



WORKSHOP FOR STUDENTS

SESSION: 2023-24

THEME/TOPIC: Safe Touch and Unsafe Touch

RESOURCE PERSON(S): Ms. Rashmeet / Ms. Simmy/ Ms. Shivani/ Ms. Baldeep

ORGANISED BY: MBS International School

DAY & DATE: Friday, 28 July 2023

DURATION: One Hour

VENUE: School Auditorium

ATTENDED BY: Class I and II

Objectives: To enable the students to:-

- know their personal boundaries and the difference between safe and unsafe touch.
- say "NO" to any alarming situations

Description/Report

"Knowledge is power, and education is the key to unlocking that power."

- William Shakespeare

MBS International School organised a workshop for the students on the topic of 'Safe and Unsafe Touch' on Friday, 28 July 2023.

During the workshop, children were taught to differentiate between safe touches, such as hugs from trusted family members, and unsafe touches that made them feel uncomfortable or scared.

The workshop focused on empowering children with assertiveness skills. They were encouraged to say 'No' confidently if someone crossed their boundaries and seek help from trusted adults if needed. This sense of empowerment instilled in the children a strong sense of self-confidence and security. By educating children about personal safety, boundaries, and assertiveness, we empower them to protect themselves and others, making a significant positive impact on their lives.

The workshop was highly interactive and provided an engaging experience to all the MBSians.





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