



ITL PUBLIC SCHOOL HOSTS NUKKAD NATAK AT ZONALS

ITL PUBLIC SCHOOL hosted an eye opening competition NUKKAD NATAK at Zonal level for ZONE 21, South West Block 1 on the topic "Mental Health" on 29 August 2022. Reaching out to the public through relatable everyday problems, the street plays emphasized on the need to acknowledge mental illness as a compelling matter and how society's ignorance towards the issue only makes the situation worse.

Various acts of street plays addressed the concern over academics, peer pressure, bullying and parental pressure being causes of stress and anxiety among the students making them give way to depression, resentment and other hate crimes present in the society. Last but not the least, the 40 participating schools of the south west zone brought home the message loud and clear, to address these mental issues and accept them just as one does normal illnesses. Only acceptance and a pragmatic approach would help to tackle the mental health issues in a positive and progressive manner.



