



## **WORKSHOP FOR PARENTS**

**SESSION: 2023-2024**

**THEME/TOPIC: Developing Smart Study Habits**

**RESOURCE PERSON(S): Ms. Arti Girdhar (Founder & President- Anon Global Foundation)**

**ORGANISED BY: MBS International School**

**DAY & DATE: Saturday, 22 July 2023**

**DURATION: 1.5 hours**

**VENUE: School Auditorium**

**ATTENDED BY: Class I & II Parents**

### **Objectives:**

- To equip parents with effective strategies and practical tips to support their children in developing smart study habits.

**"At the end of the day, the most overwhelming key to a child's success is the positive involvement of the parents." – Jane D. Hull**

In collaboration with Anon Foundation Group, MBS International School hosted an enriching and informative workshop titled 'Developing Smart Study Habits' on Saturday, 22 July 2023, that successfully united a diverse gathering of parents with children aged between 5 to 8 years. The workshop aimed to provide parents with valuable insights and effective strategies to support their children's learning journey and foster smart study habits.

The workshop highlighted the crucial role parents play in shaping their child's educational journey and underscored the significant impact of developing intelligent study habits on their academic accomplishments.

Ms. Arti Girdhar, a proficient educationist and philanthropist, serves as the Founder & President of ANON Global Foundation. Alongside her, Ms. Reena Alug, a motivational speaker, co-facilitated an enlightening session on diverse learning



Styles. Ms. Arti, possessing a Master's degree in Psychology, focuses on the significance of mental and physical health, particularly for children and young individuals. On the other hand, Reena brings her corporate and entrepreneurial background to the table, empowering numerous individuals with her motivational speeches, encouraging them to believe in their potential.

Parents were enlightened about the idea of visual, auditory, and kinesthetic learners, enabling them to discern and comprehend their child's individualized learning inclinations. Armed with this knowledge, parents were empowered to customize study methods that harmonize with their children's strengths. During the workshop, the resource persons engaged parents in diverse activities aimed at equipping them with the tools to guide their children effectively on the right path of studies. Guardians were encouraged to applaud their children's efforts rather than solely focusing on achievements, emphasizing the enduring value of perseverance and resilience in the journey of learning.

The 'Developing Smart Study Habits' workshop for parents was a resounding success, fostering a stronger partnership between parents, educators, and the school. The insights gained during the workshop will undoubtedly have a positive impact on the students' academic performance and personal growth. MBS International School remains committed to organizing such initiatives to create a nurturing and empowering educational environment for all its students.

Prepared By: Ms. Dinky Mehta

Submitted By: \_\_\_\_\_

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