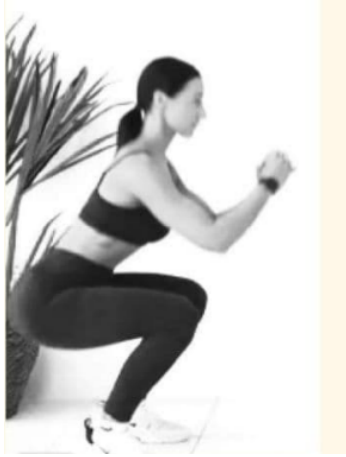


FITNESS CHALLENGE

"A progress everyday adds up to big results"



Keeping that in mind, the demand of the current scenario, the school came up with the idea of conducting a fitness month.

This not only helped students to showcase their talent but also enhanced their muscular, mental as well as physical strength.

The challenge of the week was : SQUATS, where a participant had to do a maximum number of squats in a minute.

The winners are :-

(Girls)

1st	Khyati	VII-A
2nd	Anukriti	VII-B
3rd	Aanya	VII-E

(Boys)

1st	Kunal	VII-B
2nd	Gavisht	VI-B
3rd	Krish Daksh	VII-A VI-C