



FORTNIGHTLY SYLLABUS PLANNING (2023-24)

CLASS XII

SUBJECT- HOME SCIENCE

New Session begins on 1st March 2023

S.No.	Duration	No. of Teaching Days	Theory	Practical/ Activity	Weightage in Board
1	1 st March – 15 th March	11	Chapter 2-Clinical Nutrition and Dietetics Chapter 3-Public Nutrition and Health	Diet Plan for Elderly person	As per CBSE
2	16 th March-31 st March	12	Chapter 5-Food Processing and Technology Chapter 6-Food quality and Food Safety	Diet Plan for Lactating Women	As per CBSE
3	1 st April-15 th April	7	Chapter 6-Food quality and Food Safety	Plan a menu for School Canteen	As per CBSE

Unit Test: 17th April – 15th May'23

4	16 th April- 30 th April	10	Chapter 11- Design for Fabric and Apparel Chapter 12- Fashion Design and Merchandising	Tie and Dye	As per CBSE
5	1 st May- 15 th May	10	Chapter 15 -Care and Maintenance of Fabrics in Institution	Block Printing	As per CBSE
6	16 th May – 31 st May	9	Chapter 15 -Care and Maintenance of Fabrics in Institution	Analysing an advertisement for a job	As per CBSE

Summer Vacations: 29th May – 30th June'23

7	1 st July- 15 th July	10	Chapter 20- Consumer Education and Protection	Pamphlet/Leaflet	As per CBSE
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Periodic Test-1: 17th July – 7th August'23

8	16 th July-31 st July	11	Chapter 17– Hospitality Management	Stain removal	As per CBSE
9	1 st Aug- 15 th Aug	10	Chapter 7- Early Childhood and Education	Adulteration	As per CBSE
10	16 th Aug- 31 st Aug	11	Chapter 21 – Development Communication and Journalism	Label designing	As per CBSE

Syllabus Completion for Mid Term Examination: 31st Aug 2023

Practicals for Mid Term Examination: 6th Sept – 13th Sept 23

11	1 st Sept-15 th Sept	7	REVISION		
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Mid Term Examination - 15th Sept- 25th Sept 23

12	1 st Oct- 15 th Oct	9	Chapter 10 – Management Of support services, Institutions and Programmes for Children, Youth and Elderly	Poster Designing	As per CBSE
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Autumn Break- 23rd Oct- 24th Oct 23

13	16 th Oct-31 st Oct	10	Chapter 1 -Work , Livelihood and Career	Project work	As per CBSE
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Syllabus Completion for Board Exams – 31 Oct'23

14	1 st Nov -15 th Nov	7	REVISION		
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Diwali Break : 13th Nov - 15th Nov'23

Pre Board 1 Examination: 16th Nov – 22nd Nov 23

15	16 th Nov-30 th Nov	3	REVISION		
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Pre Board Practicals: 4th Dec – 8th Dec 23

16	1 st Dec- 15 th Dec	10	REVISION		
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Pre Board 2 Examination: 18th Dec – 22nd Dec 23

17	16 th Dec-31 st Dec	4	REVISION		
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Winter Break- 1st Jan - 12th Jan'24

SYLLABUS FOR ASSESSMENT

Exam	Test Date	Syllabus
UNIT TEST	1 st May	Chapter 2-Clinical Nutrition and Dietetics , Chapter 3-Public Nutrition and Health, Chapter 5-Food Processing and Technology Chapter 6-Food quality and Food Safety
PERIODIC TEST 1	24 th July	Chapter 11- Design for Fabric and Apparel, Chapter 12- Fashion Design and Merchandising , Chapter15 -Care and Maintenance of Fabrics in Institution
MID TERM EXAMINATION	18 th September	Chapter 2-Clinical Nutrition and Dietetics , Chapter 3-Public Nutrition and Health, Chapter 5-Food Processing and Technology Chapter 6-Food quality and Food Safety, Chapter 11- Design for Fabric and Apparel, Chapter 12- Fashion Design and Merchandising , Chapter15 -Care and Maintenance of Fabrics in Institution, Chapter20- Consumer Education and Protection, Chapter 17– Hospitality Management, Chapter7- Early Childhood and Education
PRE BOARD 1 EXAMINATION	22 nd November	Chapter1 -Work ,Livelihood and Career, Chapter 2-Clinical Nutrition and Dietetics , Chapter 3-Public Nutrition and Health, Chapter 5-Food Processing and Technology Chapter 6-Food quality and Food Safety, Chapter7- Early Childhood and Education, Chapter , Chapter10 – Management Of support services, Institutions and Programmes for Children, Youth and Elderly, Chapter 11- Design for Fabric and Apparel, Chapter 12- Fashion Design and Merchandising , Chapter15 -Care and Maintenance of Fabrics in Institution, Chapter 17– Hospitality Management, Chapter20- Consumer Education and Protection, Chapter21 – Development Communication and Journalism
PRE BOARD 2 EXAMINATION	18 th December	Chapter1 -Work ,Livelihood and Career, Chapter 2-Clinical Nutrition and Dietetics , Chapter 3-Public Nutrition and Health, Chapter 5-Food Processing and Technology Chapter 6-Food quality and Food Safety, Chapter7- Early Childhood and Education, Chapter10 – Management Of support services, Institutions and Programmes for Children, Youth and Elderly, Chapter 11- Design for Fabric and Apparel, Chapter 12- Fashion Design and Merchandising , Chapter15 -Care and Maintenance of Fabrics in Institution, Chapter 17– Hospitality Management, Chapter20- Consumer Education and Protection, Chapter21 – Development Communication and Journalism