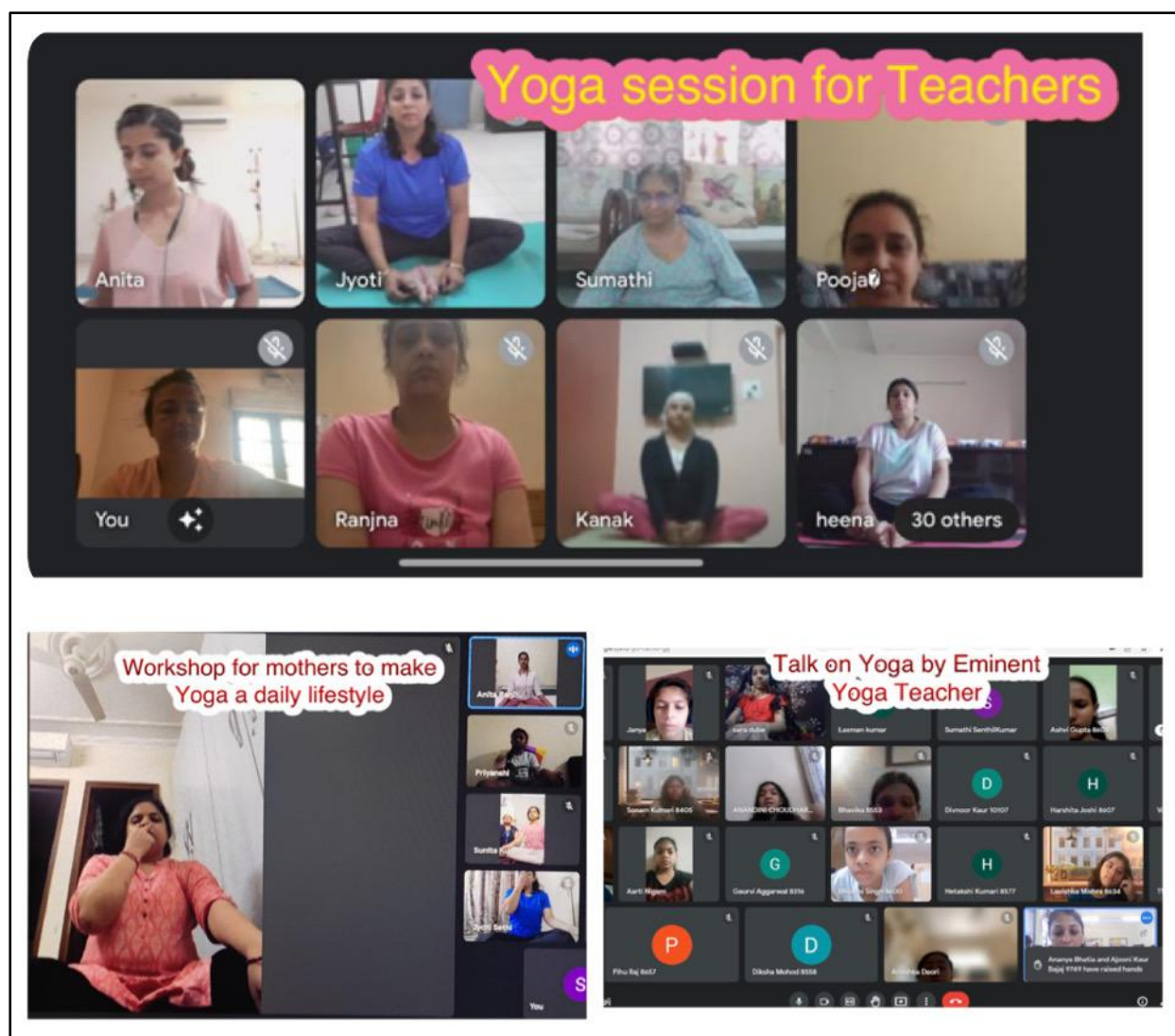


International Day of Yoga 2022

To celebrate the 8th International Day of Yoga-2022, Sadhu Vaswani International School for Girls, New Delhi, had conducted a variety of programs to promote and spread the Yoga culture amongst the Students, Parents and Teachers of the school.

1. Inter house Yoga Competition - 29/4/2022
2. Poster making, Slogan Writing and Paper bag making theme Yoga-17/5/2022
3. Mass yoga Session, Human pyramid using various yoga postures, Clay moulding and Yoga Logo making-18/5/2022
4. Yoga session for Sankalp Students, Surya Namaskar Display-19/5/2022
5. Skit on Yoga, Awareness on benefits of Yoga and Nukkad Natak-19/5/2022
6. Azadi ka Amrit Mahotsav Song-19/6/2022
7. Yoga session for Teachers, Talk on Yoga by Eminent Yoga teacher, Workshop for mothers to make Yoga a daily lifestyle-20/6/2022
8. Participated in the collaborative video piece by Sahodaya cluster schools on the occasion IDY 2022





mass yoga session



SURYA NAMASKAR DISPLAY



human pyramid using various yoga postures



Yoga session for Sankalp Students



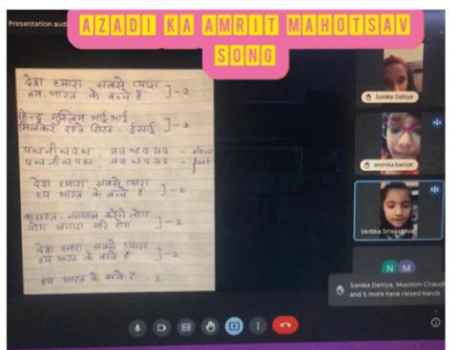
Nukkad Natak



Skit on Yoga



Inter House Yoga Competition



AZADI KA AMRIT MAHOTSAV SONG

