

**ARWACHIN BHARTI BHAWAN SR. SEC .SCHOOL**  
**VIVEK VIHAR, DELHI – 95**

**CIRCULAR**

**DATED – 18.09.2020**

Respected Parents and Students,

The rainy season is most conducive for vector borne diseases like Dengue, Chikungunya & Malaria which spread during this time. In order to control and prevent the outbreak of these diseases, it is essential to prevent breeding of mosquitoes.

Awareness instructions for the students to be followed at home:-

- To avoid mosquito bites wear full-sleeved clothing and use mosquito repellents. Put wire mesh on doors and windows to prevent entry of mosquitoes.
- Cover all water tanks and containers with well fitted lids to prevent breeding of mosquitoes.
- Empty, scrub and dry the room coolers every week before refilling to prevent breeding of mosquitoes. Paint the insides of coolers before use.
- All unused containers, junk materials, tyres, coconut shells etc. should be properly disposed off.
- Change water in flower vases, plant pots, bird pots every week to prevent mosquito breeding.
- Cover the toilet seat after every use.
- Use bed net at home and hospital during dengue fever to prevent mosquito bite and to interrupt transmission. Use aerosol, vaporizers (coils/mats) during day time.
- Don't allow water to stagnate in and around houses.

Regards

**Dr( Mrs) Urmila Sharma**  
**PRINCIPAL**