

SADHU VASWANI INTERNATIONAL SCHOOL FOR GIRLS

SHANTI NIKETAN, NEW DELHI

CLASS III- SUMMER HOLIDAY HOMEWORK (2023-24)

HOLIDAYS WITH CREATIVE FUN AND FROLIC

Summertime is always the best of what might be. It brings with it the ever-smiling sun, scorching heat, ice-creams, shakes and lots of fun. Summer Vacation is a time for fun and frolic and an opportunity to bring you some constructive activities to enhance your learning process. The most awaited time of the year is here!

Millets have been an integral part of our diet for centuries. In addition to a plethora of health benefits, millets are also good for the environment with low water and input requirement. With the aim to create awareness and increase production and consumption of millets, United Nations, at the behest of the Government of India, declared 2023 the International Year of Millets.

Bearing this in mind, the school this year has designed special tasks to ignite your thought process and make you aware of the global concerns and national events. Unleash your creativity and take pride in India's endeavour to be at the forefront of popularizing millets.

Do remember to complete the given tasks after reading them carefully. Ensure that your work is neat, presentable, and innovative and conforms to the guidelines.

Here are some more suggestions that we feel will make your vacation more enjoyable:

1. Try to take up a summer activity, spend some time doing yoga, exercise, meditation etc. for mental health and physical fitness.
2. Perform weekend cleanliness tasks as given in the School Calendar.
3. Read to discover new things. Here is a list of suggested reading:

Heidi by Johanna Spyri

• **Link 1:** <https://img1.wsimg.com/blobby/go/d65a7400-ce70-476c-a7a1-cd6f7a422e94/downloads/Heidi.pdf?ver=1601098690432%20ii>.

Link 2: https://kupdf.net/download/blyton-enid-noddy-1-noddy-goes-to-toyland-1949_58be9374e12e894e64add374_pdf

• कहानी 1 – लोकप्रिय जातक कथाएँ : <https://hindiswaraj.com/lokpriya-jatak-kathayen-in-hindi/>

कहानी 2 – अकबर और बीरबल की कहानियाँ : <https://hindipath.com/akbar-birbal-ki-kahani/>

• Read the newspaper daily.

4. Try to converse in English with your parents, siblings, friends and relatives, as it will improve your proficiency in this language.
5. Improve your handwriting by practising daily.

ENGLISH

Task 1 Love for Superfoods

1. Research and find out the names of any three **millet**s. Paste or draw their pictures on separate A-4 sheets. Write their names and also any three adjectives to highlight their characteristic features. Now, taking any of the above millets as the key ingredient prepare a dish with the help of your parents. Click its pictures and paste on A-3 sheet. Also write the steps of preparation.

Task 2 Creativity at its best

2. Using your imagination and creativity design the model of a 'Noun Town' having all categories of nouns (persons, places, animals and things). Use only eco friendly waste materials lying at home like cardboard, wool, cloth, walnut shells etc.

Task 3 Inculcate Love for reading

3. Read at least one article (from any section) of the newspaper of your choice. On an A4 sheet, paste the article and make an entry of at least 2 to 20 words in the alphabetical order. Using these words make a dictionary of words, their meanings and a sentence citing their correct usage.

हिंदी

(पाठ - क्योंजीमल और कैसे कैसलिया)

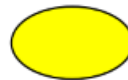
कार्य 1

प्र01 मोटे अनाजों के अन्तर्राष्ट्रीय वर्ष के महत्व को बताते हुए विभिन्न मोटे अनाजों के चित्रों का एक भित्ति चित्र बनाकर एक स्लोगन सहित प्रस्तुत कीजिए ।
(संकेत बिंदु - ए-3 आकार का रंगीन कागज़ ,चित्र आदि ।)

कार्य 2 -

प्र02 'पौष्टिक व्यंजन' विषय पर जीवन में अच्छे स्वास्थ्य की महत्ता बताते हुए जानकारी सहित दो चित्रात्मक फ़्लैश कार्डों का निर्माण कीजिए । (संकेत बिंदु- ए - 4 आकार के रंगीन फ़्लैश कार्ड, स्वास्थ्य से जुड़ी जानकारी और चित्र)

नीम्बू



यह विटामिन सी से भरपूर है ।

यह रोग प्रतिरोधक क्षमता बढ़ाता है ।

MATHEMATICS

TASK 1: Millets are a group of small-seeded grasses that have been cultivated in India for centuries. They are known for their nutritional benefits and resilience in different climatic conditions. In recent years, there has been a renewed interest in millets due to their health benefits, ecological advantages, and suitability for sustainable farming practices.

Study the table given below and answer the following questions.

Trend in area production and yield of millets in India (1950- 2020)

Year	Area (in hectare)	Production (in tons)
1950- 1955	5144	2113
1955-1960	5078	1987
1960-1965	4755	1960
1965-1970	4697	1697
1970-1975	4512	1758
1975-1980	4465	1813
1980-1985	3623	1462
1985-1990	2895	1204
1990-1995	2040	931
1995-2000	1540	688
2000-2005	1246	533
2005-2010	970	466
2010-2015	725	429
2015-2020	623	401

- In which year the Production was highest and which year was lowest? Write the number names for the same.
- In which year the Area was highest and which year was lowest? Write the number names for the same.
- Express the area and production of year 1970-1975 to 1975-1980 in expanded form.

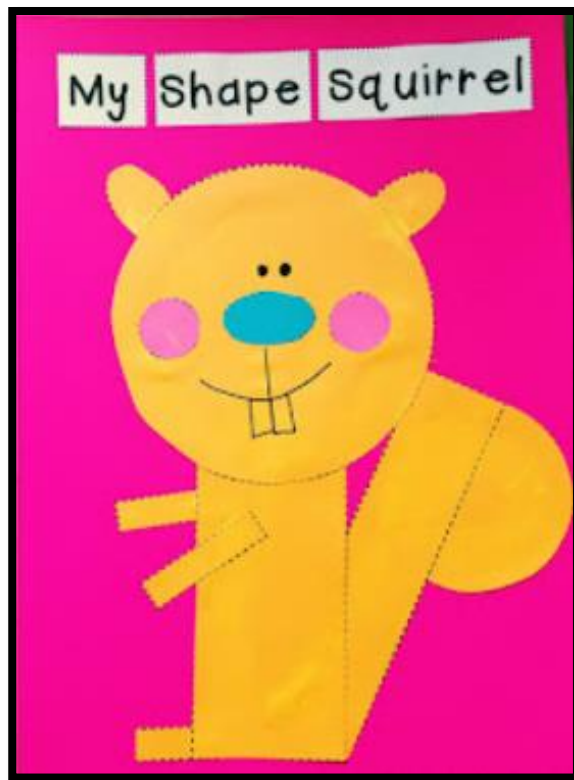
TASK 2: MY SHAPE ANIMAL

Shapes play a vital role in our lives. To enhance creativity in students and relate mathematics to it ,wear your innovative hat and design your own shape animal.

What do you require ?: A4 size coloured sheets, any adhesive , sketch pens, coloured cut outs , decorative material etc.

What you have to do? Think of your favorite animal, use your creativity and give it a mathematical twist. (Sample shared below for reference)

Design an animal of your choice using paper cut outs of different shapes and paste it on an A4 size sheet.



List down the number of shapes you have used to in making the picture of your favourite animal.

EVS

India's Wealth- Millets for Health

Millets, looking like tiny grains, are actually seeds belonging to the grass family. They are referred to as grains because of their similarity in looks to the grains. They are also referred to as Nutri-cereals as these are a storehouse of nutrients.

- Not only the millets are human-friendly but they are eco-friendly too.
- They belong to a group that adjusts everywhere no matter what the condition is. They grow easily even in the poor and so-fertile soil.
- They require very little water, can be grown even in adverse weather conditions, and can be stored for years. As compared to rice, millets require just one-third of water to grow.
- They do not require pesticides or fertilizers.

Thus, millets are the best example of the proverb, simple living, high thinking, meaning that these are easy and simple to grow even though there a gold mine of nutrients.

Task 1: Millet Scrap Book

Millet is a tiny wonder grain with big health benefits! Create a Scrap book with

- a) colorful pictures and information on millets.
- b) different varieties of millets grown in India and their unique characteristics.
- c) numerous health benefits of millets (such as their rich fiber and protein content)

d) advantages of millet production (such as being an eco-friendly and sustainable option).

e) list of states in India that are the largest producers of millets.

By completing this task, you will learn about the importance of millets in Indian agriculture and their nutritional benefits, as well as practice your research and presentation skills.

Task 2: Grow Your Own Millet

In this activity, you will learn how to grow your own millet. You will need millet seeds, soil, water, and a small pot or container. First, fill the container with soil and make a small hole in the center. Place one or two millet seeds in the hole and cover them with soil. Water the soil lightly, and place the container in a sunny spot. Water the millet regularly, and watch as it grows into a healthy millet plant. You can observe the growth of the millet, measure its height and the number of leaves, and record your observations in a notebook regularly. Present these observations on an A-3 sized sheet, along with a photo of your millet plant.

COMPUTER

Task 1 : Design a creative digital **bookmark** in word processor.



Reference link for creating **bookmark**: <https://www.youtube.com/watch?v=Wqp1MHBfj8M>

OR

Digital story/ poster representing "**Millet and their Health analysis**"

Task 2: Download the Android application: “**Kids Paint**” from the playstore. Link for app:

https://play.google.com/store/apps/details?id=com.ng_labs.kidspaint



OR

Download the application: “Colouring Your- Children” from the AppStore. Using the following link for the App:

<https://apps.apple.com/us/app/kids-drawing-doodle-painting/id1406126607>



Share your Bookmark and drawings in PDF or JPEG files at computerassignments1to3@svisgdelhi.com with your name, class and section in the subject line.

FUN FILLED ACTIVITIES

To enjoy co-curricular activities during vacations , below are a few links for your reference :

- **Art & Craft:**
<https://youtu.be/qQKl7UinVzQ>
- **Dance:**
<https://youtu.be/YfKL0T6w7v0>
- **Physical Fitness:**
<https://pin.it/4Rpn8Ap>
- **Vocal Music:**
<https://youtu.be/oZhwagxWzOc>