THE AIR FORCE SCHOOL, SUBROTO PARK

REPORT ON PARIKSHA PE CHARCHA 2022

Pariksha Pe Charcha is the event, where the prime minister interacts with student. It is being organised for the last four years by the Department of School Education and Literacy, Ministry of Education.

The fifth edition of PARIKSHA PE CHARCHA 2022 was held at Talkatora Stadium on 1st April 2022 from 10.45 AM onwards. There was live broadcast of the programme on various channels and on You Tube and the link for the same was shared with the students . Honourable Prime Minister of India interacted with approximately 1000 students from IX – XII.

Prime Minister Narendra Modi on Saturday said the Pariksha pe Charcha (PPC) interaction is light-hearted and gives one an opportunity to talk about different aspects of exams and life.

The themes for students, teachers, and parents are different this year. For students, the themes are Exam stress management strategies during COVID19, Azadi ka Amrit Mahotsav, Self-reliant school for self-reliant India, Clean India, green India, Digital collaboration in Classrooms, Environmental conservation, and climate change resilience.

The students Of class XII of **The Air Force School, Subroto Park** witnessed the live session of **PARIKSHA PE CHARCHA 2022** in the Activity Hall from 10.45 AM till 1.00 PM.

Students from all over India from different schools asked their questions and worries about the upcoming Board Exams from Honourable Prime Minister.

The main concerns of the students were:

How can they perform well in the offline exams when two years of teaching was completely online?

The PM advised students to keep online learning as a sort of "reward" after studying offline or use it to supplement the offline notes they received from their teachers.

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II) Due to everything being online, they have been addicted to online gaming and also so much exposure to social media how can they concentrate in their studies?

When asked about how **to deal with distractions when learning online**, PM Modi said that it was the mind and concentration that were the problem and not the mode of learning.

He also suggested using **mobile tools to discipline oneself** and keep track of how long students were using apps other than for studying.

He also asked students to spend some time daily connecting with themselves and introspecting.

III) How can the students cope up with the immense pressure from both parents and teachers.

PM Modi told parents not to impose their own expectations on kids.

"Parents sometimes fail to closely observe the strength and interests of their children. We should understand that every child is blessed with something extraordinary that parents and teachers fail to discover a lot of times," the PM added.

IV) How can the students cope with the exam stress?

Exam stress is common before preparations and it takes away from one's precious study time. In Pariksha Pe Charcha 2022, PM Modi advised students to stay away from panic and not compare themselves to other students or friends.He asked students to prepare for exams themselves with full confidence and appear for exams in a festive mood.

There were some other points discussed by Honourable Prime Minister during the session.

- The PM brought up the National Education Policy and reiterated on how officials had spent several years brainstorming and collecting suggestions on the NEP before implementation.
- He said that sports was an integral part of life.
- PM Modi said that **technology should be taken as an opportunity** and not as a problem. It should be used effectively.

"Today, students are developing 3D printers and running apps for

Vedic mathematics.

- PM Narendra Modi asked students to **revise what they learned in class** with their friends which would help them retain the information.
- Answering a question on when a student should study -- day or night, the PM said that students should focus on the outcome of their studies and study at a time when they are comfortable and will be more likely to imbibe what they study.
- At Pariksha Pe Charcha 2022, PM Modi said that that competition should be considered as life's biggest gift and opportunity for this generation as it took one forward.
- PM Modi spoke about the importance of educating girls.
- The PM said that children in India were spreading awareness on the 'Swachh Bharat Abhiyaan' cleanliness campaign.
- He advised students on sustainability and helping the planet, saying that there was a need to begin the P3 movement or the **Pro Planet People movement**.

The PM ended Pariksha Pe Charcha 2022 by praising the Covid-19 vaccination drive for those below 18 years of age.