

# XAVRONICLE

QUARTERLY REVERBERATION OF WONDER TIME

**GRADE -V**

## *In This Issue*

### Campus Buzz

- Books Donation Drive
- Vaccination Drive
- MOMents'2022
- World Earth Day
- First Offline PTM
- International Yoga Day
- XAVpod

### The Superlatives Of Tourney

- Monthly Battle for the month of March
- Inter-Class English Spellathon
- Inter-Class English Handwriting Competition


### Star Achievers

- Badminton Tournament
- U-19 Inter-School Football Tournament

### Resonance from parents' heart

**St. XAVIER'S HIGH SCHOOL**  
Sector 49, Gurgaon  
(Affiliated to CBSE)

CONGRATULATES  
**XAVERIANS**  
FOR EXEMPLARY PERFORMANCE IN THE  
**TRINITY SPEECH & DRAMA EXAMINATION**  
(2021-22)

 ANAV KAUSHIK LEVEL - INITIAL MARKS - 85/100	 ANWITA CHANDAN LEVEL - INITIAL MARKS - 81/100	 ATHARV JINDAL LEVEL - INITIAL MARKS - 75/100	 AZLAN AHAMAD KHAN LEVEL - INITIAL MARKS - 85/100	 NISHTHA JAIN LEVEL - INITIAL MARKS - 89/100
 VEDIKA SHANKAR LEVEL - INITIAL MARKS - 90/100	 NAVISH AGRAWAL LEVEL - 1 MARKS - 75/100	 REYANSH MITTAL LEVEL - 1 MARKS - 85/100	 VEDARTH YADAV LEVEL - 1 MARKS - 81/100	 VEDIKA SUDEV LEVEL - 1 MARKS - 83/100
 SHREYA PANDEY LEVEL - 2 MARKS - 88/100	 SAMAIRA CHAUDHARY LEVEL - 2 MARKS - 68/100	 HRIDHIMA ADHIKARI LEVEL - 2 MARKS - 81/100	 DHURUV RAJ SINGH BHOEY LEVEL - 2 MARKS - 70/100	 SHREYASH GUPTA LEVEL - 3 MARKS - 83/100

**TRINITY**  
COLLEGE LONDON  
Registered Exam Centre 69893

International  
Examinations in Schools  
2019-22



# CAMPUS BUZZ

## BOOKS DONATION DRIVE

Empathy is what the Xaverians are taught from a very young age. This enables them to understand and to feel, in order to make an effective contribution and bring a difference in the lives of all around them.

Xaverians distributed around 4500 books to the needy, collected during the Books Donation Drive. It was indeed a proud moment to witness the little Xaverians read out books patiently to the children who were just the same age as them.





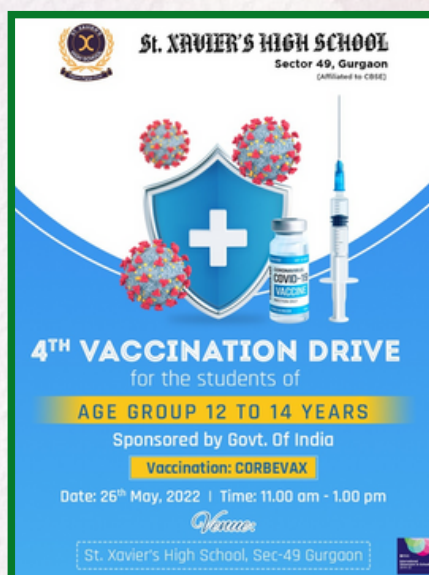
# CAMPUS BUZZ

## VACCINATION DRIVE

**LET'S KNOCK COVID OUT!**

St. Xavier's High School has always worked towards sustainable development of the society and its people. The school firmly believes and works to bring more to community.

To offer convenient and exclusive access to the Covid 19 vaccine for all, the school (in partnership with Rosewood City) had joined hands with Medanta Hospital to initiate the 3rd vaccination drive at the school campus.





# CAMPUS BUZZ

## MOMents

**A mother is your first friend, your best friend, your forever friend."**

**St. Xavier's High School organised MOMents 2022: dedicated to all the Mothers – Every child's first superhero! Endearing mothers of the Xaverians were invited to participate in MOMents 2022 on 7th May'22. The event commenced with the lamp lighting ceremony by our honorable Director-Principal, Mr. John Rafi followed by praising the Lord with Ganesh Vandana by the students. Amusing games like Needle and Thread, Moods of Music, Mom and Me to name a few were played wholeheartedly by the mothers and the Xaverians .**





# CAMPUS BUZZ

## WORLD EARTH DAY

**“Preserve and cherish the pale blue dot, the only home we’ve ever known.”**

The learners of grades V-VIII enthusiastically participated in various activities to commemorate our benevolent Mother Earth. An array of activities were held on Earth Day to spur students’ awareness of the need to protect natural resources and to motivate them to do their bit and save the planet.

The students took a pledge to preserve and conserve their beautiful Earth and to make a lifestyle change that would impact not only the school but also the community outside of the school.

These activities restored the emotional concerns and incited the young learners to love, respect and save Mother Nature from harm.





# CAMPUS BUZZ

**FIRST OFFLINE PTM  
OF THE ACADEMIC SESSION 2022-23  
HELD ON  
14TH MAY, 2022**



**St. XAVIER'S HIGH SCHOOL**  
Sector-49, Gurgaon  
(Affiliated to CBSE)

INVITES PARENTS TO THE  
**OFFLINE PTM**

Pre-Nursery to Grade VIII  
Saturday, 14th May 2022  
Time: 8:30 am onwards

LET'S COLLABORATE TO FACILITATE THINKING.  
ENGAGE MINDS AND CULTIVATE DREAMS.



International  
Communication in Schools  
2019-22



# CAMPUS BUZZ

## INTERNATIONAL YOGA DAY

Every year June 21st is celebrated as 'The International Yoga Day' all over the world. This idea was proposed by our Honourable Prime Minister, Mr. Narendra Modi. Yoga is an invaluable gift of India's ancient tradition. The purpose of yoga is to build strength, awareness and harmony in both, mind and body. To harmonize the five elements of our body and to celebrate the 8th International Yoga Day, St. Xavier's High School invited the enthusiastic parents and students for a LIVE Yoga session- 'TATTVA YOG'. Ms. Dhanya, the Yoga instructor from Isha Foundation conducted a live webinar on our school Facebook page for the Xaverians on 21st June, 2022.



**ST. XAVIER'S HIGH SCHOOL**  
Sector 49, Gurgaon  
(Affiliated to CBSE)

Organizes a Live Session on

**TATTVA YOG**

BY AN **ISHA FOUNDATION** INSTRUCTOR  
In conversation with the students of Grade V & VIII  
on the occasion of  
**INTERNATIONAL YOGA DAY 2022**  
YOGA FOR HUMANITY

TUESDAY, 21 JUNE 2022 8.30 AM ONWARDS

*'Yoga is the path towards being boundless.'*

**TRINITY**  
COLLEGE LONDON  
Registered Exam Centre 097-05

**f LIVE**



# CAMPUS BUZZ

## INTERNATIONAL YOGA DAY

Yoga plays a crucial role in promoting health in a holistic manner by improving physical, mental, emotional and spiritual health. Yoga can be termed as a one-size-fits-all solution to fight stress and also alleviate other ailments including depression and anxiety.



**St. XAVIER'S HIGH SCHOOL**  
Sector 49, Gurgaon  
(Affiliated to CBSE)

— TO COMMEMORATE THE —  
**INTERNATIONAL YOGA DAY 2022**

Date: **23<sup>rd</sup> to 28<sup>th</sup> June 2022**

Time: **09.00 am to 10.00 am**

Venue: **St. Xavier's High School**

**WE CORDIALLY INVITE YOU TO THE**  
**YOGA AND MEDITATION WEEK**  
**'CURATED CALM'**  
*A journey of the self, through the self, to the self...*

The five days yoga workshop will encompass the following:

1. Power Yoga (Surya Namaskar and Asanas)
2. Acupressure & Sujok Therapy (Work on various points in our hands and feet)
3. Naturopathy- Treatment with five elements (soil, water, air, sky & fire)
4. Mud Therapy- Treatment with mud.
5. Meditation for relaxation of mind.

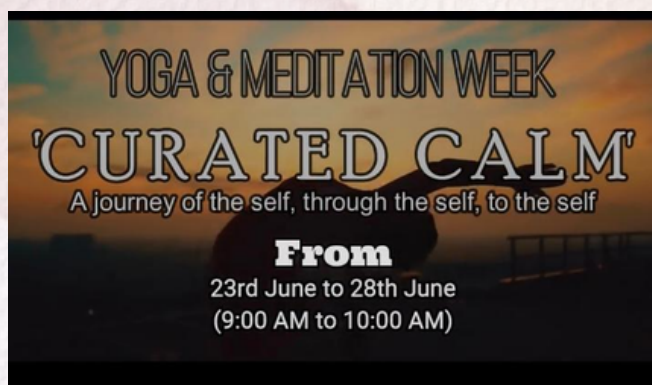
**PRINITY**  
Your participation is highly solicited!



# CAMPUS BUZZ

## CURATED CALM - DAY 1

Day 1 of the Yoga Week 'Curated Calm –Power Yoga' witnessed enthusiastic and eager participation from all. The Yoga instructor Ms. Malkit demonstrated various asanas, breathing exercises and Om chanting, with our audience doing yoga in unison towards better health and wellness.





# CAMPUS BUZZ

## CURATED CALM - DAY 2

**Day 2 of Yoga Week 'Curated Calm' - Acupressure and Sujok Therapy emphasised on the importance of yoga and physical exercises in our daily life. The yoga instructor Ms Malkit showed various Acupressure points to our audience. The goal of the instructor was to restore the healthy balance of our body and to regulate the opposing forces of positive energy and the negative energy. The audience participated enthusiastically.**





# CAMPUS BUZZ

## CURATED CALM - DAY 3

Naturopathy is treating illness using the five elements- water, air, fire, soil and space known as Panchamahabhutas.

A rejuvenating Naturopathy session was organized on Day 3 of the "Curated Calm - a journey of the self, through self, to the self" on 25th June, 2022. Parents, students and teachers participated enthusiastically as they learnt about the five elements of nature and explored various self-healing Natural techniques. Cleansing of the body chakras restores physical and mental balance. A positive approach for healthy living and inner purification through nature is a small step towards it.



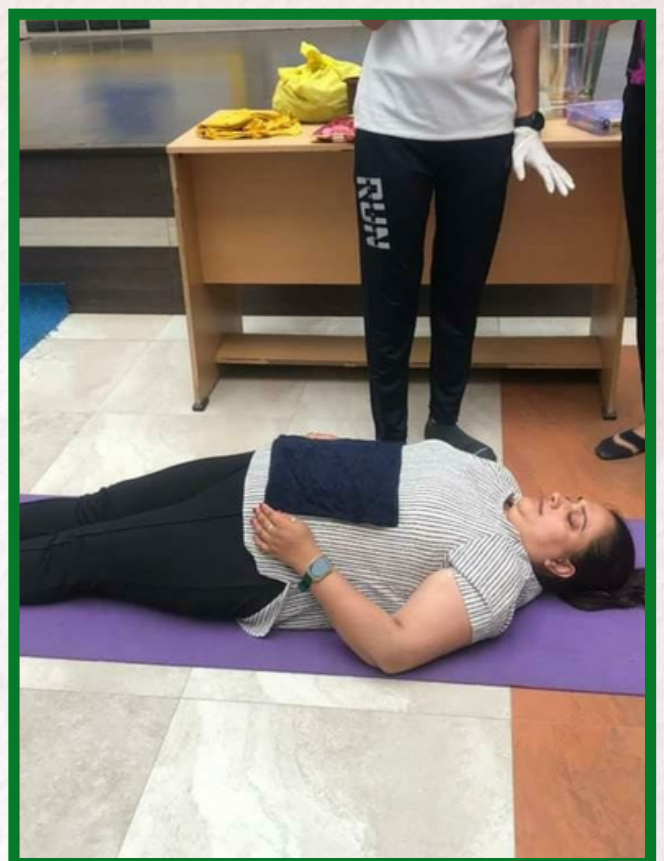


# CAMPUS BUZZ

## CURATED CALM - DAY 4

Yoga plays a crucial role in promoting health in a holistic manner by improving physical, mental, emotional and spiritual health. St. Xavier's High School, Sec-49 conducted a Mud Therapy Session on the 4th day of the International Yoga Day celebration. Ms Malkeet, the yoga facilitator equipped everyone with the Mud Therapy and its benefits on 27th June, 2022.

She emphasized that mud is refreshing, invigorating, vitalizing and gives a cooling effect to the body. It dilutes and absorbs the toxic substances of the body and ultimately eliminates them from the body. It relaxes the muscles, improves blood circulation and helps to regulate the metabolism. She also demonstrated a few techniques using mud therapy, which created awareness among the audience on the subject.

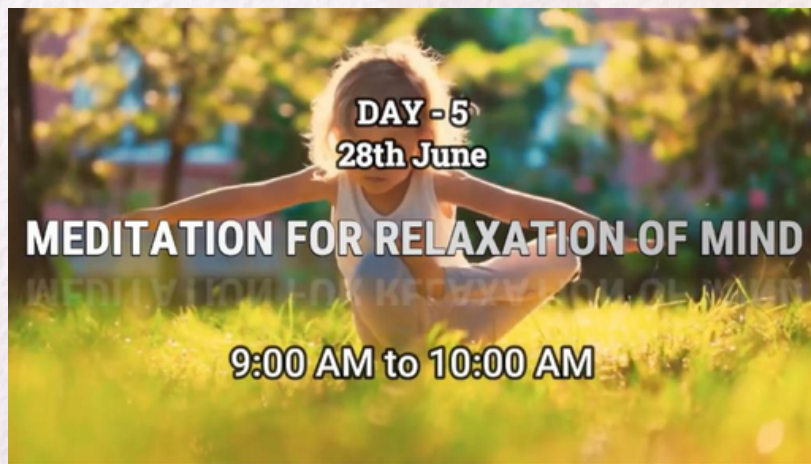




# CAMPUS BUZZ

## CURATED CALM - DAY 5

Meditation and mindfulness have become quite popular in recent years. Yoga postures, Pranayama and meditation are effective techniques to release stress. The school concluded the Yoga Week with Jal Neeti and Meditation Session. Students, parents and teachers were encouraged to participate in the activities which were led by the Yoga teacher Ms. Malkeet. Different yoga postures and breathing techniques were taught to strengthen the immunity. The innumerable benefits of practicing Yoga and mediation were also elucidated to all the participants. The abundant peace derived from doing the Asanas was evident from the faces of the students, parents and the mentors.






# CAMPUS BUZZ

## XAVPOD

Plastic pollution is a global catastrophe and sadly a man-made one. Approximately 500 billion plastic bags are used on a global scale. International Plastic Bag Free Day is dedicated to heightening awareness about the pressing issues brought about by the use of plastic. International Plastic Bag Free Day, celebrated on July 3, is a global initiative that aims to eliminate the use of plastic bags.

Meher Aujla of Grade V-A spoke about the need to reduce the use of plastic as we celebrated International Plastic Bag Free Day on 3rd July, 2022 themed: International Plastic Bag Free Day with the Xaverian Podtale, a platform by the Xaverians for the Xaverians!




**ST. XAVIER'S HIGH SCHOOL**  
Sector-49, Gurgaon  
(Affiliated to CBSE)

*Releases*


# XVpod:

PODTALES BY THE XAVERIANS  
FOR THE XAVERIANS

ON THE OCCASION OF  
**INTERNATIONAL PLASTIC BAG FREE DAY**




**MEHER AUJLA**  
GRADE V-A



**SUNDAY,  
3RD JULY 2022,  
10:00 AM**  
ON THE SCHOOL PORTAL

**TRINITY**  
COLLEGE LONDON  
Registered Exam Centre 60803

One step for A BETTER ENVIRONMENT today  
Will be a giant leap for A BETTER FUTURE TOMORROW.






# SUPERLATIVES OF TOURNEY

## MONTHLY BATTLE FOR BEING THE MOST COGNIZANT




AN INTER CLASS CURRENT AFFAIRS QUIZ



**St. XAVIER'S HIGH SCHOOL**  
Sector-49, Gurgaon  
(Affiliated to CBSE)




*Organises*

**MONTHLY BATTLE FOR BEING MOST COGNIZANT**  
**A VIGILANT EYE**  
AN INTER-CLASS CURRENT AFFAIRS QUIZ  
FOR THE STUDENTS OF  
**GRADES III-VIII**

**St. XAVIER'S HIGH SCHOOL**  
Sector-49, Gurgaon  
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**CONGRATULATES GRADE V WINNERS!**






**First Position**  
PRISHA WALIA  
V E

**Second Position**  
AARUSH KALSOTRA  
V H

**Third Position**  
NANDINI GOEL  
V B

OF  
"THE MONTHLY BATTLE FOR BEING MOST COGNIZANT"  
A VIGILANT EYE  
INTER CLASS CURRENT AFFAIRS QUIZ  
FOR THE  
**MONTH OF MARCH**  
SESSION 2022-23




**St. XAVIER'S HIGH SCHOOL**  
Sector-49, Gurgaon  
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**CONGRATULATES GRADE V WINNERS!**





**First Position**  
AARAV RAUTHAN  
V D

**Second Position**  
BHAVYA MISHRA  
V A

**Third Position**  
KAVYA CHOPRA  
V F

OF  
"THE MONTHLY BATTLE FOR BEING MOST COGNIZANT"  
A VIGILANT EYE  
INTER CLASS CURRENT AFFAIRS QUIZ  
FOR THE  
**MONTH OF APRIL**  
SESSION 2022-23




**St. XAVIER'S HIGH SCHOOL**  
Sector-49, Gurgaon  
(Affiliated to CBSE)

**CONGRATULATES GRADE V WINNERS!**





**First Position**  
KAAVYA SINGLA  
V-I

**Second Position**  
SHWETANK JAUHRI  
V-A

**Third Position**  
SHIVANI  
PIMPALPURE  
V-C

OF  
"THE MONTHLY BATTLE FOR BEING MOST COGNIZANT"  
A VIGILANT EYE  
INTER CLASS CURRENT AFFAIRS QUIZ  
FOR THE  
**MONTH OF JUNE**  
SESSION 2022-23





# SUPERLATIVES OF TOURNEY

## INTER-CLASS ENGLISH SPELLATHON COMPETITION

“ALL OUR DREAMS CAN COME TRUE IF WE HAVE THE  
COURAGE TO PURSUE THEM.”



### ST. XAVIER'S HIGH SCHOOL Result Sheet

Inter Class Competition

Held On May 11, 2022

*Class V*

Spellathon

**Congratulations**

<b>Grade &amp; Section</b>	<b>Exemplary Performance</b>
<b>V- A</b>	Advaya Sharma, Atharv Arora & Rudransh Panda
<b>V- B</b>	Aarav Nagpal, Divyanka Maharana, Idaya Gupta, Prahasth Sharma & Yuvaan Pathak
<b>V- C</b>	Aarav Jain, Aditya Mantha, Arudra Jodha, Aditya Mantha, Mishika Sabharwal & Srishti Ganguli,
<b>V- D</b>	Ayaan Tandon & Bhavika Bhattar
<b>V- E</b>	Aaradhya Jha, Abhigyan Chandgothia, Gautam Tewari, Ishita, Prisha Walia & Samridhi Yadav
<b>V- F</b>	Aarav Shankar & Neil Joseph
<b>V- G</b>	Atharv Sharma, Krishvi Ghiya & Sanjam Gujral
<b>V- H</b>	Aarush Kalsotra, Aaryan Samanta, Ahaan Srivastava, Gireesha Goyal, Harsimrat Singh, Jeet Gujral, Samaira Dudeja, Shria Madan, Swarna Sharma & Vedansh Rao
<b>V- I</b>	Kavya Singla, Rabnoor Singh & Yana Chandel



# SUPERLATIVES OF TOURNEY

## INTER-CLASS ENGLISH HANDWRITING COMPETITION



### ST. XAVIER'S HIGH SCHOOL

## Result Sheet

**Inter Class Competition**

**Held On April 22, 2022**

***Class V***

**ENGLISH HANDWRITING**  
**COMPETITION**

## Congratulations

Position	Winners
<b>First</b>	<b>Saneha Negi V- I</b>
<b>Second</b>	<b>Advaya Sharma V- A</b>
<b>Third</b>	<b>Akshita Sharma V- F &amp; Samaira Ajmani V- F</b>
<b>Good Efforts</b>	<b>Alina Bansal V- A, Shreyansh Yadav V- A, Vedansh Rao V- H, Atharv Gupta V- D &amp; Kavya Goyal V- G</b>



# STAR ACHIEVERS

## BADMINTON TOURNAMENT

"HIGH ACHIEVERS SPOT RICH OPPORTUNITIES  
SWIFTLY, MAKE BIG DECISIONS QUICKLY AND MOVE  
INTO ACTIONS IMMEDIATELY"



 **St. XAVIER'S HIGH SCHOOL**  
Sector 49, Gurgaon  
(Affiliated to CBSE)

*Congratulates the Champion*

**NIVIRANSH SUNDRA NI**  
**V-F**  
for being the  
**1<sup>st</sup> Runner-up**  
**BADMINTON TOURNAMENT**  
Organised by  
**Deuce Sports Academy**





# **STAR ACHIEVERS**

## **UNDER-12 INTER-SCHOOL**

## **FOOTBALL TOURNAMENT**

**WINNING REFLECTS THAT YOU ARE WILLING TO GO LONGER,  
WORK HARDER AND GIVE MORE THAN ANYONE ELSE”**

The students of St. Xavier's High added another jewel in the crowning glory of the school by bagging the Runners-up trophy in the Under-12 Inter-School Football Tournament organised by Pathways World School, Gurgaon.

### **Under-12 Football Team:**

- 1.Ayaan Sehgal V-B**
- 2.Bashshar Ameer VI-C**
- 3.Aarav Dhillon VI-D**
- 4.Dhruv Jain VI-D**
- 5.Aaliya Saproo VI-E**
- 6.Idhaant Chauhan VI-E**
- 7.Pragun Verma VI-F**
- 8.Aashi Goyath VI-G**
- 9.Vaibhav Rathore VII-C**



**Heartiest congratulations to all  
our ardent footballers for this  
glorious achievement and bringing  
accolades to the school.**





# RESONANCE FROM PARENTS' HEART

SHUBHA MA'AM AND ALL THE RESPECTIVE TEACHERS ARE VERY SUPPORTIVE, AND CHILD IS LEARNING WELL IN THEIR GUIDANCE . ACADEMICS IS GOOD. **M/O OF ATHARV ARORA, VA**

WE ARE SATISFIED WITH THE TEACHERS AND STAFF, RISHIKA IS VERY HAPPY. **M/O OF RISHIKA GARG, VB**

HAPPY WITH TEACHERS, WOULD LOVE TO SEE ALISHA GROW WELL IN THE COMING YEARS.

**MS. SOMA TRIPATHI, M/O OF ALISHA DWIVEDI, VC**

THANKS A LOT FOR THE CARE AND CONCERN. ATHARV IS PARTICIPATING IN THE CLASS ACTIVITIES WHOLE HEARTEDLY, WHICH IS GOOD AND PLEASING.

**MR. VIPUL, F/O OF ATHARV GUPTA, VD**

ST. XAVIER'S ALWAYS EXCEEDS OUR EXPECTATIONS. THE TEACHERS, SCHOOL AND MANAGEMENT, EVERYTHING IS PERFECT.

**M/O PRISHA WALIA, VE**

REALLY NICE BEING A PART OF SXHS, MY CHILD IS GROWING IN ALL SECTORS.

**MS. NIDHI AJMANI, M/O OF SAMAIRA AJMANI, VF**

NAKSHITA IS ENJOYING HER SCHOOL AND SHE WAS EXCITED TO COME AFTER TWO YEARS. THANK YOU FOR BEING THERE.

**M/O NAKSHITA CHAUDHARY, VG**

SATISFIED WITH THE TEACHERS AND ALL THE EFFORTS THEY PUT TOWARDS THE STUDENTS.

**MS. SHIKHA JAIN, M/O OF AVI JAIN, VH**

RABNOOR IS VERY HAPPY TO BE WITH HIS TEACHERS AND CLASSMATES.

**M/O RABNOOR SINGH, VI**