

Spiritual Talk on “ Password For Happiness ”

Date : 16th March 2022

Resource Person : Brahmakumari Sister Priyanka

Time : 11:30 am - 1:30 pm

Venue : Seminar Hall

To promote Human values and managing relationships in personal, Official and Social spheres and for living a fruitful and contented life a Spiritual talk on “**Password for Happiness**” had been organized for Architecture Students of all years, from first year till fifth year and faculty members of MBS School of Planning and Architecture on Wednesday, 16th March 2022 from 11:30 am to 1:30 pm. The guest speaker was Brahmakumari Sister Priyanka.

The poster is for a spiritual talk titled "PASSWORD for HAPPINESS" by Brahmakumari Sister Priyanka. It features a central circular portrait of Sister Priyanka, a woman with dark hair wearing a white sari. The background is a light pink with a subtle sunburst pattern. At the top left, the MBS SPA logo is displayed in a red-bordered box. To the right of the portrait are the MBS (Mind Body Soul) and School of Planning & Architecture logos, along with text stating affiliation to GGSIPU and approval by COA & AICTE. The date and time (16th March 2022, 11:30am - 01:30pm) are in a red-bordered box at the bottom left. Social media links and a QR code are at the bottom right.

MBS SPA
invites you
for a
Spiritual Talk
on
**“ PASSWORD for
HAPPINESS ”**

16th March 2022
Wednesday
Seminar Hall
11:30am - 01:30pm

Brahmakumari Sister Priyanka

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SCHOOL OF PLANNING & ARCHITECTURE
Affiliated to GGSIPU and Approved by COA & AICTE

Brahmakumari Sister Priyanka is associated with BRAHMAKUMARIS for the past fifteen years. She holds a masters in Business Administration from Symbiosis Institute of Management, Pune and M.Sc. in Value Education and Spirituality. She has conducted various sessions on Stress Management for corporates in Reliance and L&T (Larsen & Toubro) on a regular basis. She is also a faculty member of Security Services wing of BRAHMAKUMARIS and has

served various Military & Para Military forces like BSF, CRPF, CISF, Army, Indian Navy, Coast Guard etc. and has travelled across the country to conduct these sessions covering areas around Jammu & Kashmir, Punjab, Assam, Manipur, Bihar & Orissa. She has delivered Lectures & introduced Rajyoga Meditation in Educational Institutions like IIMT and JNU.

The session as delivered by Sister Priyanka began with the explanation of Om Shanti and the need of peace within and around, explaining that there is no real happiness without peace & no peace without purity.



Sister Priyanka Presenting the Talk

Sister further explained the role of SQ and how it has become equally important as EQ, in workplaces nowadays. She explained the importance of living in the present rather than in past or future. To enjoy the present and enjoy the journey of life.



Participants in the Q & A session

Further Sister Priyanka talked about power of positivity, self control and the importance of love for nature.

Sister ended the session with a q&a session with active participation of students and faculties as well and gave a mantra of giving and meditation.

MBS School of Planning and Architecture thanked sister priyanka for her invaluable time and giving the students such a beneficial and enlightening session.

