



SUNRISE INTERNATIONAL SCHOOL

CLASS-VII

PLANNER OF ALL SUBJECTS

SESSION 2021-22

Subject: English

S No	Details of the Topic	No of Periods	Month	Date		Activity/Project
1.	Unit 1 Section A	05	May	1.05.21	6.05.21	Online Video
2.	Unit 1 Section B	05	May	7.05.21	12.05.21	Online Video
3.	Unit 1 Section C	05	May	13.05.21	18.05.21	Poetry Reading
4.	Unit 2 Section A	05	May	19.05.21	24.05.21	Online Video
5.	Unit 2 Section B	05	July	27.07.21	31.07.21	Online Video
6.	Known Concepts	10	Aug	2.08.21	13.08.21	Poetry Reading
7.	Determiners Part 1	04	Aug	14.08.21	17.08.21	PPT
8.	Determiners Part 2	04	Aug	18.08.21	21.08.21	Class Presentation
9.	Notice Writing	04	Aug	23.08.21	26.08.21	
10	Paragraph Writing	04	Sept	27.09.21	1.09.21	
11	Letter Writing (formal)	04	Sept	2.09.21	7.09.21	Imaginative Description

12	Unit 2 Section C	03	Sept	8.09.21	10.09.21	Poetry Reading
13	Unit 3 Section A	03	Oct	1.10.21	5.10.21	
14	Unit 3 Section B	03	Oct	6.10.21	8.10.21	
15	Unit 3 Section C	03	Oct	9.10.21	12.10.21	Poetry Reading
16	Modals	03	Oct	13.10.21	16.10.21	
17	Prepositions	03	Oct	17.10.21	19.10.21	PPT
18	Tenses	03	Oct	20.10.21	23.10.21	Chart on Tenses
19	Letter Writing (Informal)	03	Oct	24.10.21	26.10.21	Imaginative Description
20	Article Writing	03	Oct	27.10.21	30.10.21	
21	Unit 4 Section A	04	Nov	1.11.21	8.11.21	
22	Unit 4 Section B	04	Nov	9.11.21	12.11.21	
23	Unit 4 Section C	03	Nov	13.11.21	16.11.21	Poetry Reading
24	Voice	03	Nov	17.11.21	20.11.21	
25	Narration	03	Nov	22.11.21	24.11.21	Online Video
26	Integrated Exercise	05	Nov	25.11.21	30.11.21	
27	Speech Writing	03	Dec	1.12.21	3.12.21	Class Presentation
28	Debate Writing	03	Dec	4.12.21	7.12.21	Class Presentation
29	Unit 5 Section A	03	Dec	8.12.21	10.12.21	
30	Unit 5 Section B	03	Dec	11.12.21	14.12.21	
31	Unit 5 Section C	03	Dec	15.12.21	17.12.21	Poetry Reading
32	Skills Enrichment Module	03	Dec	18.12.21	21.12.21	
33	Notice Writing	03	Dec	22.12.21	24.12.21	Imaginative Description
34	Letter Writing	03	Dec	27.12.21	29.12.21	

35	Paragraph Writing	03	Dec	30.12.21	3.1.22	
36	Unit 6 Section A	03	Jan	4.1.22	6.1.22	
37	Unit 6 Section B	03	Jan	7.1.22	10.1.22	
38	Unit 6 Section C	03	Jan	11.1.22	15.1.22	Poetry Reading
39	Integrated Exercise	05	Jan	15.1.22	20.1.22	
40	Practice Worksheet	06	Jan	21.1.22	24.1.22	
41	Unit 7 Section A	03	Jan	25.1.22	28.1.22	
42	Unit 7 Section B	03	Jan	29.1.22	1.2.22	
43	Unit 7 Section C	03	Feb	2.2.22	4.2.22	Poetry Reading

SUBJECT: SOCIAL SCIENCE

S No	Details of the Topic	No of Periods	Month	Date		Activity/Project
44.	GEO CH 1	06	APRIL	05.04.21	10.04.21	READING
45.	GEO CH 2	06	APRIL	11.04.21	16.04.21	READING
46.	HISTORY CH1	14	APRIL	17.04.2021	31.05.21	READING
47.	HISTORY CH2	09	MAY	01.05.2021	10.05.2021	READING
48.	CIVICS CH1	13	May	11.05.21	23.05.21	READING
49.	CIVICS CH2	08	May	24.05.21	31.05.21	READING
50.	GEOGRAPHY CH 3	06	AUG	2.08.21	6.08.21	READING
51.	GEOGRAPHY CH 4	05	AUG	07.08.21	12.08.21	READING

52.	HISTORY CH3	07	AUG	13.08.21	17.08.21	READING
53.	HISTORY CH4	14	AUG	18.08.21	31.08.21	READING
54.	CIVICS CH3	06	SEP	01.09.2021	06.09.2021	READING
55.	CIVICS CH4	06	SEP	07.09.2021	12.09.2021	READING
56.	HISTORY-CH5	08	OCT	1.10.21	08.10.21	READING
57.	HISTORY-CH6	08	OCT	09.10.21	16.10.21	READING
58.	GEOGRAPHY CH 5	06	OCT	17.10.21	22.10.21	READING
59.	GEOGRAPHY CH 6	08	OCT	23.10.2021	30.10.2021	READING
60.	CIVICS CH5	10	NOV	1.11.21	10.11.21	READING
61.	CIVICS CH6	10	NOV	11.11.21	20.11.21	READING
62.	HISTORY-CH8	10	NOV	21.11.21	30.11.21	READING
63.	HISTORY-CH9	10	DEC	1.12.2021	10.12.2021	READING
64.	HISTORY-CH10	09	JAN	2.01.2022	10.01.2022	READING
65.	GEOGRAPHY CH 7	06	JAN	11.01.2022	16.01.22	READING
66.	GEOGRAPHY CH 8	07	JAN	17.01.2022	23.01.22	READING
67.	GEOGRAPHY CH 9	08	JAN	24.01.22	31.01.22	READING
68.	CIVICS CH 7	07	FEB	1.02.2022	07.02.22	READING
69.	CIVICS CH 8	07	FEB	08.02.2022	14.02.22	READING
70.	CIVICS CH 9					

SUBJECT: MATHEMATICS

MONTH	CHAPTER NO.	CHAPTER NAME	NO. OF PERIODS	DATE
APRIL	CH-1	INTEGERS	10	6-APR TO 16-APR
	CH-2	FRACTIONS AND DECIMALS	12	17-APR TO -30APR
MAY	CH-5	LINES AND ANGLES	8	01- MAY TO 08-MAY
	CH-3	DATA HANDLING	6	11-MAY TO 16-MAY
JULY	CH-4	SIMPLE EQUATIONS	5	26-JULY TO 30-JULY
AUGUST	CH-6	PROPERTIES OF TRIANGLES	8	02-AUG TO 09-AUG
	CH-7	CONGURENCE OF TRIANGLES	8	16-AUG TO 20-AUG
	CH-14	SYMMETRY	2	21-AUG TO 22-AUG
OCTOBER	CH-8	COMPARING QUANTITIES	13	01-OCT TO15-OCT
	CH-9	RATIONAL NUMBERS	8	16-OCT TO 25-OCT
NOVEMBER	CH-10	PRACTICAL GEOMETRY	8	08 -NOV TO 18- NOV
	CH-11	PERIMETER AND AREA	6	19-NOV TO 24-NOV
DECEMBER	CH-12	ALGEBRAIC EXPRESSIONS	8	10 -DEC TO 20-DEC
JANUARY	CH-13	EXPONENTS AND POWERS	6	10-JAN TO 17-JAN
	CH-15	VISUALISING SOLID SHAPES	6	18 JAN TO 25 JAN

SUBJECT-SCIENCE

MONTH	CHAPTER NO.	CHAPTER NAME	NO. OF PERIODS	DATE	ACTIVITY
APRIL	CH-1	NUTRITION IN PLANTS	6	6-APR TO 11-APR	Diagram play cards(HHW)
	CH-2	NUTRITION IN ANIMALS	6	14-APR TO 19-APR	Diagram play cards(HHW)
	CH-11	REPRODUCTION IN PLANTS	8	22-APR TO 29-APR	
MAY	CH-6	HEAT AND TEMPERATURE	8	01- MAY TO 08- MAY	
	CH-13	ELECTRIC CURRENT AND ITS EFFECTS	6	11-MAY TO 16- MAY	
JULY	CH-3	FIBRE TO FABRIC	5	26-JULY TO 30- JULY	Pasting of fibres in scrap file(HHW)
AUGUST	CH-5	ACIDS,BASES ND SALTS	8	02-AUG TO 09- AUG	pH paper experiment in class(using eatables)
	CH-4	CHEMICALS AND CHEMICAL CHANGES	8	16-AUG TO 23- AUG	Chemical symbol race (outdoor activity)
	CH-8	SOIL	6	31-AUG TO 06-SEP	Soil profile play card
OCTOBER	CH-9	RESPIRATION IN ORGANISMS	8	01-OCT TO 08-OCT	
	CH-10	TRANSPORTATION OF SUBSTANCES	8	11-OCT TO 18-OCT	
	CH-14	WASTE WATER MANAGEMENT	6	20-OCT TO 25-OCT	Report on Ganga action plan
NOVEMBER	CH-15	LIGHT	6	08 -NOV TO 13- NOV	Activity for rectilinear propogation of light(class demonstration)
	CH-16	WATER	6	16-NOV TO 21- NOV	Poster making
DECEMBER	CH-17	FORESTS:OUR LIFELINE	6	10 –DEC TO 15- DEC	Food web and food chain charts
	CH-18	WASTERWATER MANAGEMENT	6	17-DEC TO 22-DEC	
JANUARY	CH-7	CLIMATE AND ADAPTATION	6	10-JAN TO 15-JAN	
	CH-12	TIME AND MOTION	6	17 JAN TO 22 JAN	