

**Sadhu Vaswani International School For Girls  
Shanti Niketan, New Delhi-21**

**September  
2022**

**Pre Primary  
Bulletin**

**Theme Of The Month-      Fruits and Vegetables**



**Cognitive Skills**

**Recognition** - Recognizing and naming different fruits and vegetables.



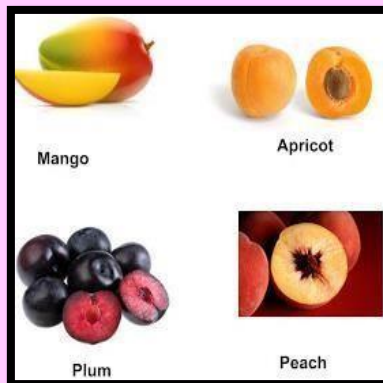
**Identification** - To identify shapes and colours of different fruits and vegetables.



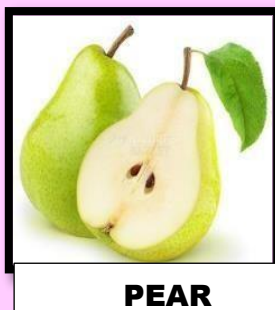
**Classification** –

**1) Classification of fruits**- On the basis of seeds:

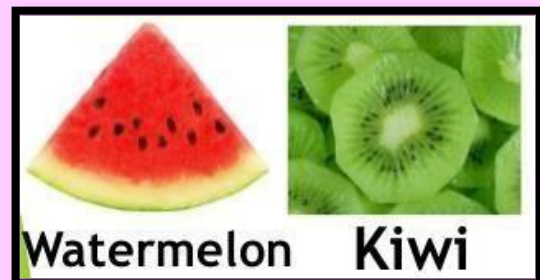
**One Seed**



**Few Seeds**

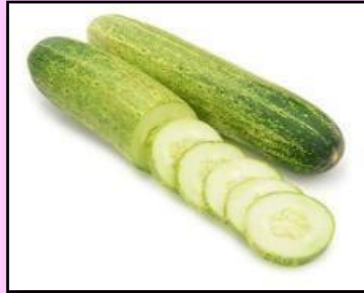


**Many Seeds**



2. Vegetables that can be eaten- raw, cooked, both raw and cooked.

RAW



*Example- Cucumber, Radish*

COOKED



*Example- Ladyfinger, bitter melon, brinjal, bottle gourd*

RAW AND COOKED



*Example- Tomato, carrot, onion*

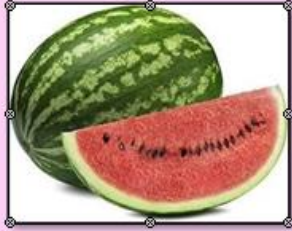
### 3. Juicy Fruits- For example-

Watermelon

Orange

Mango

Grapes



**Multi-Sensory Learning**-- Number of activities are planned for the students related to the topic fruits and vegetables.

S.No	Date	Activity	Material Needed
1	9.9.22	Show and Tell-My Favourite Vegetable	Prop/flashcard of your favourite vegetable
2	16.9.22	Cooking without Fire	As per your dish
3	23.9.22	Say no to junk food	Pictures of healthy and junk food.

### Celebration- Teachers' Day

Students will express love & gratitude for their teacher by designing beautiful cards and the significance will be discussed.



## Language Skills

**ENGLISH:** Conversation on the topics –‘My Teacher’ and ‘Healthy and Junk Food’.(Children will be encouraged to speak short sentences.)

### My Teacher

- \*My teacher’s name is.....
- \*She is very caring and kind.
- \*She teaches and guides us well.
- \*She tells us good moral stories.
- \*I love my teacher.



### Healthy and Junk food

- \*Food is very important for our body.
- \*We should eat healthy food like fruits, green vegetables and salads.
- \*Healthy food makes us fit and strong.
- \*Junk food like burger, pizza, maggi, etc. makes us fat and lazy.
- \*Eat healthy, be healthy.



## STORY OF THE MONTH

STORY SHEET - SEPTEMBER

### The Greedy Mouse

A greedy mouse saw a basket full of corn. He wanted to eat it. So he made a small hole in the basket. He squeezed in through the hole. He ate a lot of corn. He felt full. He was very happy.

Now he wanted to come out. He tried to come out through the small hole. He could not. His belly was full. He tried again. But it was of no use.

The mouse started crying. A rabbit was passing by. It heard the mouse's cry and asked: "Why are you crying my friend?"

The mouse explained: "I made a small hole and came into the basket. Now I am not able to get out through that hole."

The rabbit said: "It is because you ate too much. Wait till your belly shrinks". The rabbit laughed and went away.

The mouse fell asleep in the basket. Next morning his belly had shrunk. But the mouse wanted to eat some corn. So he ate and ate. His belly was full once again. He thought:

Oh! Now I will go out tomorrow".

The cat was the next passerby. He smelled the mouse in the basket. He lifted its lid. He ate the mouse.



Moral : One should not be greedy.

PRE-PRIMARY - 4

## Rhyme Time

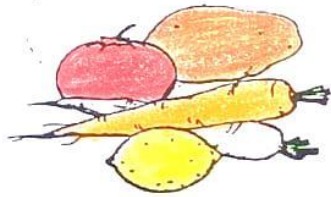
### RHYMES

September

#### Theme of the month- Fruits and Vegetables

#### Eat Them All

Tomato and carrot,  
Potato and beans.  
Cauliflower and Cabbage,  
And vegetables green.  
Your body needs them,  
They are good for us.  
Don't screw up your nose,  
Eat them all without a fuss.



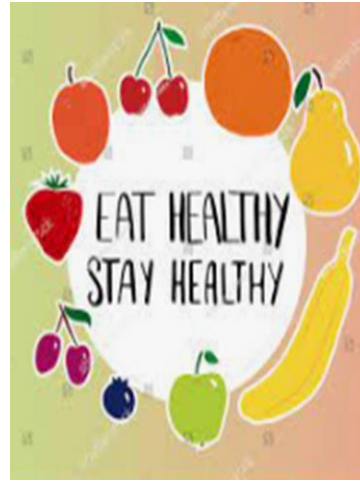
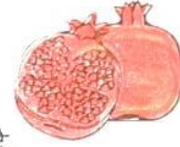
#### Wonderful Vegetables

Tomatoes are red, peas are green,  
A brinjal has a crown, Just like a queen  
Potatoes are brown, Onions are pink ,  
Carrots have juice which I can drink.  
Vegetables make me healthy & wise,  
I'll eat them with roti & rice.

#### फल



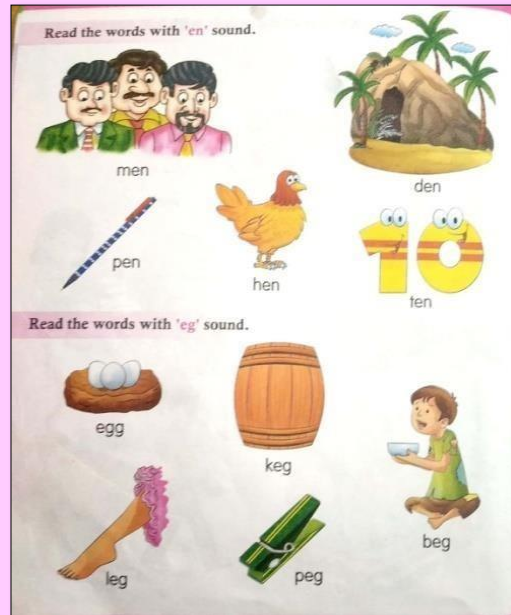
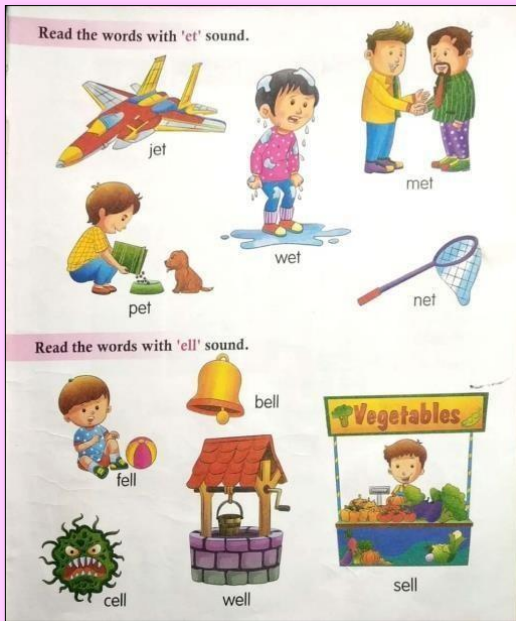
खरबूजे से मीठा केला,  
उससे अधिक अनार।  
पर अनार से भी मीठा है,  
सेब ज़ायकेदार।  
हैं अंगूर सेब से मीठा,  
उससे मीठा आम।  
सबसे मीठा फल मेहनत का,  
डटकर करना काम।



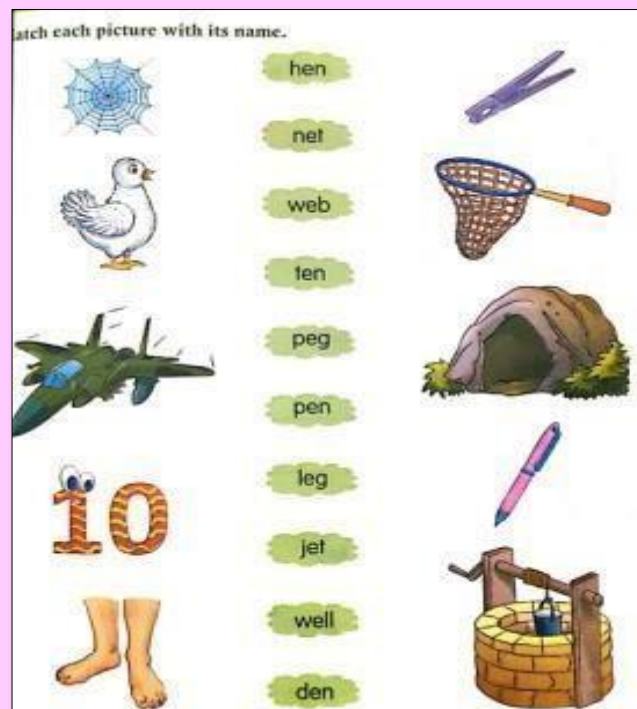
**Vocabulary Building:** favourite , peel , raw, junk, sliced , juicy , sour , spicy , junk , healthy

**Writing Skills:**

- 1) Revision of cursive alphabets and words of vowel 'a'
- 2) Introduction of three letter words of vowel 'e' along with their pictures. For e.g. pen, bed , leg , wet







**Differentiation:** Match the pictures with the correct word.





**Identification:** To identify the picture and write the correct word

N P pen E	M A M E	A N T M	
T B E D	E D E	T E J	
K E G	T G M	D R E	
			

**Reading Skills:** Reading of three letter words ( a and e vowel) from the reader.

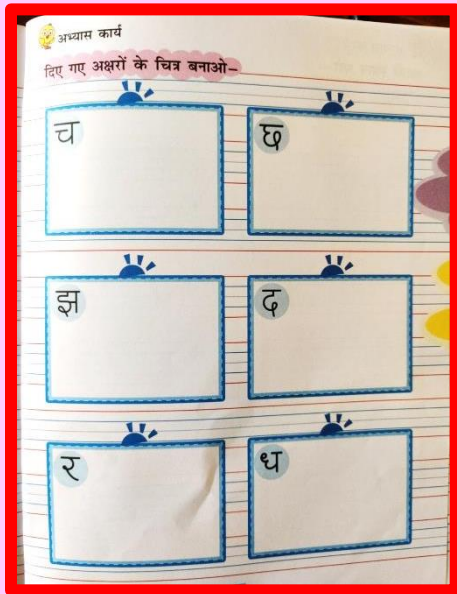
Read aloud.

at	ad	ag	ap	an	am
fat	lad	rag	hap	van	jam
sat	sad	tag	lap	pan	ham
mat	mad	bag	cap	fan	ram
cat	pad	wag	gap	man	dam
bat	dad	lag	tap	tan	lam
hat	bad	sag	map	ban	Sam
				can	mam

ed	en	et	eg	ell
bed	men	pet	beg	bell
		set		
fed	pen	met	peg	tell
		get		
led	hen	let	leg	cell
		yet		
red	ten	jet	keg	fell
		net		
wed	den		egg	sell

# हिंदी

- \* अक्षरों की सचित्र मौखिक एवं लिखित पहचान- (य,र,ल,व,श,ष,स,ह)
- \* क से ह अक्षरों की सचित्र पुनरावृत्ति
- \* पाठ्य पुस्तक से पठन व अभ्यास (पृष्ठ: 3,4)
- \* चित्र पहचान कर अक्षर लिखो
- \* चित्र बनाओ
- \* अक्षर को सही चित्र से मिलाओ
- \* दो अक्षर वाले शब्दों की मौखिक पहचान

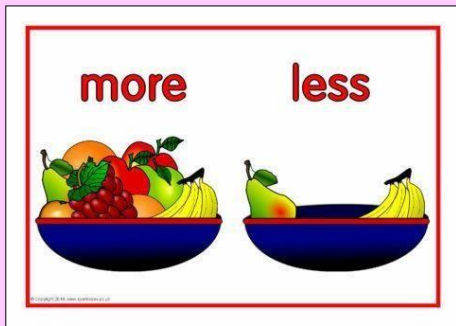


# MATHS

## REASONING AND ANALYTICAL THINKING SKILLS-

To develop these skills following PRE-NUMBER CONCEPTS will be introduced with examples (activity will be done in the class).

### 1. More – Less



### 2. Thick – Thin



## ANALYTICAL SKILLS:

To develop quantitative and analytical skills

- Revision of oral counting 1 to 40

1	2	3	4	5	6	7	8	9	10
11	12	13	14	15	16	17	18	19	20
21	22	23	24	25	26	27	28	29	30
31	32	33	34	35	36	37	38	39	40

- Oral and Written 41 to 50



- Revision of Back Counting 20 to 1



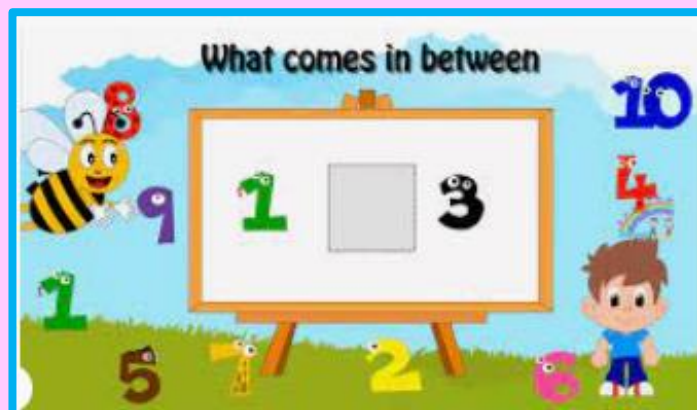
- Introduction of Back Counting 30 to 1



- Revision of What comes After



- Introduction of What comes in between



- Same exercises in the workbook

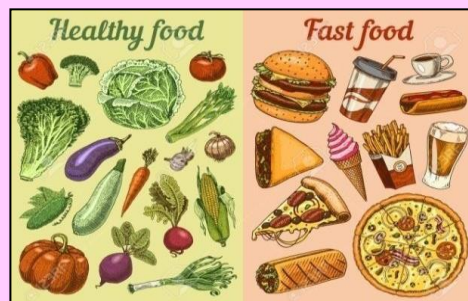
## Value Education:

**Being Polite** Use of May I, can I, Thank you, Excuse me, sorry in small sentences. Students will learn to use these words in their day to day life. They will learn to be polite with everyone. Our motive should be to raise a polite, kind, well-liked child.



**Life Skills:** Students will be made aware about junk and healthy food.

They will be made aware of different fruits and vegetables available in the market.



**Acceptance:** To accept healthy eating habits and well-being.

For example: Being aware of eating healthy food like vegetables and fruits and avoiding junk food.



## CELEBRATION

Dussehra will be celebrated in school on 30<sup>th</sup> September, where the students will learn the significance of the festival which says the victory of **“Good over Evil.”**



## FOR PARENTS

- *Show your daughter, fruits which have one seed, few seeds and many seeds.*
- *Help your daughter to read well from English Reader. (Special attention should be given to phonetic sounds.)*
- *To develop reading skills , encourage reading of three letter words of vowel ‘ a’ and ‘e’ from story books , magazine and newspaper.*
- *Please prepare your ward for the following activities-*

**General Awareness Quiz** will be conducted on 28 th September '22 based on the topic

- Plants
- Fruits & Vegetables

Some sample questions for quiz are as follows-

Sample Questions	Answers
1.) Name the different parts of plants	Roots, stem, leaves, branches, bud, flower, fruit
2.) Name the different types of plants	Trees, shrubs, herbs, climbers, creepers
3.) Name any 2 vegetables that can be eaten raw	Onion , carrot
4.) Name the things we get from plants	Wood, rubber, paper, medicines, food, etc
5.) Name two ways in which we can take care of plants.	We should water the plants daily, We should not pluck leaves And flowers
6.) What do plants need to grow?	Soil, air, water, sunlight
7.) I am a part of plant, below the ground and in the soil. What am I?	Root
8.) Name any 2 fruits with many seeds.	Papaya , watermelon
9.) Name any 2 juicy fruits .	Orange , water melon
10.) When you sow me into the soil and water me every day, with the help of sunlight and air I grow into a plant. Who am I?	Seed

- **Note: Practice work given is voluntary, not mandatory.**

**Ms. Inderjot Kaur**  
**Pre-Primary Co-ordinator**