

REPORT OF GOOD SAMARITAN CLUB ON WORKSHOP **SESSION 2023-24**

Name of the Activity : Workshop for Class IX
Theme : Empathy
Day & Date : Wednesday, 11 October 2023
Class : IX
Activity Incharge : Mrs. Anjela Dahiya
Resource Person : Mrs. Anjela Dahiya

A Glimpse of the Event

Objectives: To enable the learners

- to introduce the concept of empathy and its importance in building stronger connections with peers, teachers, and the community.
- to explore how empathy can be developed.
- to discuss ways in which students can help others in the school and community by practicing empathy.

“The great gift of human beings is that we have the power of empathy”.

– Meryl Streep

Empathy is a vital social and emotional skill that plays a significant role in developing positive relationships and understanding the perspectives of others, both within the school and the larger community. To promote empathy among our students, the Good Samaritan Club at MBS International School, Dwarka organized a workshop for Grade IX students on the topic of empathy on 11 October 2023.

The workshop was an enlightening and impactful experience. The session delved into the essence of empathy, focusing on both its development and practical application within the school and broader community. Through engaging discussions, presentation and real-life scenarios, students gained a profound understanding of empathy as a skill that can be nurtured through active listening, perspective-taking, and practicing kindness. They also explored various ways to extend empathy to others in the school and community. Workshop not only heightened students' awareness of empathy but also inspired them to become more compassionate individuals who are eager to make a positive difference in the lives of others.

Students were encouraged to maintain empathy journals where they recorded instances of empathetic behavior and reflections on their feelings and reactions. Students were given the opportunity to share their experiences and challenges related to empathy in a safe and supportive environment. The workshop encouraged students to reflect on their own emotions and consider the perspectives of others, leading to greater self-awareness.

The Good Samaritan Club hopes that students will continue to cultivate empathy and actively



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engage in activities that make a positive impact on the school and the broader community. Empathy is not just a concept but a way of life that can lead to meaningful and lasting change. By instilling empathy in our students, we are not only helping them develop personally but also fostering a more empathetic and compassionate school environment. We are committed to continuing these efforts to promote empathy as a fundamental aspect of our school's culture.



