

XAVRONICLE

QUARTERLY REVERBERATION OF WONDER TIME

GRADE -VII

In This Issue

INVESTITURE CEREMONY

"LEADERS ARE THE ROLE MODELS WHO
INSPIRE THE FOLLOWERS AND MOTIVATE
THEM TO REACH THE TARGET OF SUCCESS"

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The Investiture Ceremony for the academic year 2022-23 was held in the school premises in the month of May 2022 wherein the newly elected members of the Student Council took the pledge to uphold the school motto of 'Explore, Engage and Excel' in high regard and esteem.

All the members of the Student Council expressed their commitment to work for and with their fellow students to take the school to new heights in academics and other fields.

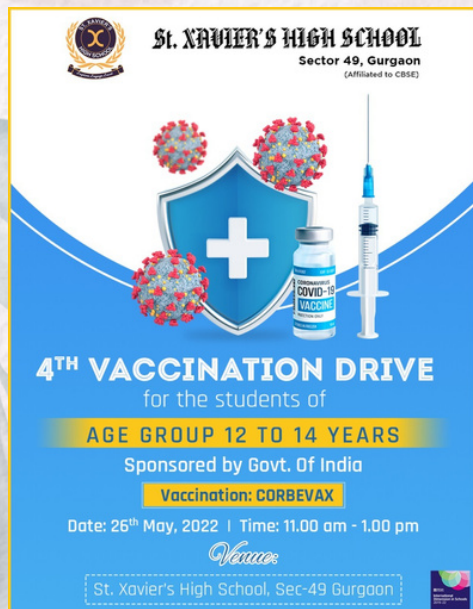


VACCINATION DRIVE

“Nothing is unattainable when ‘WE’ come together around a common cause - Let’s knock Covid-19 out”

St. Xavier’s High School has always worked towards sustainable development of the society and its people. The school firmly believes and works to bring more to community.

To offer convenient and exclusive access to the Covid 19 vaccine for all, the school (in partnership with Rosewood City) had joined hands with Medanta Hospital to initiate the 2nd vaccination drive at the school campus on 22nd January, 2022



St. XAVIER'S HIGH SCHOOL
Sector 49, Gurgaon
(Affiliated to CBSE)

4TH VACCINATION DRIVE
for the students of
AGE GROUP 12 TO 14 YEARS
Sponsored by Govt. Of India
Vaccination: CORBEVAX
Date: 25th May, 2022 | Time: 11:00 am - 1:00 pm
Venue:
St. Xavier's High School, Sec-49 Gurgaon



St. XAVIER'S HIGH SCHOOL
Sector 49, Gurgaon
(Affiliated to CBSE)

Organises
VACCINATION DRIVE
COVID VACCINATION
Sponsored by Govt. of India
Age Group: 12 - 14 Years **Vaccination: Corbevax**
Date: 16th April 2022 | Time: 11:00 am- 1:00 pm
Venue:
St. Xavier's High School, Sec-49 Gurgaon



St. XAVIER'S HIGH SCHOOL
Sector 49, Gurgaon
(Affiliated to CBSE)

Organises
3RD VACCINATION DRIVE
COVID VACCINATION
Sponsored by Govt. of India
Age Group: 12 - 14 Years **Vaccination: Corbevax**
Date: 18th MAY 2022 | Time: 11:30 AM - 1:30 PM
Venue:
St. Xavier's High School, Sec-49 Gurgaon



St. XAVIER'S HIGH SCHOOL
Sector 49, Gurgaon
(Affiliated to CBSE)

Organises
2ND VACCINATION DRIVE
COVID VACCINATION
Sponsored by Govt. of India
Age Group: 12 - 14 Years **Vaccination: Corbevax**
Date: 27th April 2022 | Time: 2:30pm - 4:00pm
Venue:
St. Xavier's High School, Sec-49 Gurgaon

BOOK DONATION DRIVE

Empathy is what the Xaverians are taught from the very young age. This enables them to understand to feel in order to make an effective contribution and bring a difference in the lives of all around them.

Xaverians distributed the books to the needy collected during the Books Donation Drive. Nearly 4500 books were distributed by the Xaverians.

It was indeed a proud moment to witness the little Xaverians read out books patiently to the children who were just the same age as them.


**St. XAVIER'S HIGH SCHOOL**
Sector 49, Gurgaon
(Affiliated to CBSE)

Organises


Books Donation Drive

4th April - 8th April, 2022

Gift a **book**, Gift a **smile** !



Don't Let Your Books End Up in a Landfill,
Donate them!

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CBSE
International
Examination in Schools
2019-22



MOMENTS 2022

CELEBRATING MOTHERHOOD

"Mothers are not the ones that never struggle, they are the ones that never give up despite the struggle. "A mother is your first friend, your best friend, your forever friend."

Mother's Day is a celebration honouring mothers, celebrating motherhood, maternal bonds and the influence of mothers in society. There is one relationship in this mortal life which effortlessly scores above all other known relationships on this Earth. That relationship is none other than of a mother with her child. A mother is someone who shows love, dedication, and devotion towards her family. Mother's Day is the day to give extra recognition to our amicable mothers; the superheroes of our Xaverians. Catering to the same thought, St. Xavier's High School invited all the gregarious moms of Grades III - VIII for a fun-filled session.

MOM, YOU'RE AWESOME



St. XAVIER'S HIGH SCHOOL
Sector 49, Gurgaon
(Affiliated to CBSE)

ORGANISES

MOMents

Celebrating Motherhood

A TITLE JUST ABOVE QUEEN!

on the occasion of

MOTHER'S DAY

SATURDAY, 7th MAY 2022

9.00AM - 10.30AM

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Registered Exam Centre 69893

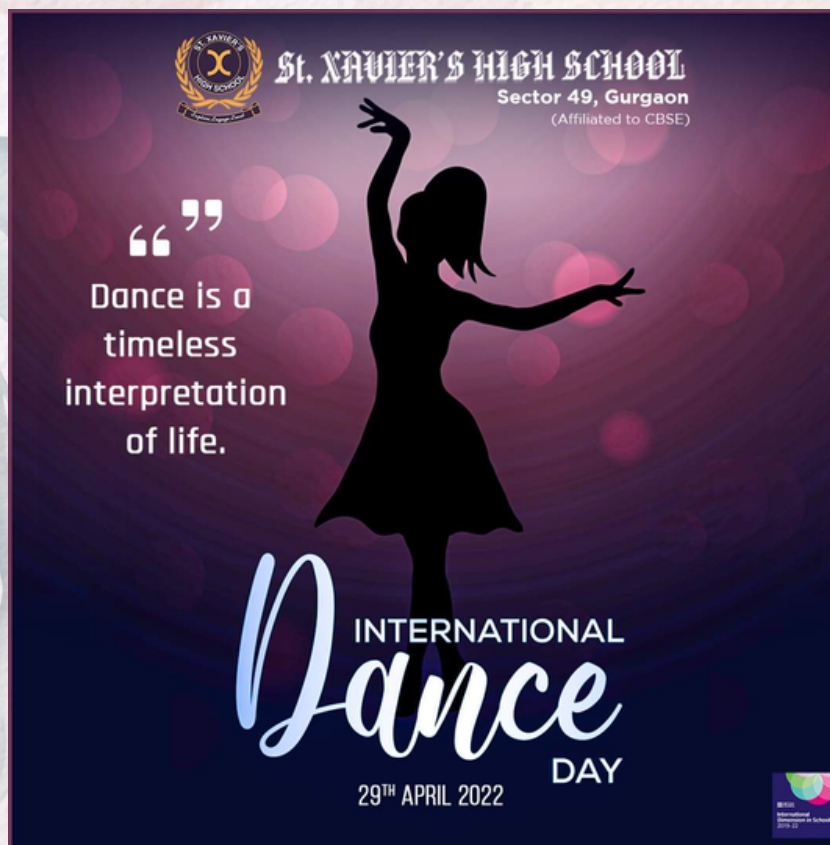


INTERNATIONAL DANCE DAY

"Dance is one of the ultimate activities to destress, lose inhibitions, meet new people, and boost physical health"

The intention behind celebrating International Dance Day at St. Xavier's High School was to celebrate dance, revel in the universality of this art form, cross all political, cultural and ethnic barriers, and bring people together with a common language - dance.

Students took their passion and made it happen on the International Dance Day.



RALLY PEACE, UNITY AND HARMONY

"Peace is the virtue of civilization. War is its crime."

A Rally- Peace, Unity & Harmony, the way of Life... was organised, where our Xaverians stood for Russian-Ukrainian Peace. It was an initiative to save the world from the scourge of war and to promote lasting peace in the society. The students of class VII and VIII had put up the rally to spread solidarity and love in the world. The Xaverians demonstrated the repercussions of the war.

SPREAD LOVE



St. XAVIER'S HIGH SCHOOL
Sector 49, Gurgaon
(Affiliated to CBSE)

Organises
**A Rally
PEACE, UNITY
& HARMONY**
The way of life.....
Xaverians stand for
Russian-Ukrainian Peace.

on
**FRIDAY, 13th MAY, 2022
AT 7:30 AM**

**BY THE STUDENTS OF
GRADES VII & VIII**



SOIL CONSERVATION

"Save Soil" is a global movement launched by Indian spiritual leader 'Sadhguru' to address land degradation and advocate for healthy soil. While Sadhguru is on his 'Save Soil' road trip from London, supporting his 'Save Soil' movement, we at St. Xavier's organized various soil conservation activities throughout the week to create awareness about the same.

The students of grade VI-VIII wrote letters to our respected Prime Minister Mr. Narendra Modi presenting him the importance of soil and their ideas on 'How to Save Soil'.

SAVE
SOIL



YOGA DAY

Every year June 21 is celebrated as 'The International Yoga Day' all over the world. This idea was proposed by our Hon'ble Prime Minister, Mr. Narendra Modi.

Yoga is an invaluable gift of India's ancient tradition. The purpose of yoga is to build strength, awareness and harmony in both, mind and body. To harmonize the five elements of our body and to celebrate the 8th International Yoga Day,

St. Xavier's High School organized a LIVE Yoga session- 'TATTVA YOG'. Yoga instructor from Isha Foundation was live on our School Facebook Page in conversation with the Xaverians of Grades V & VIII on 21st June, 2022.



St. XAVIER'S HIGH SCHOOL
Sector 49, Gurgaon
(Affiliated to CBSE)

Organizes a Live Session on

**TATTVA
YOG**

BY AN **ISHA FOUNDATION** INSTRUCTOR
In conversation with the students of Grade V & VIII
on the occasion of
INTERNATIONAL YOGA DAY 2022
YOGA FOR HUMANITY

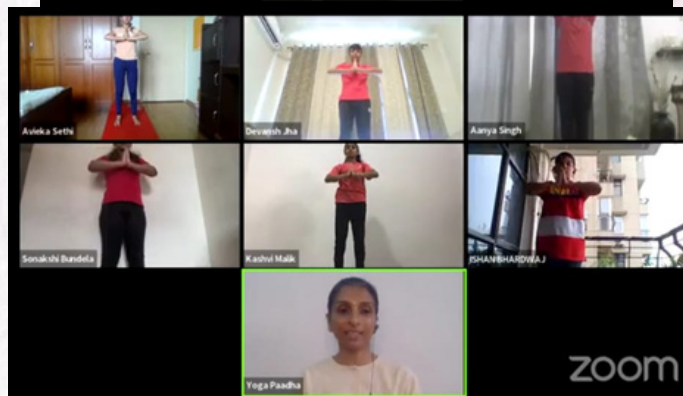


TUESDAY, 21 JUNE 2022 8.30 AM ONWARDS

'Yoga is the path towards being boundless.'

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f LIVE

YOGA DAY

To commemorate International Yoga Day 2022 : Yoga For Humanity, St Xavier's High School, Sector 49 organized a Yoga and Meditation Week.

'Curated Calm' for the Students and Parents. A journey of the self, through the self, to the self...

DAY 1: POWER YOGA (SURYA NAMASKAR AND ASANAS)

DAY 1 OF THE YOGA WEEK 'CURATED CALM -POWER YOGA' WITNESSED ENTHUSIASTIC AND EAGER PARTICIPATION FROM ALL. THE YOGA INSTRUCTOR MS. MALKIT DEMONSTRATED VARIOUS ASANAS, BREATHING EXERCISES AND OM CHANTING, WITH OUR AUDIENCE DOING YOGA IN UNISON TOWARDS BETTER HEALTH AND WELLNESS.



Day 2: Acupressure and Sujok Therapy

Day 2 of Yoga Week 'Curated Calm' - Acupressure and Sujok Therapy emphasised on the importance of yoga and physical exercises in our daily life. The yoga instructor Ms Malkit showed various Acupressure points to our audience. The goal of the instructor was to restore the healthy balance of our body and to regulate the opposing forces of positive energy and the negative energy.



YOGA DAY

"You may not be able to control the whole world, but you may learn to control your inner world through yoga."

Day 3: Naturopathy

"Nature itself is the best physician"

Naturopathy is treating illness using the five elements- water, air, fire, soil and space known as Panchamahabhutas.

A rejuvenating Naturopathy session was organized on Day 3 of the "Curated Calm. Cleansing of the body chakras restores physical and mental balance. A positive approach for healthy living and inner purification through nature is a small step towards it.



DAY-4 MUD THERAPY SESSION

A MUD THERAPY SESSION ON THE 4TH DAY OF THE INTERNATIONAL YOGA DAY WAS CONDUCTED. MUD IS REFRESHING, INVIGORATING, REVITALIZING AND GIVES A COOLING EFFECT TO THE BODY. IT DILUTES AND ABSORBS THE TOXIC SUBSTANCES OF THE BODY AND ULTIMATELY ELIMINATES THEM FROM THE BODY. IT RELAXES THE MUSCLES, IMPROVES BLOOD CIRCULATION AND HELPS TO REGULATE THE METABOLISM. SHE ALSO DEMONSTRATED A FEW TECHNIQUES USING MUD THERAPY, WHICH CREATED AWARENESS AMONG THE AUDIENCE ON THE SUBJECT.



Day -5 Meditation for Relaxation of Mind

The school concluded the Yoga Week with Jal Neeti and Meditation Session. Different yoga postures and breathing techniques were taught to strengthen the immunity. The innumerable benefits of practicing Yoga and meditation were also elucidated to all the participants. The week long celebration concluded with breathing techniques and exercises like Pranayams, Anuloma and Viloma, Jal neeti, Meditation and Relaxation with Laughter yoga.



INTERCLASS ENGLISH HANDWRITING COMPETITION

“Nothing is more pleasing than looking at beautiful handwriting.”

Handwriting is an essential skill for children. Practicing handwriting is an incredibly important exercise for children, enabling them to develop fine motor skills and confidence. It activates the brain and contributes to reading fluency. Good handwriting is important as in the modern world, in all walks of life, people are judged by their handwriting.

An inter-house handwriting competition was held on 28th of April for classes 3 to 8. The students participated in it with a lot of excitement and passion. They did their work neatly and patiently and copied down each line, word by word. So engrossed were they that a peaceful silence enveloped the entire school.

|  ST. XAVIER'S HIGH SCHOOL Result Sheet <u>An Inter Class English Handwriting</u> <u>Competition</u> Held on April 28, 2022 <u>Class VII</u> <i>Congratulations</i> | |
|---|--|
| POSITION | WINNERS |
| First | Aarav Ladha VII G |
| Second | Aanya Singla VII D Anoushka Mishra VII B |
| Third | Ishaan Kansal VII A Aanya Tyagi VII D |
| Good Efforts | Aaroahi Das VII F Taneesha Singh VII D Avni Dutta VII B |

INTERCLASS ENGLISH SPELLATHON

“SPELLING AIDS IN READING AND HELPS CEMENT THE CONNECTION THAT IS SHARED BETWEEN SOUNDS AND LETTERS.”

The SPELLATHON COMPETITION, for Grade III to Grade VIII was organised to give students a platform to learn spellings in different ways, enrich their vocabulary, learn concepts and develop the use of concept in English.

In the time and age of auto-correct, predictive text and spell check, the Spellathon competition for students held at St. Xavier's High School, came as a whiff of fresh breeze.

We congratulate the well-deserved winners and wish the best to all students to rise to the next challenge.



ST. XAVIER'S HIGH SCHOOL

Result Sheet

An Inter Class English Spellathon

Competition

Held on May 11, 2022

Class VII

Congratulations

| POSITION | WINNERS |
|------------------------------|---|
| Exemplary Performance | 1. Bhagya Khandelwal VII A 2. Mahi Katyayani VII B 3. Dhananjay Verma VII B 4. Aryan Makkapati VII B 5. Aarav Bansal VII B 6. Arjun Sharma VII G |

STALWARTS OF THE MONTHLY BATTLE FOR BEING THE MOST COGNIZANT-A VIGILANT EYE

The quest for knowledge never ends; it just leads to more curiosities that lead to a greater mind.

After receiving splendid responses from our little geniuses, the school came up with Monthly Quiz on Current Affairs this year as well. The link of google form is shared on the First Saturday of every Month at 10:00 am for the students of Grades III-VIII. The MCQs based quiz has 10 questions for Grades III-V and 20 questions for Grades VI-VIII.

Grade Wise fastest 3 correct entries were awarded with the Certificate of Appreciation.

We eagerly wait for the enthusiastic participation of the students in- The Monthly Battle For Being MOST COGNIZANT- A Vigilant Eye.

St. XAVIER'S HIGH SCHOOL
Sector-49, Gurgaon
(Affiliated to CBSE)

CONGRATULATES GRADE VII WINNERS!



First Position
BHAGYA Khandelwal
VII A


Second Position
MAHI KATYAYANI
VII B

Third Position
VANSH VIJAY
VII D

OF
"THE MONTHLY BATTLE FOR BEING MOST COGNIZANT"
A VIGILANT EYE
INTER CLASS CURRENT AFFAIRS QUIZ
FOR THE
MONTH OF MARCH
Session 2022-23

St. XAVIER'S HIGH SCHOOL
Sector-49, Gurgaon
(Affiliated to CBSE)

Organises
MONTHLY BATTLE FOR BEING MOST COGNIZANT
A VIGILANT EYE
AN INTER-CLASS CURRENT AFFAIRS QUIZ
FOR THE STUDENTS OF
GRADES III-VIII
Saturday, 23rd April, 2022 | 10.00 am



St. XAVIER'S HIGH SCHOOL
Sector-49, Gurgaon
(Affiliated to CBSE)

CONGRATULATES GRADE VII WINNERS!



First Position
SUBID DAS GUPTA
VII-A

Second Position
MAHI KATYAYANI
VII-B

Third Position
AARUSHI AGGARWAL
VII-E

OF
"THE MONTHLY BATTLE FOR BEING MOST COGNIZANT"
A VIGILANT EYE
INTER CLASS CURRENT AFFAIRS QUIZ
FOR THE
MONTH OF JUNE
SESSION 2022-23

St. XAVIER'S HIGH SCHOOL
Sector-49, Gurgaon
(Affiliated to CBSE)

CONGRATULATES GRADE VII WINNERS!



First Position
MAHI KATYAYANI
VII B

Second Position
SHAURYA BAHL
VII C

Third Position
MAHISHTHA GAUTAM
VII D

OF
"THE MONTHLY BATTLE FOR BEING MOST COGNIZANT"
A VIGILANT EYE
INTER CLASS CURRENT AFFAIRS QUIZ
FOR THE
MONTH OF APRIL
SESSION 2022-23

INTERHOUSE DECLAMATION COMPETITION

“You can speak well if your tongue can deliver the message of your heart.”

St. Xavier's High School, organized an Inter-house Declamation Competition on 12th May, 2022, to hone the oratory skills among the students. Declamation is a rhetorical exercise or a set speech. The participants had to present their views on the theme-“Actions speak louder than words.”

The children were in high zest and zeal. The bar rose extremely high for the competition, wherein, each participant could feel their pulse roaring as everyone was well prepared, spoke confidently with expressions and excellent diction.

Honourable Principal Sir, Mr. John Rafi, appreciated the efforts of all the participants and encouraged other students too to come forward and participate in such events.




ST. XAVIER'S HIGH SCHOOL
Result Sheet
An Inter-House Declamation Competition
Held on May 12, 2022
Class VII
Congratulations

| POSITION | WINNERS |
|---------------------|--|
| First | Mahi Katyayani VII B |
| Second | Aashna Singhal VII C |
| Third | Deveshi Jajodia VII C |
| Good Efforts | Navya Gupta VII G Vedant Gupta VII A Aryan Jain VII B |



SUPERLATIVES OF TOURNEY

"Success is where preparation and opportunity meet."

At St. Xavier's High School, we believe that determination and commitment bring accomplishment and success. Our Xaverians proved their mettle through their stupendous performance in Skating Championship

GRADE 6

Aarav Chadha

Second position in the First National Fitness Ride Skating Championship held at Tau Devi Lal Stadium, Sector-39, Gurugram

GRADE 3

Tanmay Maheshwar

The winner in the 15th All India Real Gold Skating Championship held in Jaipur.

Heartiest congratulations to all the achievers for this glorious accomplishment and bringing accolades to the school. We would like to extend our heartfelt thanks to the parents for their best wishes and unwavering support.



INTER SCHOOL FOOTBALL TOURNAMENT

‘Winning reflects that you are willing to go longer, work harder and give more than anyone else’

The students from St. Xavier’s High School, Sector 49, Gurugram added another jewel in the crowning glory of the school by bagging the Runner-up trophy in the Under-12 Inter-School Football Tournament organised by Pathways World School, Gurgaon.

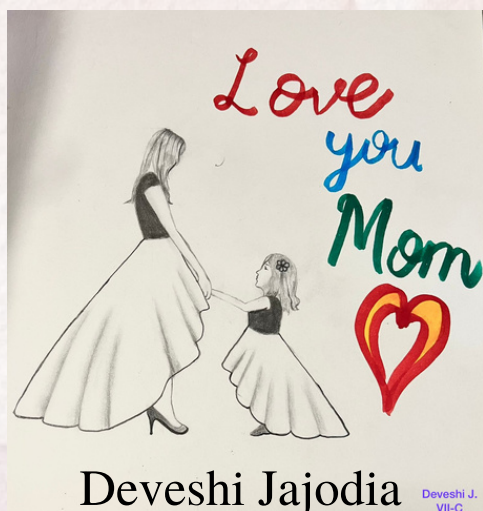
Heartiest congratulations to all our ardent footballers for this glorious achievement and bringing accolades to the school. We would like to extend our heartfelt thanks to the parents for their best wishes and unwavering support.

UNDER-12 FOOTBALL TEAM

- 1. AYAAN SEHGAL V-B***
- 2. BASHSHAR AMEER VI-C***
- 3. AARAV DHILLON VI-D***
- 4. DHRUV JAIN VI-D***
- 5. AALIYA SAPROO VI-E***
- 6. IDHAANT CHAUHAN VI-E***
- 7. PRAGUN VERMA VI-F***
- 8. AASHI GOYATH VI-G***
- 9. VAIBHAV RATHORE VII-C***
- 10. JUJHAR SINGH VII-C***
- 11. ARJUN DUBEY VII-B***
- 12. PRONoy HARVEY VII-F***
- 13. ARAV JAIN VI-A***



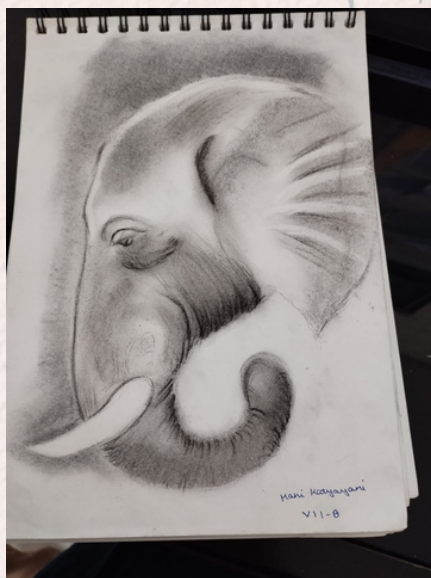
CREATIVITY CORNER



Deveshi Jajodia

Deveshi J.
VII-C

VII C



Mahi Katyayani

VII B



Shaurya Kumar

VII C



Shaurya Bahl

VII C



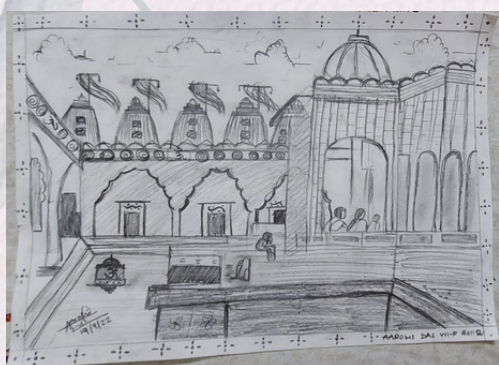
Ishita Rastogi

VII B



Naisha Mishra

VII B



Aarohi Das

VII F



Gauri Shivpuri

VII B

RESONANCE FROM PARENT'S HEART

AS ALWAYS IT HAS BEEN A WONDERFUL EXPERIENCE
AT XAVIER'S. THANK YOU.
P/O KRISHIV JHA VII G

TEACHERS ARE DOING A WONDERFUL JOB
HANDLING THE KIDS IN THE OFFLINE MODE.
THANK YOU.
P/O JENESSA CHAWLA VII F

THANK YOU FOR BEING SO SUPPORTIVE AND
HAND HOLDING KIDS AFTER A LONG GAP. KEEP
GOOD WORK GOING.
P/O MAHISTHA GAUTAM VII D

TEACHERS ARE REALLY VERY SUPPORTIVE. THEY
LISTEN TO PARENTS ISSUES AND ALWAYS RESPONDS. P/O
AGAMYA MODI VII A

AARAV IS NEW TO SCHOOL. BUT IN LAST ONE AND
HALF MONTH, HE HAS SETTLED WELL AND IS
DOING WELL WITH HELP OF TEACHERS. GREAT
EFFORTS BY ALL THE TEACHERS.
P/O AARAV SAXENA VII C

THANK YOU, COMPLETELY SATISFIED WITH
MATHEMATICS TEACHING AND PACE OF
TEACHING.
P/O SHAURYA TOMAR VII F

GOOD WORK. NICE TEACHER, VERY SUPPORTIVE IN
EVERY MANNER. THANK YOU.
P/O MANAV SINGH VII D

AARUSHI ENJOYS THE SCHOOL ENVIRONMENT VERY MUCH.
P/O AARUSHI AGGARWAL VII E

THANK YOU FOR EVERYTHING. HE IS
JUBILANT TO COME SCHOOL.
P/O TAVISH TYAGI VII B

HAPPY WITH THE TEACHER'S EFFORTS AND
GUIDANCE SHE IS PROVIDING. THANKS MA'AM.
P/O SHANAYA KHURANA VII A

WE ARE VERY SATISFIED WITH THE SCHOOL AND EDUCATION. THANKS FOR THE SUPPORT.
P/O TVISHA SINGH VII C