



ITL CANDYFLOSS DWARKA, NEW DELHI

OBSERVED

“NATIONAL NUTRITION DAY”

Day/Date: Wednesday/ 01.09.2021

Class: Pre School/Pre Primary

The theme for National Nutrition Week 2021 is Feeding Smart, Right from the Start, which focuses on consuming the right kind of food to keep yourself fit and healthy.

The right nutrition is the most important factor that determines the well being of a person. Hence, in order to generate awareness amongst the little ones on the importance of nutrition, we at ITL Candyfloss celebrated the 1st of September, starting day of National Nutrition Week. The students got familiar about the need for the right nutrients for the growth and development of the body by making food pyramid in their scrap files. Teachers also gave a detailed explanation about nutrition and balanced diet through animated stories.

