

ISA ACTIVITY (YEAR 2020-2021)
MAKING OF A DIGITAL COLLAGE
TITLE- DISCIPLINE: MIND, BODY AND SOUL

It is in continuation to the report dated 11th November 2020 regarding 'How to make a Digital Collage?' depicting various mental and physical fitness regimes followed in the target countries India, Japan, China and Afghanistan along with their health benefits under KALAYOG, ISA Project (Year 2020-2021).

To encourage global and collaborative learning amongst the students, some digital collages reflecting various mental and physical fitness regimes followed in India along with their health benefits was shared with the partner country, Afghanistan (Shokofa Ha-e-Towhid 2 Private High School) on 17th November 2020 through Email and in exchange the students of the partner country, Afghanistan also prepared beautiful digital collages reflecting various mental and physical fitness regimes practiced in their country along with their health benefits which was shared with our students on 27th and 28th November 2020 respectively through Email.

Then, some best selected digital collages of our students from each grade and received digital collages from the partner country, Afghanistan was shown to our students of grade VII, VIII and IX on 28th November 2020 through Google Meet.



