

SADHU VASWANI INTERNATIONAL SCHOOL FOR
GIRLS SHANTI NIKETAN, NEW DELHI
CLASS V-SUMMER HOLIDAY HOME WORK(2023-24)

HOLIDAYS WITH CREATIVE FUN AND FROLIC

Summer time is always the best of what might be. It brings with it the ever-smiling sun, scorching heat, ice-creams, shakes and lots of fun. Summer Vacation is a time for fun and frolic and an opportunity to bring you some constructive activities to enhance your learning process. The most awaited time of the year is here!

Millets have been an integral part of our diet for centuries. In addition to a plethora of health benefits, millets are also good for the environment with low water and input requirement. With the aim to create awareness and increase production and consumption of millets, United Nations, at the behest of the Government of India, declared 2023 the International Year of Millets.

Bearing this in mind, the school this year has designed special tasks to ignite your thought process and make you aware of the global concerns and national events. Unleash your creativity and take pride in India's endeavour to beat the forefront of popularizing millets.

Do remember to complete the given tasks after reading them carefully. Ensure that your work is neat, presentable, and innovative and conforms to the guidelines.

Here are some more suggestions that we feel will make your vacation more enjoyable:

1. Try to take up a summer activity, spend some time doing yoga, exercise, meditation etc. for mental health and physical fitness.
2. Perform weekend cleanliness tasks as given in the School Calendar.
3. Read to discover new things. Here is a list of suggested reading:

i. The Magic of the Lost Temple

<https://www.overdrive.com/media/3237342/the-magic-of-the-lost-temple>

ii. Charlie and the Chocolate Factory

<https://www.overdrive.com/media/466141/charlie-and-the-chocolate-factory>

iii. Read the newspaper daily.

iv. कहानी 1 –

<https://pdfdrive.co.in/mahatma-buddha-ki-kahaniyan/>

v. कहानी 2 – हितोपदेश की कहानियाँ

<https://kahanivala.com/hitopadesh-ki-kahaniyan/>

<https://youtu.be/9BgNVW4T1eo>

4. Try to

converse in English with your parents, siblings, friends and relatives, as it will improve your proficiency in this language.

5. Improve your handwriting by practicing daily.

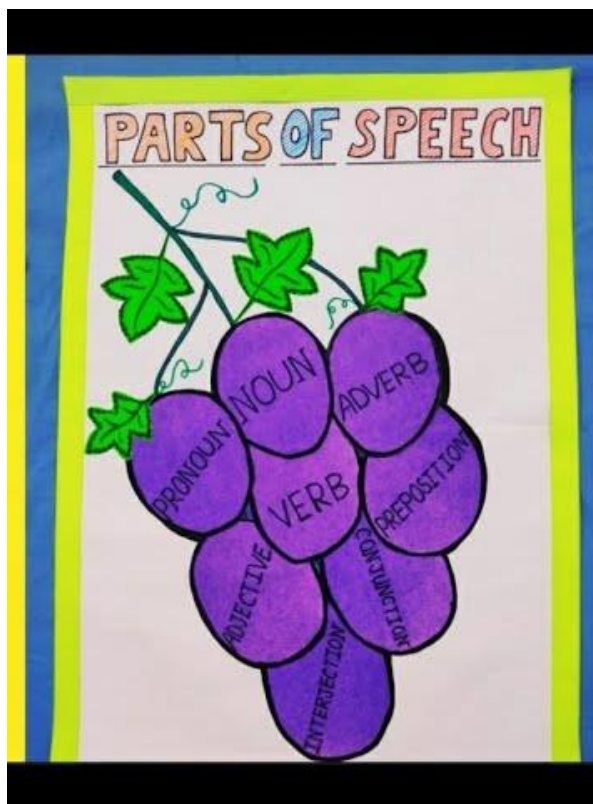
ENGLISH

TASK1

1. Chose any one millet and prepare a 3 fold catalogue on it. Include the following pages into it and title each page appropriately.
 - Cover Page
 - Dishes one can make using this millet
 - Its benefits on the body
 - Countries where it is widely consumed.

TASK2

2. Choose any one of the parts of speech and create a wall magazine of the same. Also mention the types of that part of speech.



Note: Pictures are used for illustrative purpose only.

विषय - हिंदी

(पाठ - फसलों के त्योहार)

कार्य 1

प्र01 मोटे अनाजों के अन्तर्राष्ट्रीय वर्ष के दौर में विभिन्न मोटे अनाजों के पौष्टिक गुणों को दर्शाते

हुए स्लोगन सहित एक आकर्षक तथा ज्ञानवर्धक पोस्टर का निर्माण कीजिए । (संकेत बिंदु - ए - 3 आकार का रंगीन कागज़ ,चित्र आदि ।)

कार्य 2

प्र02 भारत के विभिन्न फसलों के त्योहारों को आधार बनाकर उनके चित्रों को विशेषताओं सहित दो पृष्ठों की एक चित्रात्मक अलबम के रूप में प्रस्तुत कीजिए । (संकेत बिंदु - ए - 3 आकार के रंगीन कागज़ , त्योहारों से जुड़ी जानकारी और चित्र आदि ।)

MATHS

Millets are a power-house of nutrients. They boost your health and help in weight loss, besides being gluten-free. Millets are available in a variety of types, and each has its health benefits. Millets are rich in several beneficial nutrients, such as phosphorus, magnesium, copper, and manganese. It was only recently that health and fitness enthusiasts from across the world understood its potential. The health benefits that this humble food grain offers are truly unique.

Search on Google to learn more about Millets and answer the following questions:

Q1. List any 4 types of millets grown in different states of India Mention the state-wise production of these millets in the year 2021-22 and present the information in tabular form as shown below.

State	Millet	Production

Q2. Record the nutritional value of any three millets grown in India.

Q3. Name any five food items which makes use of either of these millets as one of the major ingredient. Paste the picture of these food items on A4 sheet. Which out of these is your favorite millet snack and why?

EVS

Millets have been an integral part of our diet for centuries. In addition to a plethora of health benefits, millets are also good for the environment with low water and input requirement. With the aim to create awareness and increase production & consumption of millets, United Nations, at the behest of the Government of India, declared 2023 the International Year of Millets. Millets are Smart Food as they are Good for Consumers, Good for the Farmer and Good for the Planet. In brief we can say that millets are good for the consumer, cultivator and climate.

Task -1 (For all students)

Explore Super foods

List five most popular millets grown in India. Categorize them on the following parameters:

- calorific value per 100 grams of different millets
- type of soil used to grow them
- name of the state where they are grown
- amount of rainfall required
- price of one kilogram of millet in the market.

Also mark the states where the different millets are grown on the political map of India.

(Use A-4 sheet. Make a table as drawn below on one side and paste India political map on another side)

<u>S.No.</u>	<u>Name of the millet</u>	<u>Calorific Value</u> <u>(per 100 gms)</u>	<u>Type of soil</u> <u>used</u> <u>to grow</u>	<u>Name of the</u> <u>state where</u> <u>they are</u> <u>grown</u>	<u>Amount</u> <u>of rainfall</u> <u>required</u>	<u>Price per</u> <u>kg</u>

Task-2 (Roll no-1-20)

Millets Magic

Create your own recipe using millets. Write the ingredients used in it. (On an A-4 sheet)

Make a video of your recipe. Link is given for reference.

<https://youtu.be/tRbM0Pztebk>

Task-3 (Roll no- 21-40)

‘India's Wealth, Millets for Health’

Draw creative posters with slogans to raise awareness about the advantages of millets emphasizing the nutritional value of millet for healthy living. Also create awareness amongst the people about the advantages of millets as part of the campaign for ‘International Year of Millets’.

(A-3 size sheet to be used horizontally). Sample is given for reference.



COMPUTER EDUCATION

TASK1

Students are required to design a digital Presentation/ A3 size Poster on the given theme:
“Emerging trends with AI”

Instructions:

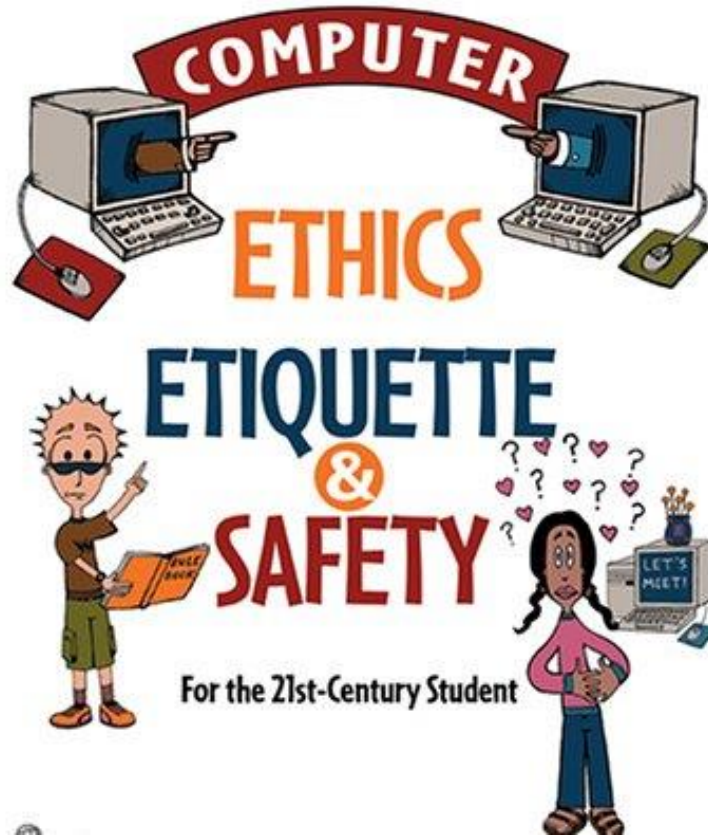
- Presentations need to be submitted on the following email ID
computerassignments@svisgdelhi.com with your name, class, and section in the subject line.
- Software to be used: Microsoft PowerPoint.

TASK2

Download the application – “Scratch” from the Play Store

Link for app: <https://play.google.com/store/apps/details?id=org.scratch>

- **Create a short story on Cyber Ethics.**



FUN FILLED ACTIVITIES

To enjoy co-curricular activities during vacations, below are a few links for your reference:

1. **Art&Craft:**

➤ <https://youtu.be/HofONqc3Mig>

2. **Dance**

➤ <https://youtu.be/B5fq5ZV4ao>

3. **Physical Fitness**

➤ <https://youtube.com/shorts/bIahbLgfAFQ?feature=share>

4. **Vocal Music**

➤ <https://youtu.be/9BgNVW4T1eo>