



## EVS

14 July 2023

CW

Friday

### Ch- Food for Health

**Q5. Fill in the blanks:**

- a) Salt is the only food that we do not get from plants or animals.
- b) Cooking makes food soft and easy to digest.
- c) Food that we eat at regular intervals are meals.
- d) Cheese is the dairy product.
- e) The meal taken in the morning is breakfast.