



## ITL PUBLIC SCHOOL

### Active Engagement of Young Minds

#### CLASS XII 2023-24

#### **SUBJECT: PSYCHOLOGY**

Behold, the season of summer vacation has graced us with its presence! It is a time for restoration and relaxation, but also for immersive and inquisitive learning in a delightful manner. With a flexible schedule at our disposal, we have the golden opportunity to maintain a harmonious balance between repose and diligent exertion.

Keeping this vision and the current academic curriculum in mind, the pupils shall hone their attention towards the scintillating realm of **CASE STUDY**. To elaborate, a case study denotes an archive containing pertinent data pertaining to an individual client. In these, the emphasis is given on in-depth study of a particular case.

The students are expected to identify a case and **prepare a case study** in detail using various techniques of data collection (interviews, questionnaire etc)

The following pointers to be taken care of in the **case study file**:

- Introduction to case study
- Biographical Data of the case
- Physical Health record
- Family atmosphere
- Ratings
- Milestones
- Habits, Hobbies, fears

- Friend's views/parent's views
- Psychometric tests:
  - Self-concept questionnaire
  - Raven's Progressive Matrices
  - Maudsley Personality Inventory
- Introspective Report
- Behavioral Report
- Suggestions

The virtues of benevolence and compassion are undoubtedly essential characteristics that we ought to imbue within our being, and what better moment to instill these virtues than during the idyllic days of summer vacation! Let us make it our objective to undertake noble deeds and extend aid to those within our vicinity. Some suggestions to do so is given as follows :

- Feed birds
- Empower someone with life enhancing skills
- Help around in your neighborhood and community
- Express gratitude towards those around you

And many more. Make sure to take photographs/take videos of the same. Happy summer!