



FORTNIGHTLY SYLLABUS PLANNING (2023-24)

CLASS XII

SUBJECT- PSYCHOLOGY

| New Session begins on 1 st March 2023 | | | | | |
|--|--|----------------------|--|---------------------|--------------------|
| S.no. | Duration | No. of Teaching Days | Theory | Practical/ Activity | Weightage in Board |
| 1 | 1 st March – 15 th March | 11 | Ch- 1 Variations in psychological attributes | IQ Assessment | 13 |
| 2 | 16 th March-31 st March | 12 | Ch -2 Self and personality(Half) | | |
| 3 | 1 st April-15 th April | 7 | Ch -2 Self and personality(Half) | SPM | 13 |
| Unit Test: 17 th April – 15 th May'23 | | | | | |
| 4 | 16 th April- 30 th April | 10 | Ch-3 Meeting life challenges | | 9 |
| 5 | 1 st May- 15 th May | 10 | Ch-4 Psychological disorders (Half) | MPI | |
| 6 | 16 th May – 31 st May | 9 | Ch-4 Psychological disorders (Half) | | 12 |
| Summer Vacations:29 th May – 30 th June'23 | | | | | |
| 7 | 1 st July- 15 th July | 10 | | | |
| Periodic Test-1: 17 th July – 7 th August'23 | | | | | |
| 8 | 16 th July-31 st July | 11 | CH-5 Therapeutic approaches (Half) | | |
| 9 | 1 st Aug- 15 th Aug | 10 | CH-5 Therapeutic approaches (Half) | SCQ | 9 |
| 10 | 16 th Aug- 31 st Aug | 11 | Ch-6 Attitude and social cognition (Half) | | |
| Syllabus Completion for Mid Term Examination: 31 st Aug 2023 | | | | | |
| Practicals for Mid Term Examination: 6 th Sept – 13 th Sept 23 | | | | | |
| 11 | 1 st Sept-15 th Sept | 7 | REVISION | | |
| Mid Term Examination - 15 th Sept- 25 th Sept 23 | | | | | |
| 12 | 1 st Oct- 15 th Oct | 9 | Ch-6 Attitude and social cognition (Half) | AISS | 8 |
| Autumn Break- 23 rd Oct- 24 th Oct 23 | | | | | |
| 13 | 16 th Oct-31 st Oct | 10 | Ch-7 Social Influences and group processes | | 6 |
| Syllabus Completion for Board Exams – 31 Oct'23 | | | | | |
| 14 | 1 st Nov -15 th Nov | 7 | REVISION | | |
| Diwali Break : 13 th Nov - 15 th Nov'23 | | | | | |
| Pre Board 1 Examination: 16 th Nov – 22 nd Nov 23 | | | | | |
| 15 | 16 th Nov-30 th Nov | 3 | REVISION | | |
| Pre Board Practicals: 4 th Dec – 8 th Dec 23 | | | | | |
| 16 | 1 st Dec- 15 th Dec | 10 | REVISION | | |
| Pre Board 2 Examination: 18 th Dec – 22 nd Dec 23 | | | | | |
| 17 | 16 th Dec-31 st Dec | 4 | REVISION | | |
| Winter Break- 1 st Jan - 12 th Jan'24 | | | | | |

SYLLABUS FOR ASSESSMENT

| Exam | Test Date | Syllabus |
|-------------------------|------------|------------------|
| UNIT TEST | 8-5-23 | Ch-1&2 |
| PERIODIC TEST 1 | 4 -8 -23 | Ch -3&4 |
| MID TERM EXAMINATION | 15-9 -23 | Ch -1,2,3,4,5 &6 |
| PRE BOARD 1 EXAMINATION | 17 -11 -23 | FULL SYLLABUS |
| PRE BOARD 2 EXAMINATION | 20-12-23 | FULL SYLLABUS |