII. They learnt the technique of making a 3D calendar which will help them to record their emotions every time they forgive someone.

The mellifluous rendition of the song, "IK TU HI TU", by our students delivered peace to all as it reminded everyone of Dadaji's ethereal presence.

Embracing the virtue of forgiveness, students of classes IX and X presented self-composed poems in Hindi.

The students of classes VI-VIII took great delight in giving wings to their thoughts on the topic, 'Beginning of inner well-being through the act of forgiveness', the younger ones of classes III-V penned short stories on 'How to be forgiven'.

The students of Gardening Club participated in Tree Plantation in their neighbourhood as a commitment to plant hopes for a better future and foster a desire to share their assets for the greater good.

On the auspicious occasion of Dadaji's Birth Anniversary, the School, with the most heartfelt desire to serve the society, performed Sewa. Face masks, which have become a reality during the COVID 19 pandemic, were distributed, along with other essentials. Social distancing was ensured during the programme.

We helped our children commence on their journey to self-discovery by organizing Online Inter School Yoga Competition.

The euphonious voice of the students reciting shlokas from Bhagavad Gita engraved our consciousness with the deeper meaning of forgiveness.

The morning of 2nd August reverberated with love and happiness as 1385 people, including students, parents and teachers came together to take part in the virtual celebration of Beloved Dadaji's 102nd Birth Anniversary.

The School Principal, Ms Santosh Vyas, with her effervescent energy, welcomed the audience and assiduously engaged in helping everyone perceive the beauty of forgiveness.

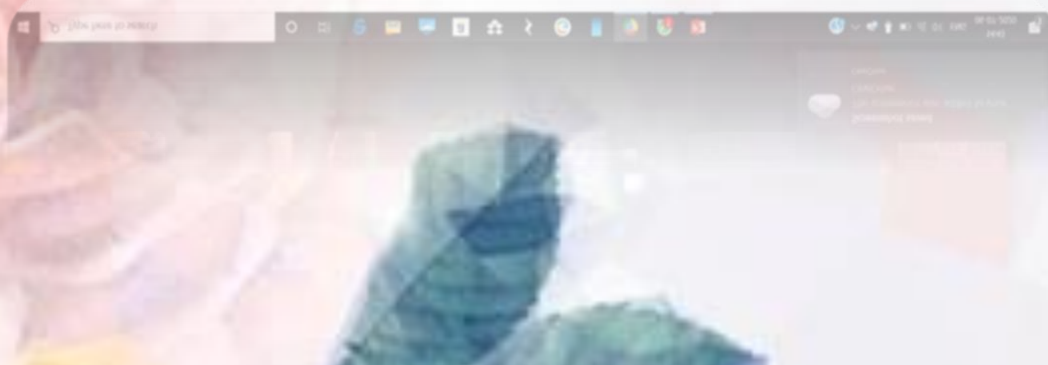
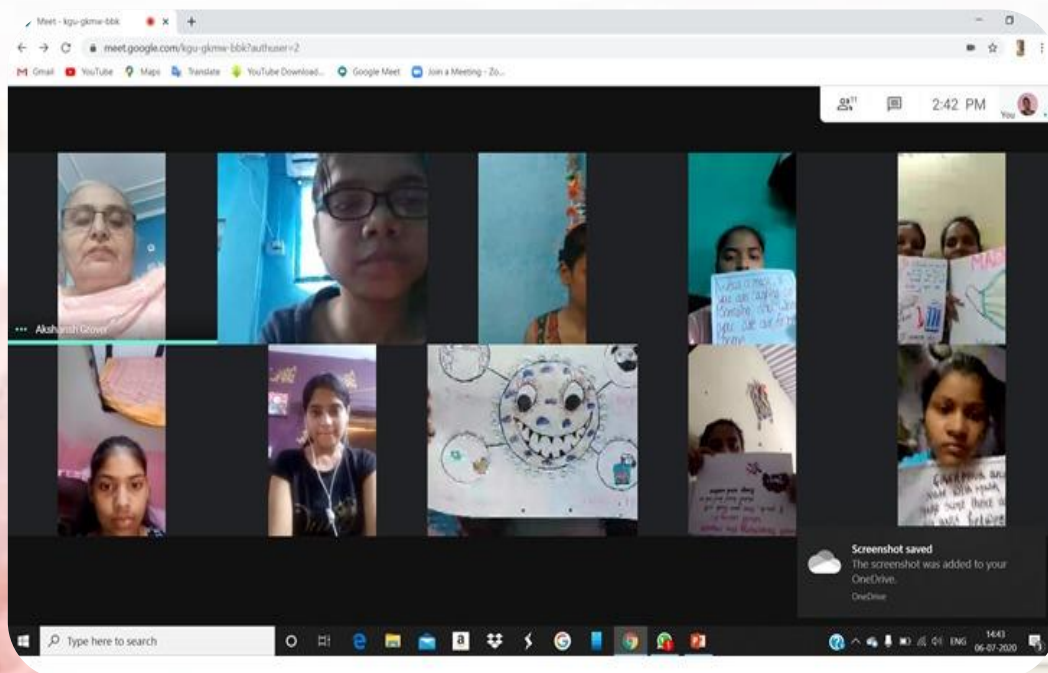
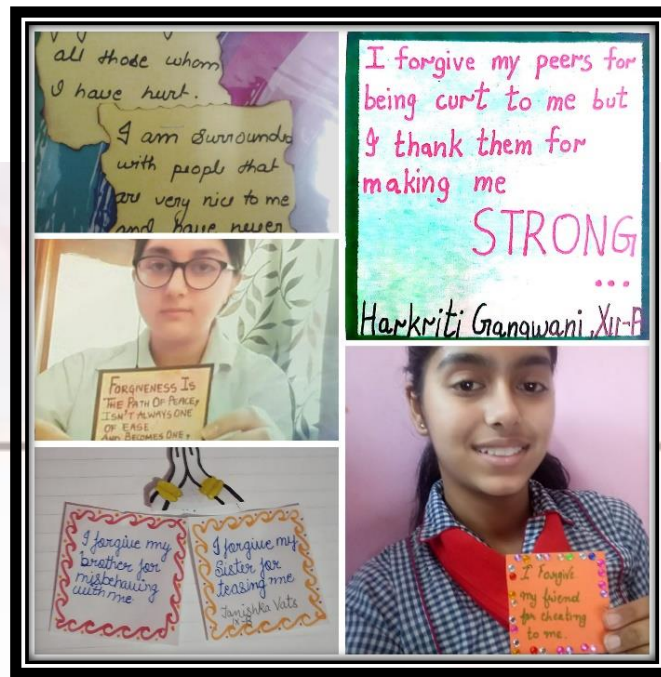
To drive home God's message of loving the self and loving others, the young dancers of our school put together a divine act of self-actualization.

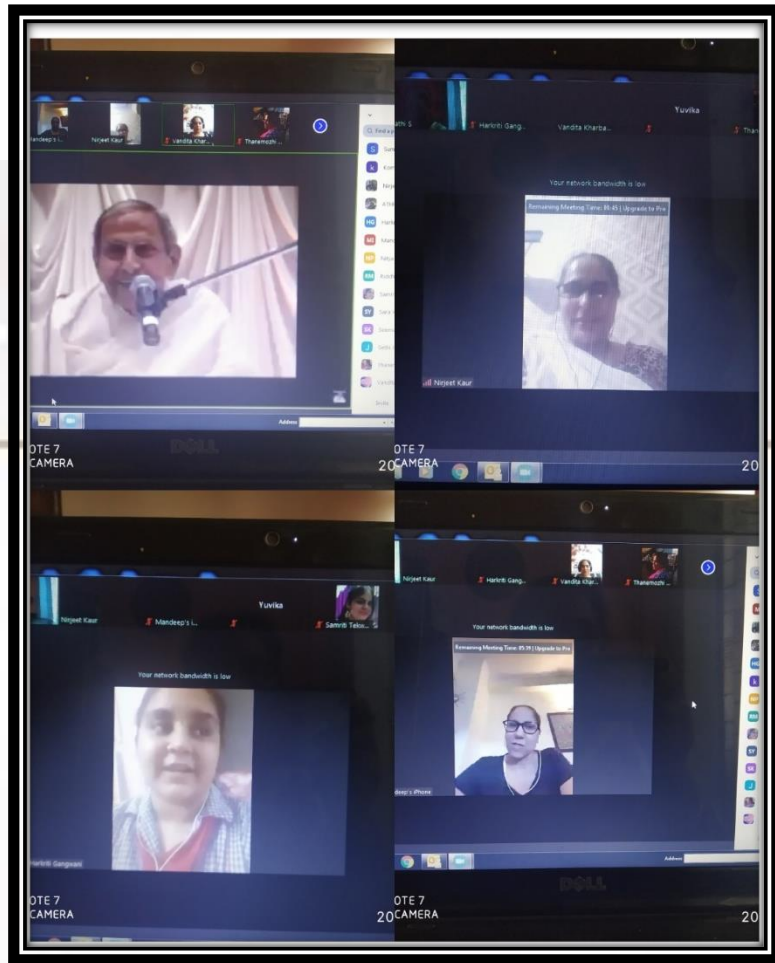
Students, who have shown exemplary performance in the year 2019-20, were appreciated for their persistent efforts, in the virtual award ceremony.

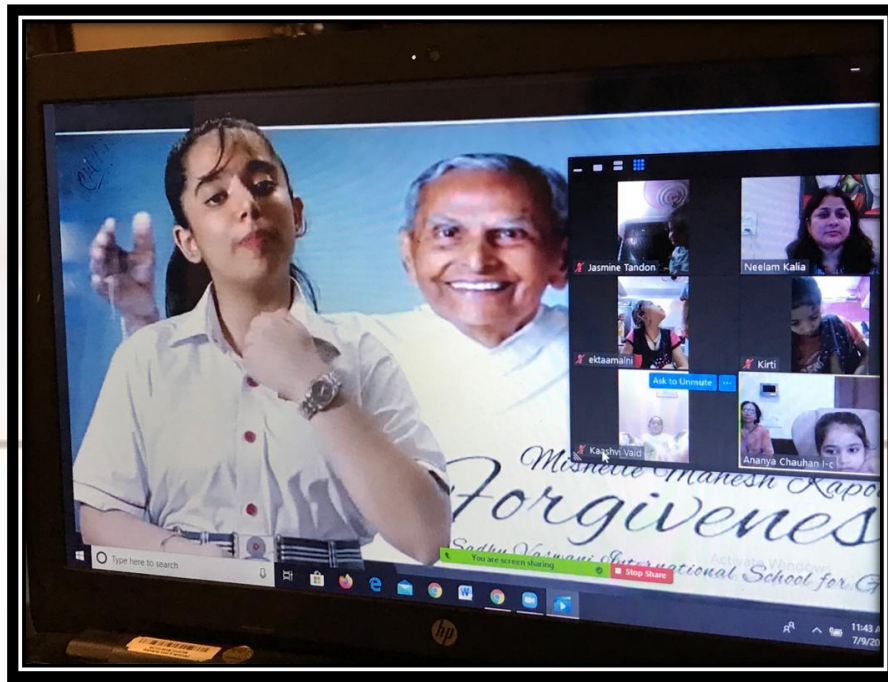
Beloved Dadaji's timeless words guided us in our quest to find an answer to the quintessential question of human existence- "Who is a True Friend?"

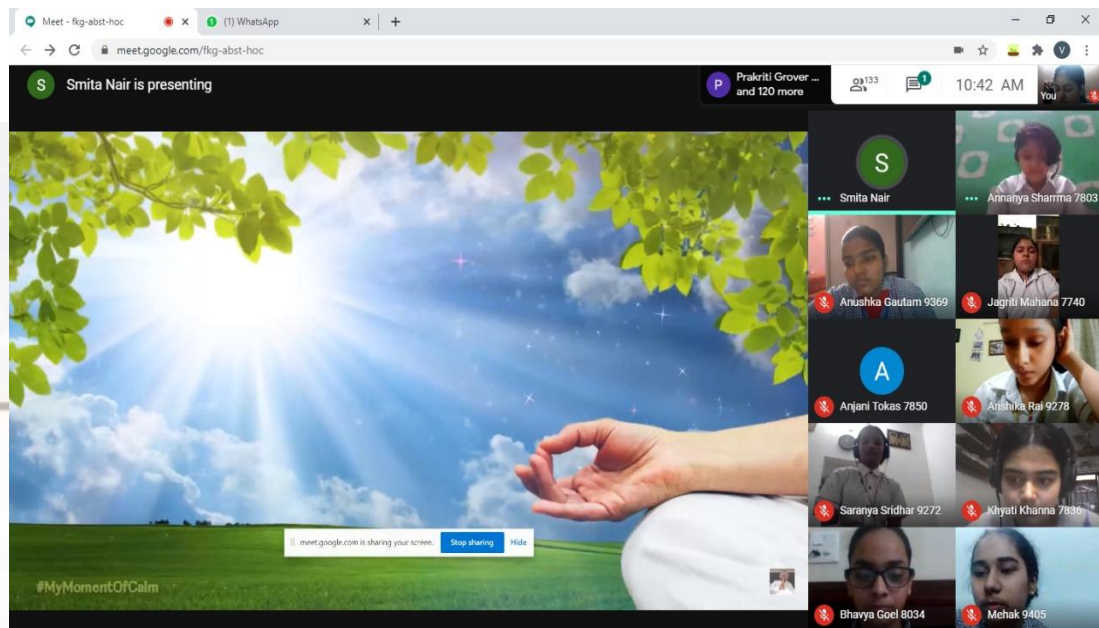
The School Manager, Mrs Malini Mathrani admired the zealous efforts of the students in making the program a success and reminded everyone to nurture an attitude of gratitude which will ultimately determine our fruits of labour in unprecedented times.

The Meatless Day forms were released in the blissful presence of the School Management, reminding us of our responsibility towards all creations of God. The School Magazine, Karuna, which has been an endless source of inspiration to our budding writers, was also released. The Prayer of Forgiveness was read at 2 pm, uniting everyone in the bond of eternal love.











MESSENGER OF

Give the
love
of your
beautiful
heart to
one and
all.

L
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E

Love without attachments!

At his Lotus feet is LOVE, joy and peace.

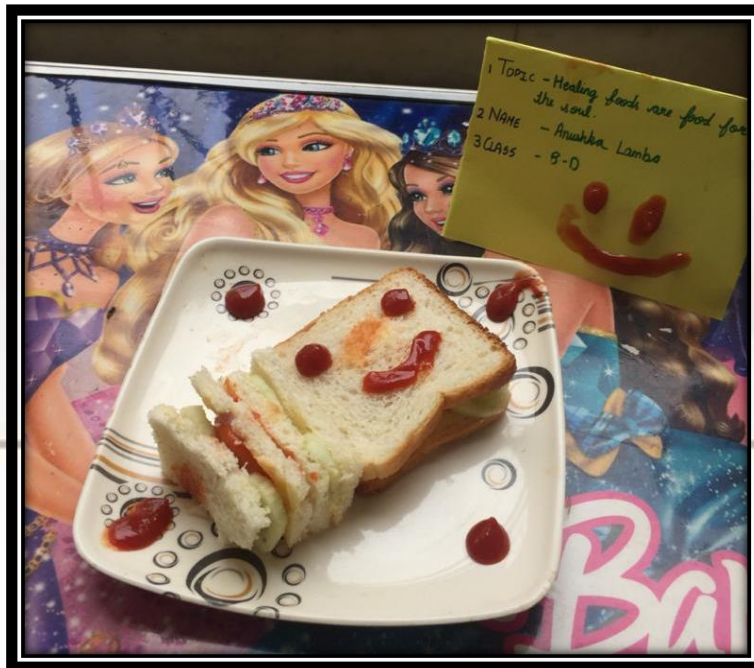
In his loving presence sickness and
sorrow cease.

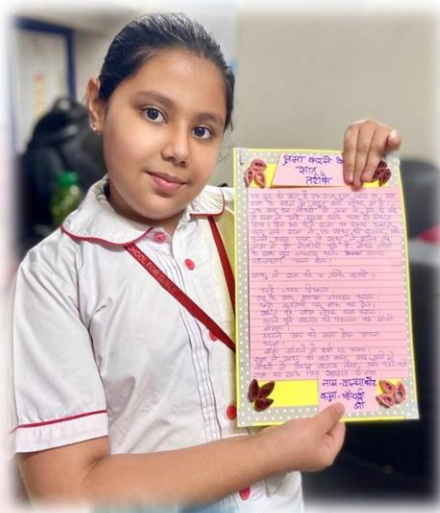
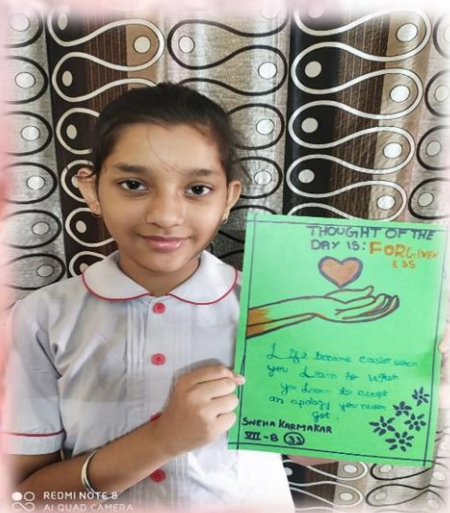
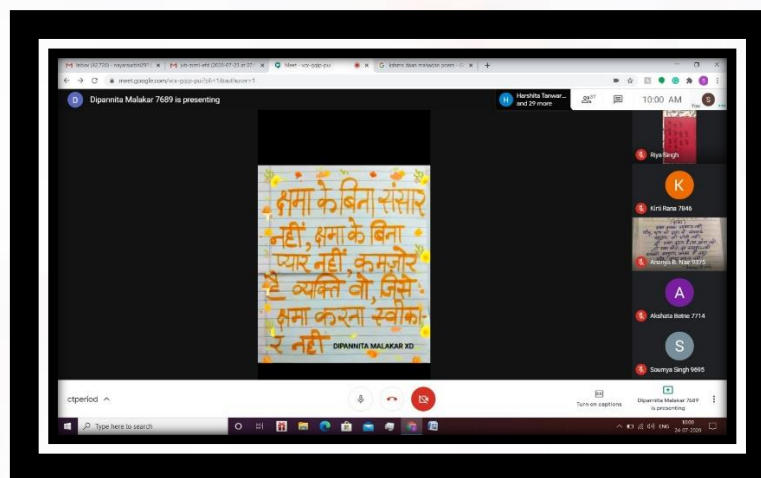
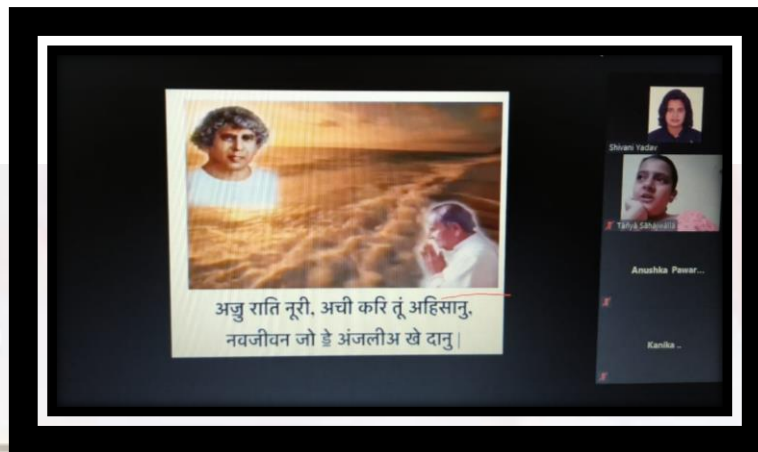
TO KNOW HIM...

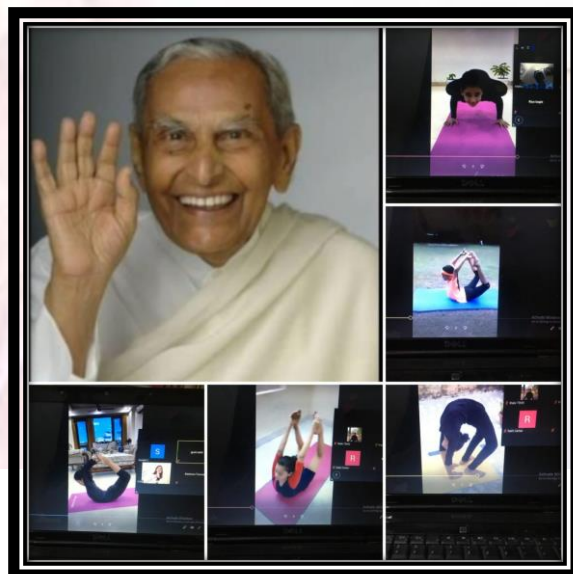
IS TO LOVE HIM!

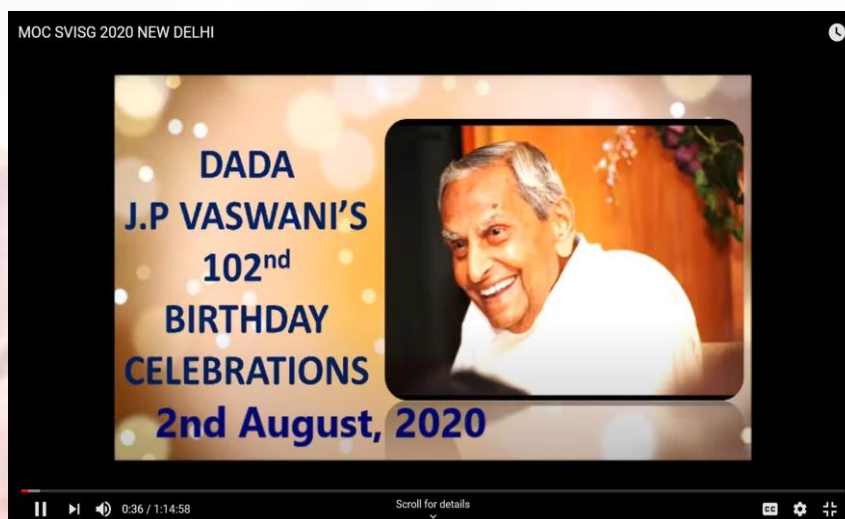
Dada J.P. Vaswani







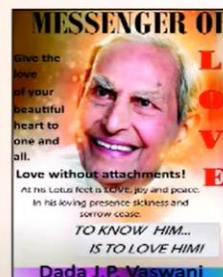








Karuna



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BRITISH
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2018-2021SADHU VASWANI INTERNATIONAL SCHOOL FOR GIRLS
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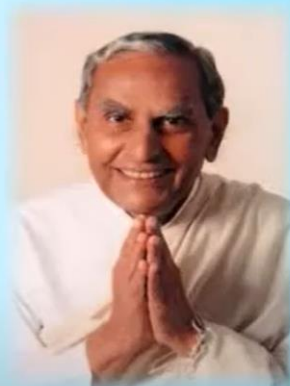


PRAYER FOR THE MOMENT OF CALM - August 2 @ 2pm

So bless me Lord, that I may learn to return good for evil – a blessing for a blow. May my heart be so filled with love that there is no empty nook or corner in it for resentment against anyone. Thou art seated in the hearts of all. Therefore let me meet everyone with respect and treat everyone with love. Let me not remember any wrong that has been done to me, any hurt that has been inflicted on me.

I forgive all ! I love all !
I forgive all ! I love all !
I forgive all ! I love all !

- J. P. Vaswani



1:09:45 / 1:14:58

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