

WORKSHOP ON ADOLESCENCE

APRIL 22, 2019



Adolescence is the age of change. It is a vulnerable time when kids can develop unhealthy habits that grow into problems in their adult life. Behavior issues of adolescence, which are quite common, also crop up during this time, making it impossible for parents to reach out to their teenagers.

Today's small family and great mobility have created special problems for adolescents. Many teenagers on their road to independence, go through a stage when their parents seem hopelessly out-dated. During this period, no parental advice is acceptable. In years past, other members of the extended family could substitute for the parents. Now teenagers are thrown on their peers for advice, peers trying to cope with the very same problems.

Keeping all these problems in mind a workshop and discussion session was organized for the girl students of classes X,XI and XII. Dr. Mangla explained everything related with adolescence and answered almost all the question coming from the girls. The workshop proved to be very informative as the girls could clear their doubts in the most healthy way.

A query box is proposed to be installed in the school campus where all the students could put their questions, which would be discussed by the expert in the most friendly manner.