

ITL CANDYFLOSS SCHOOL SECTOR-9, DWARKA Celebrated 6<sup>th</sup> International Yoga day



## Day/Date-Friday 21st June 2020

## Class-Pre School/Pre Primary

International Yoga Day is celebrated on 21st june every year to spread awareness about the importance & effects of yoga . This year's theme will be "Yoga at Home & Yoga with Family." To mark their contribution, the teachers of ITL CANDYFLOSS took their students for a virtual garden walk through an enthralling story and motivated their students to practice few simple yoga asanas so that they can remain physically fit and mentally calm during this present scenario.



