



**THEME: Importance of Yoga**

**DATE:- February 10, 2023**

## CLASS ON DUTY: I B

**TEACHER INCHARGE: MS. VAISHALI BHALLA**

| S. NO. | EVENTS                              | PARTICIPANTS  |
|--------|-------------------------------------|---|
| 1.     | Gayatri Mantra                      | School Choir  |
| 2.     | School Song /School Prayer          | School Choir  |
| 3.     | Event Comparing                     | Darsh Agarwal   |
| 4.     | Pledge                              | Devansh Chandel   |
| 5.     | News Headlines by                   | Payal Kumari  |
| 6.     | Rhyme on Yoga                       | Madiha Rizvi  |
| 7.     | Facts about Meditation through Yoga | Dhruv, Aayush Sharma  |
| 8.     | Benefits of Yoga                    | Vihaan Saharan  |
| 9.     | Yoga Poses                          | Naina Bindal, Hazel Kipgen, Gavya Rawal, Sparsh, Aardhaya, Chirayu, Yashwi Taroriya |
| 10.    | National Anthem                     | School Choir  |

**Principal: Mr Atul Wadhawan**



