

INTERNATIONAL DAY OF YOGA (IDY) 21ST JUNE 2022

S.NO	ACTIVITY	EVENT DATE	TEACHER INCHARGE	CLASSES
1.	INTER HOUSE YOGA COMPETITION (GROUP & RHYTHMIC YOGA)	29.4.2022	MS. JYOTI SETHI	VI -XII
2.	POSTER MAKING	17.05.2022	MS. POONAM	VI-VIII
3.	SLOGAN WRITING	17.05.2022	MS. NEHA JAIN	XII
4.	PAPER BAGS MAKING-THEME:YOGA	17.05.2022	MS. VANDITA	VI
5.	MASS YOGA SESSION	18.05.2022	MS. JYOTI SETHI	All Classes
6.	HUMAN PYRAMID USING VARIOUS YOGA POSTURES	18.5.2022	MS. JYOTI SETHI	YOGA STUDENTS
7.	CLAY MOULDING	18.05.2022	MS. NEERU SURI	SUPW Students
8.	YOGA LOGO MAKING	18.05.2022	MS. SHASHI MATHUR	X-XII
9.	YOGA SESSION	19.05.2022	MS. JYOTI SETHI	SANKALP STUDENTS
10.	SURYA NAMASKAR DISPLAY	19.05.2022	MS. JYOTI SETHI	All Classes
11.	SKIT ON YOGA	19.05.2022	MS. SEERAT	THEATRE CLUB
12.	AWARENESS ON BENEFITS OF YOGA	20.05.2022	MS. JYOTI SETHI	VI-VIII
13.	NUKKAD NATAK	20.05.2022	CONVENOR OF HOUSE ON DUTY	YAMUNA HOUSE
14.	AZADI KA AMRIT MAHOTSAV SONG	JOYFUL LEARNING SESSION	MS. ANU BHUTANI	III-V
15.	YOGA SESSION for Teachers	DATE TO BE DECIDED	MS. JYOTI SETHI	----
16.	TALK ON YOGA BY EMINENT YOGA TEACHERS	28.05.2022	MS. JYOTI SETHI	VI-VIII
17.	WORKSOP FOR MOTHERS TO MAKE YOGA A DAILY LIFE STYLE	20.06.2022	MS. JYOTI SETHI	---

PRINCIPAL'S SIGNATURE