## St. Mary's School, Dwarka Mid – Day Meal Planner for the Month of March 2023 "The First Wealth is Health"

01.03.2023	Wednesday	Puri, Chana & Halwa
02.03.2023	Thursday	Mix Veg Paneer and Chapati
03.03.2023	Friday	Chana Dal and Rice
06.03.2023	Monday	Paneer Matar and Chapati
07.03.2023	Tuesday	Rajma Rice and Fruit
08.03.2023	Wednesday	Holi
09.03.2023	Thursday	Rajma Rice
10.03.2023	Friday	Vegetable Noodles and Frooti
13.03.2023	Monday	Matar Paneer and Chapati
14.03.2023	Tuesday	Chana Rice
15.03.2023	Wednesday	Mix Vegetable and Chapati
16.03.2023	Thursday	Kofta Curry Chapati and Dessert
17.03.2023	Friday	Mix Vegetable Kadhi & Rice and Fruit

Teacher-In-Charge

Seema Bali

Sheary Dowar Proprietor

Seasonal Vegetables subject to availability.