ITL OBSERVES INTERNATIONAL YEAR OF MILLETS

1.	Title of the activity	Mighty Millets – Activities on Millets
2.	Date of the activity	3 April, 2023
3.	Organized by	ITL Public School
4.	Participated by	Students of Classes VI-VIII
5.	Facilitators	Coordinators
6.	SDGs Incorporated	SDG 3 Good Health and Well Being SDG 4 Quality Education 3 GOOD HEALTH AND WELL-BEING
7.	Description of the activity	'A healthy outside starts from the inside' The year 2023 has been declared as the International Year of Millets. In order to raise awareness on the benefits of millets, a plethora of activities were conducted for the students of Classes VI-VIII on Monday, 3 April 2023 Class VI students portrayed their creative skills through colourful bookmarks using different kinds of millets in an innovative way. Class VII showcased their artistry through the activity 'My Millet Keystring and Jewellery' where students incorporated millets while designing beautiful accessories and key strings. Class VIII indulged in a stimulating activity on Millets - A Super food, by writing catchy slogans on T-Shirts and jute bags to spread awareness on millets. It was a fun-filled day as the students engaged in these experiential activities & learned new ways to adopt a sustainable & healthy living. #IYM2023 #supermillets #healthylifestyle #millets #YearofMillets









